

**Sixty-first Legislative Assembly of North Dakota  
In Regular Session Commencing Tuesday, January 6, 2009**

**SENATE CONCURRENT RESOLUTION NO. 4011**

(Senators J. Lee, Bakke, Bowman)  
(Representatives Grande, Nelson, Potter)

A concurrent resolution declaring Friday, February 6, 2009, "National Wear Red Day" in North Dakota and encouraging all citizens to wear red to raise awareness of cardiovascular disease.

**WHEREAS**, diseases of the heart are the nation's leading cause of death and stroke is the third leading cause of death; and

**WHEREAS**, in 2008 the direct and indirect cost of cardiovascular diseases in the United States, including stroke, is estimated to be \$475.3 billion; and

**WHEREAS**, each year, 53 percent of all deaths due to cardiovascular disease and 61 percent of stroke deaths occur in females; and

**WHEREAS**, more women die of heart disease, stroke, and all other cardiovascular diseases than the next five leading causes of death combined, including all cancers; and

**WHEREAS**, Go Red For Women is the American Heart Association's national call to increase awareness about heart disease--the leading cause of death for women--and to inspire women to take charge of their heart health; and

**WHEREAS**, in 2006 the Dakota Medical Foundation and the American Heart Association launched a multiyear \$1.25 million Go Red North Dakota Initiative; and

**WHEREAS**, over 10,000 North Dakota women have joined the Go Red movement; and

**WHEREAS**, while nationally only 21 percent of women consider cardiovascular disease their greatest health risk, the Go Red North Dakota Initiative resulted in 88.7 percent of North Dakota women recognizing heart disease as the leading cause of death; and

**WHEREAS**, all women should learn their own personal risk for heart disease, using tools such as the American Heart Association's Go Red For Women Heart CheckUp and by talking to their health care providers; and

**WHEREAS**, making the right choices relating to proper nutrition, physical activity, doctor visits, and other lifestyle methods is essential to living a heart healthy life;

**NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF NORTH DAKOTA, THE HOUSE OF REPRESENTATIVES CONCURRING THEREIN:**

That the Sixty-first Legislative Assembly, in recognition of the importance of the ongoing fight against heart disease and stroke, commends the North Dakota communities, worksites, and statewide ambassadors who have joined the Dakota Medical Foundation and American Heart Association Go Red North Dakota Initiative; and

**BE IT FURTHER RESOLVED**, that the Sixty-first Legislative Assembly declares Friday, February 6, 2009, "National Wear Red Day" in North Dakota and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red to increase awareness and to empower women to reduce their risk for cardiovascular disease; and

**BE IT FURTHER RESOLVED**, that the Secretary of State forward copies of this resolution to the Governor, the Dakota Medical Foundation, the American Heart Association, and each member of the North Dakota Congressional Delegation.

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President of the Senate

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Speaker of the House

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Secretary of the Senate

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Chief Clerk of the House

Filed in this office this \_\_\_\_\_ day of \_\_\_\_\_, 2009,  
at \_\_\_\_\_ o'clock \_\_\_\_\_ M.

\_\_\_\_\_  
Secretary of State