

# WOMEN - YOUTH CORRECTIONAL CENTER CAMPUS

**5x**

more likely to have mental health concerns than the general female population

**53%**

of women in prison experienced child abuse

**8/10**

Have dependent children under the age of 18

**23%**

of prison self-harm incidents involved women despite only representing 5% of the population

**65%**

of women in prison suffer from depression compared to 37% of men in prison

**52%**

of women in the Department of Corrections and Rehabilitations custody are convicted of drug offenses



## PROGRAMMING IN RESPONSE

### Evidence-Based:

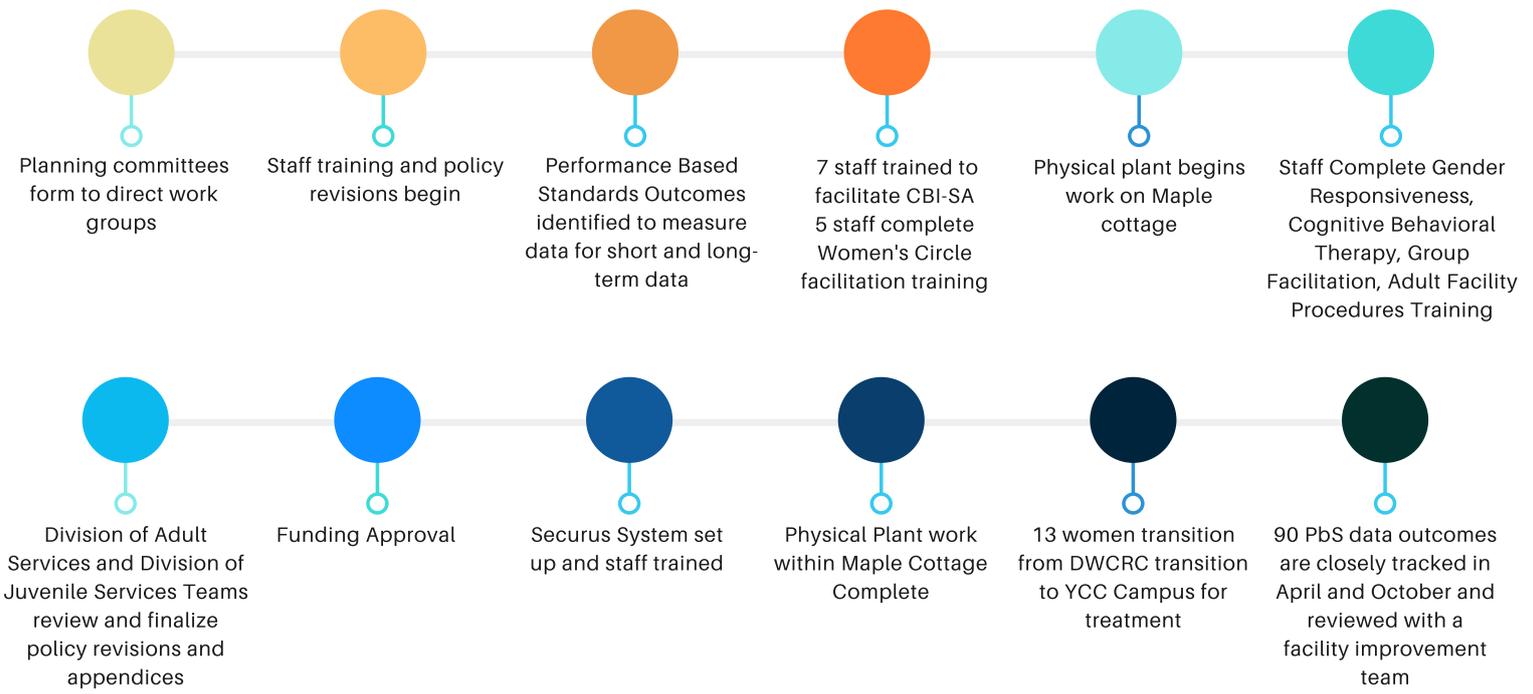
- Cognitive Behavioral Interventions for Substance Use CBI-SA
- Cognitive Behavioral Therapy CBT
- Dialectical Behavioral Therapy DBT
- Phoenix New Freedom PNF
- Moving On
- Beyond Violence
- Thinking 4 Change T4C
- Peer Support Mentorships
- Recreational Therapy
- Parenting Inside Out
- Women's Circle
- Mandt 4 Families
- Cognitive Behavioral Interventions for Sexual Offending CBI-SO
- Victim Empathy Seminar
- Mental Health Services
- Adventure Education
- Suicide Prevention Program SPP
- Eye Movement Desensitization and Reprocessing EMDR

## LOCATION OF CHARGES

Western vs. Central/Eastern North Dakota

- In 2018, 87% of our 218 female residents were charged in central and eastern North Dakota.
- Over 30% of the women in custody in 2018 were charged in Burleigh and Morton counties.

## SHORT-TERM OUTCOMES



## LONG-TERM OUTCOMES

### REVIEW SHORT-TERM OUTCOMES

**01**

- Review Performance Based Standards and other data from short-term period to review areas of growth and successes
- Communicate these outcomes to stakeholders

### PHYSICAL PLANT

**02**

- Begin policy review for any changes that may include any changes that affect Hickory Cottage
- Begin physical plant improvements
- Hire and train additional staff

### PHYSICAL PLANT

**03**

- Hickory Cottage repurposed for 32 new residents on Youth Correctional Center campus

### PROGRAMMING

**04**

- Peer support practices, cognitive behavioral therapy groups, trauma-informed practices, recreational therapy, education, work opportunities, and parenting classes in practice

### POSITIVE OUTCOMES

**05**

- Continue to collect the Performance Based Standards Data, evaluating long-term success outcomes, post discharge from the facility
- Communicate outcomes to stakeholders