

Introduced by

Representatives Devlin, Price, Weisz

Senators Fischer, J. Lee

1 A BILL for an Act to establish a drug utilization review program and drug prior to authorization
2 program within the department of human services.

3 **BE IT ENACTED BY THE LEGISLATIVE ASSEMBLY OF NORTH DAKOTA:**

4 **SECTION 1. Definitions.**

- 5 1. "Board" means the drug utilization review board.
- 6 2. "Committee" means the pharmacy and therapeutics committee.
- 7 3. "Compendia" means the "American hospital formulary services drug information",
8 "United States pharmacopeia - drug information", peer-review medical literature,
9 and clinical information submitted to the department by the pharmaceutical
10 research company that developed the product and is registered with the federal
11 food and drug administration as the product distributor.
- 12 4. "Department" means the department of human services.
- 13 5. "Drug utilization review" means both retrospective and prospective drug utilization
14 review. The reviews are designed to ensure that drug utilization is medically
15 appropriate, medically necessary, and not likely to have adverse medical results.
- 16 6. "Drug utilization review criteria" means standards approved by the board for use in
17 determining whether use of a drug is likely to be medically appropriate, medically
18 necessary, and not result in adverse medical outcomes.
- 19 7. "Prior authorization" means a process requiring the prescriber or the dispenser to
20 verify with the department or its contractor that proposed medical use of a
21 particular medicine for a patient meets predetermined criteria for coverage by the
22 program.
- 23 8. "Prospective drug utilization review" means that part of the drug utilization review
24 program that occurs before a drug is dispensed and that uses the drug utilization

1 review criteria to screen for potential drug therapy problems related to therapeutic
2 duplication, drug-disease contraindications, drug-drug interactions, incorrect drug
3 dosage or duration of drug treatment, drug-allergy interactions, and clinical abuse
4 or misuse.

5 9. "Retrospective drug utilization review" means that part of the drug utilization review
6 program that is an historical review of drug utilization data using drug utilization
7 review criteria examine pharmacy claims data and other information to identify
8 overutilization, underutilization, appropriate use of generic products, therapeutic
9 duplication, drug-disease contraindications, drug-drug interactions, incorrect drug
10 dosage or duration of drug treatment, and clinical abuse or misuse.

11 **SECTION 2. Establishment of drug utilization review board.**

12 1. The drug utilization review board is established within the department for the
13 implementation of a retrospective and prospective drug utilization review program.

14 2. The board consists of eleven members appointed by the executive director of the
15 department as follows:

16 a. Four physicians licensed in this state and actively engaged in the practice of
17 medicine chosen from a list of nominees provided by the North Dakota
18 medical association;

19 b. Five pharmacist licensed in this state, actively engaged in the practice of
20 pharmacy, and chosen from a list of nominees provided by the North Dakota
21 pharmacy association;

22 c. One person who is a resident of this state chosen to represent program
23 beneficiaries in this state; and

24 d. One person representing the pharmaceutical industry chosen from a list of
25 nominees provided by the pharmaceutical research and manufacturers of
26 America.

27 3. Board members shall serve staggered three-year terms. One physician, one
28 pharmacist, and the beneficiary representative must be initially appointed for
29 two-year terms; and one physician, two pharmacists, and the industry
30 representative must be initially appointed for one-year terms. A member may be
31 reappointed for a period not to exceed three 3-year terms. Vacancies on the board

1 must be filled for the balance of the unexpired term from nominee lists for the
2 appropriate board category as provided under subsection 2.

3 4. Board members shall select a chairman and a vice chairman on an annual basis
4 from the board membership.

5 5. The board shall meet at least monthly and may meet at other times at the
6 discretion of the chairman.

7 **SECTION 3. Duties of the drug utilization review board.** The board shall:

8 1. Advise and make recommendations regarding rules adopted by the department
9 implementing the provisions of state and federal law related to drug utilization
10 review;

11 2. Oversee the implementation of a retrospective and prospective drug utilization
12 review program for the medical assistance program, including responsibility for
13 recommending criteria for selection of contractors and reviewing contracts between
14 the medical assistance program and any other entity that will process and review
15 drug claims and profiles for the drug utilization review program in accordance with
16 this part;

17 3. Develop and apply the drug utilization review criteria for the retrospective and
18 prospective drug utilization review programs, provided that the drug utilization
19 review criteria are consistent with the indications supported and rejected by the
20 compendia and federal food and drug administration-approved labeling for the
21 drug. The board also shall consider outside information provided by interested
22 parties, including prescribers who treat significant numbers of patients under the
23 department's medical assistance program;

24 4. Establish a process to reassess on a periodic basis the drug utilization review
25 criteria and, as necessary, modify the prospective and retrospective drug utilization
26 review programs; and

27 5. Provide a period for public comment during each board meeting. Notice of
28 proposed changes to the drug utilization review criteria and modification of the
29 prospective and retrospective drug utilization review programs must be furnished to
30 the public thirty days before the consideration or recommendation of any proposed
31 changes to the drug utilization review programs.

