

HOUSE CONCURRENT RESOLUTION NO. 3051

Introduced by

Representatives Mueller, Herbel, Wall

Senators Brown, Flakoll

1 A concurrent resolution directing the Legislative Council to study ways in which state agencies
2 can join with health care professionals, school districts, schools, and parents to promote
3 understanding regarding the interplay of health and educational success and to improve the
4 health and well-being of elementary and high school students in this state.

5 **WHEREAS**, good physical and mental health is essential if students are to fully
6 participate in the educational opportunities and services being offered; and

7 **WHEREAS**, the ability of children to learn can be significantly impacted by the
8 conditions and choices that confront them in their daily lives, including nutrition choices,
9 physical activity choices, and substance use; and

10 **WHEREAS**, the state of students' health impacts school attendance, students' ability to
11 pay attention in class, and often ability of students to control their anger and restrain
12 self-destructive impulses; and

13 **WHEREAS**, nutritious eating in conjunction with regular physical activity is fundamental
14 to the academic success of children and also reduces the devastating effects of obesity,
15 diabetes, heart disease and stroke, cancer, high blood pressure, and osteoporosis; and

16 **WHEREAS**, research shows that healthy, well-nourished, and physically fit children are
17 more ready to learn and can take better advantage of educational opportunities;

18 **NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES**
19 **OF NORTH DAKOTA, THE SENATE CONCURRING THEREIN:**

20 That the Legislative Council study ways in which state agencies can join with health
21 care professionals, school districts, schools, and parents to promote understanding regarding
22 the interplay of health and educational success and to improve the health and well-being of
23 elementary and high school students in this state; and

- 1 **BE IT FURTHER RESOLVED**, that the Legislative Council report its findings and
- 2 recommendations, together with any legislation required to implement the recommendations, to
- 3 the Sixtieth Legislative Assembly.