

Fifty-sixth
Legislative Assembly
of North Dakota

ENGROSSED HOUSE BILL NO. 1396

Introduced by

Representative R. Kelsch

1 A BILL for an Act to amend and reenact section 26.1-36-09 of the North Dakota Century Code,
2 relating to insurance coverage for treatment of mental disorders.

3 **BE IT ENACTED BY THE LEGISLATIVE ASSEMBLY OF NORTH DAKOTA:**

4 **SECTION 1. AMENDMENT.** Section 26.1-36-09 of the 1997 Supplement to the North
5 Dakota Century Code is amended and reenacted as follows:

6 **26.1-36-09. Group health policy and health service contract mental disorder**
7 **coverage.**

8 1. An insurance company, nonprofit health service corporation, or health
9 maintenance organization may not deliver, issue, execute, or renew any health
10 insurance policy or health service contract on a group or blanket or franchise or
11 association basis unless the policy or contract provides benefits, of the same type
12 offered under the policy or contract for other illnesses, for health services to any
13 person covered under the policy or contract, for the diagnosis, evaluation, and
14 treatment of mental disorder and other related illness, which benefits meet or
15 exceed the benefits provided in subsection 2.

16 2. a. The benefits must be provided for each of the following services: inpatient
17 treatment, treatment by partial hospitalization, residential treatment, and
18 outpatient treatment.
19 b. In the case of benefits provided for inpatient treatment, the benefits must be
20 provided for a minimum of ~~sixty~~ forty-five days of services covered under this
21 section and section 26.1-36-08 in any calendar year if provided by a hospital
22 as defined in ~~subsection 25 of~~ under section 52-01-01 and rules of the state
23 department of health pursuant thereto offering treatment for the prevention or
24 cure of mental disorder or other related illness. After fourteen consecutive

1 days of inpatient treatment, an insurance provider may require an
2 individualized treatment plan from the inpatient treatment service provider
3 which indicates that the course of treatment is the most appropriate and least
4 restrictive form of treatment available in the community.

- 5 c. In the case of benefits provided for partial hospitalization ~~or residential~~
6 ~~treatment~~, the benefits must be provided for a minimum of one hundred
7 twenty days of services covered under this section and section 26.1-36-08 in
8 any calendar year ~~if~~. Partial hospitalization must be provided by a hospital as
9 ~~defined in subsection 25 of~~ under section 52-01-01 and rules of the state
10 department of health pursuant thereto or by a regional human service center
11 licensed under section 50-06-05.2, offering treatment for the prevention or
12 cure of mental disorder or other related illness, ~~or by a residential treatment~~
13 ~~program~~. For services provided in regional human service centers, charges
14 must be reasonably similar to the charges for care provided by hospitals as
15 defined in this subsection.

- 16 d. ~~Benefits must be provided for a combination of inpatient hospitalization,~~
17 ~~partial hospitalization, and residential treatment~~ In the case of benefits
18 provided for residential treatment, the benefits must be provided for a
19 minimum of one hundred twenty days of services covered under this section
20 and section 21.6-36-08 in any calendar year. Residential treatment services
21 must be provided by a hospital as defined under section 52-01-01 and rules
22 of the state department of health; by a regional human service center licensed
23 under section 50-06-05.2 offering treatment for the prevention or cure of
24 mental disorder or other related illness; or by a residential treatment program.
25 For services provided in a regional human service center, charges must be
26 reasonably similar to the charges for care provided by a hospital as defined in
27 this subsection.

- 28 e. Any individual receiving residential treatment services who requires
29 residential treatment service beyond the minimum of one hundred twenty
30 days may trade unused patient treatment benefits provided for under
31 subdivision b. For the purpose of computing the period for which benefits are

payable, each day of inpatient treatment is equivalent to two days of treatment by ~~partial hospitalization or a~~ residential treatment program; provided, however, that no more than ~~forty-six~~ twenty-three days of the inpatient treatment benefits required by this section may be traded for ~~treatment by partial hospitalization or~~ residential treatment services.

- e- f. (1) In the case of benefits provided for outpatient treatment, the benefits must be provided for a minimum of thirty hours for services covered under this section in any calendar year if the treatment services are provided within the scope of licensure by a nurse who holds advanced licensure with a scope of practice within mental health or if the diagnosis, evaluation, and treatment services are provided within the scope of licensure by a licensed physician, a licensed psychologist who is eligible for listing on the national register of health service providers in psychology, or a licensed independent clinical social worker.
- (2) A person who is qualified for third-party payment by the board of social work examiners on August 1, 1997, is exempt from paragraph 1.
- (3) Upon the request of an insurance company, a nonprofit health service corporation, or a health maintenance organization, the North Dakota board of social work examiners shall provide to the requesting entity information to certify that a licensed certified social worker meets the qualifications required under this section.
- (4) The insurance company, nonprofit health service corporation, or health maintenance organization may not establish a deductible or a copayment for the first five hours in any calendar year, and may not establish a copayment greater than twenty percent for the remaining hours.
- (5) If the services are provided by a provider outside a preferred provider network without a referral from within the network, the insurance company, nonprofit health service corporation, or health maintenance organization may establish a copayment greater than twenty percent for only those hours after the first five hours in any calendar year.

1 ~~f.~~ g. "Partial hospitalization" means continuous treatment for at least three hours,
2 but not more than twelve hours, in any twenty-four-hour period and includes
3 the medically necessary treatment services provided by licensed
4 professionals under the supervision of a licensed physician.

5 ~~g.~~ h. "Residential treatment" has the same meaning as provided in section
6 25-03.2-01; but only applies to individuals under twenty-one years of age.

7 3. This section does not prevent any insurance company, nonprofit health service
8 corporation, or health maintenance organization from issuing, delivering, or
9 renewing, at its option, any policy or contract containing provisions similar to those
10 required by this section, where the policy or contract is not subject to such
11 provisions.