1 **SECTION 4. Prospective and retrospective drug utilization review programs.**

- 2 1. The board, in cooperation with the department, shall create and implement a
3 prospective and retrospective drug utilization review program for outpatient
4 prescription drugs under the medical assistance program using drug utilization
5 review criteria to ensure that drug utilization is medically appropriate, medically
6 necessary, and not likely to result in adverse medical outcomes.
- 7 2. The department may contract with an entity to process and review drug claims and
8 profiles for the drug utilization review program provided that the department uses a
9 competitive bidding process.
- 10 3. The prospective drug utilization review program must be based on drug utilization
11 review criteria established by the board and must provide that, before a
12 prescription is filled or delivered, a review must be conducted by a pharmacist at
13 the point of sale to screen for potential drug therapy problems. In conducting the
14 prospective drug utilization review, the prescribed outpatient drug therapy may not
15 be altered without a new prescription order by the prescribing physician and
16 approval by the patient. The prospective drug utilization review must screen for:
17 a. Therapeutic duplication;
18 b. Drug-disease contraindications;
19 c. Drug-drug interactions;
20 d. Incorrect drug dosage or duration of drug treatment;
21 e. Drug-allergy interactions; and
22 f. Clinical abuse or misuse.
- 23 4. The retrospective drug utilization review program must be based on drug utilization
24 review criteria by the board using the department's mechanized drug claims
25 processing and information retrieval system to analyze assistance claims to:
26 a. Identify patterns of fraud, abuse, gross overuse or underuse, and
27 inappropriate or medically unnecessary care;
28 b. Assess data on drug use by applying and reviewing criteria developed from
29 the compendia or federal drug administration-approved labeling for the
30 purpose of evaluating:
31 (1) Therapeutic appropriateness;

- 1 (2) Overutilization or underutilization;
- 2 (3) Appropriate use of generic products;
- 3 (4) Therapeutic duplication;
- 4 (5) Drug-disease contraindications;
- 5 (6) Drug-drug interactions;
- 6 (7) Incorrect drug dosage or duration of drug treatment; and
- 7 (8) Clinical abuse or misuse; and
- 8 c. Propose remedial strategies to improve the quality of care and to promote
- 9 effective use of medical assistance program funds or beneficiary
- 10 expenditures.

11 **SECTION 5. Establishment of the pharmacy and therapeutics committee.**

- 12 1. Notwithstanding any other law, the department may implement a prior authorization
- 13 program for outpatient prescription drugs under the medical assistance program
- 14 only as provided in this section.
- 15 2. The pharmacy and therapeutics committee is established within the department for
- 16 the purposes of implementing prior authorization for outpatient prescription drugs
- 17 under the medical assistance program.
- 18 3. The committee consists of eleven members appointed by the executive director of
- 19 the department as follows:
 - 20 a. Five physicians licensed in this state and actively engaged in the practice of
 - 21 medicine chosen from a list of nominees provided by the North Dakota
 - 22 medical association;
 - 23 b. Four pharmacists licensed in this state and actively engaged in the practice of
 - 24 pharmacy, chosen from a list of nominees provided by North Dakota
 - 25 pharmacy association;
 - 26 c. One person who represents medical assistance beneficiaries in this state; and
 - 27 d. One person representing the pharmaceutical industry who is a resident of this
 - 28 state, chosen from a list of nominees provided by the pharmaceutical
 - 29 research and manufacturers of America.
- 30 4. Board members shall serve staggered three-year terms. Two physicians, one
- 31 pharmacist, and the consumer representative must be initially appointed for

1 two-year terms; and one physician, one pharmacist, and the industry
2 representative must be initially appointed for one-year terms. A member may be
3 reappointed for a period not to exceed three 3-year terms. Vacancies on the board
4 must be filled for the balance of the unexpired term from nominee lists for the
5 appropriate board category as provided under subsection 3.

6 5. Committee members shall select a chairman and vice chairman on an annual basis
7 from the committee membership.

8 6. The committee shall meet at least bimonthly and may meet at other times at the
9 discretion of the chairman.

10 **SECTION 6. Duties of the pharmacy and therapeutics committee.** The committee
11 shall:

12 1. Advise and make recommendations regarding rules to be adopted by the
13 department regarding outpatient prescription drug prior authorization.

14 2. Oversee the implementation of a drug prior authorization program for the
15 department's medical assistance program;

16 3. Establish the drug prior authorization review process in compliance with section 7
17 of this Act;

18 4. Make formal recommendations to the department regarding the outpatient
19 prescription drug covered by the medical assistance program that is to be prior
20 authorized;

21 5. Review on a semiannual basis whether drugs placed on prior authorization should
22 remain on prior authorization; and

23 6. Modify the prior authorization review process, as necessary, to achieve the
24 objectives of this Act.

25 **SECTION 7. Drug prior authorization review process.**

26 1. Any drug prior authorization program must meet the following conditions:

27 a. The program must provide telephone, facsimile, or other electronically
28 transmitted approval or denial within twenty-four hours after receipt of the
29 prior authorization request.

30 b. In an emergency situation, including a situation in which a response to a prior
31 authorization request is unavailable, a seventy-two hour supply of the

- 1 prescribed drug must be dispensed and paid for by the medical assistance
2 program, or, at the discretion of the committee, a supply greater than
3 seventy-two hours which will assure a minimum effective duration of therapy
4 for an acute intervention.
- 5 c. Authorization must be granted if the drug is prescribed for a medically
6 accepted use supported by either the compendia, approved product labeling
7 or peer-review literature unless there is a therapeutically equivalent generic
8 drug that is available without prior authorization.
- 9 d. To support the prior authorization request, the program must consult with
10 prescribers to develop a streamlined process for the prescriber to furnish any
11 documentation required, including the name, title, address, and telephone
12 number of the prescriber making the request; the date of the request; the
13 product name of the requested drug; a description of the circumstances and
14 basis for the request; and whether the request is an emergency. The process
15 must flow directly from the patient care interaction and not a separate set of
16 tasks required of the prescriber by the department.
- 17 2. A drug may not be recommended for prior authorization by the committee and
18 placed on prior authorization by the department unless the following conditions are
19 met:
- 20 a. The committee analyzes the retrospective drug utilization review data using
21 the drug utilization review criteria to identify a drug whose use is likely not to
22 be medically appropriate or medically necessary, or likely to result in adverse
23 medical outcome;
- 24 b. The committee considers the potential impact on patient care and the
25 potential fiscal impact that may result from placement of such a drug on prior
26 authorization;
- 27 c. Any consideration of the cost of the drug by the committee must reflect the
28 total cost of treating the conditions for which the drug is prescribed, including
29 nonpharmaceutical costs and costs incurred by other sectors of the state
30 health care program that may be affected by the drug's availability for use in
31 treating program beneficiaries;

- 1 d. The committee provides at least thirty days' advance public notice before any
2 meeting developing recommendations concerning whether such a drug
3 should be placed on prior authorization. Any interested person may request
4 an opportunity to make an oral presentation to the committee related to the
5 prior authorization of the drug. The committee shall also consider any
6 information provided by any interested person, including physicians,
7 pharmacists, beneficiaries, and manufacturers or distributors of the drug;
- 8 e. The committee makes a formal written recommendation to the department
9 that the drug be placed on prior authorization which must be supported by an
10 analysis of prospective and retrospective drug utilization review data
11 demonstrating:
- 12 (1) The expected impact of the decision on the clinical care likely to be
13 received by beneficiaries for whom the drug is medically necessary;
- 14 (2) The expected impact on physicians whose patients require the drug;
15 and
- 16 (3) The expected fiscal impact on the medical assistance program;
- 17 f. The department accepts or rejects the recommendation of the committee and,
18 in a written decision, determines whether the drug should be placed on prior
19 authorization. The department may consider any additional and clarifying
20 information provided by any interested party rendering its decision;
- 21 g. The department's decision must be published for public comment for a period
22 of no less than thirty days. The effective date of the decision may not be
23 before the close of the comment period and effective notice of the decision's
24 finality is available to prescribers.
- 25 3. Notwithstanding any other provision of this section, a drug may not be
26 recommended to require prior authorization by the committee and placed on prior
27 authorization by the department, which has been approved or had any of its
28 particular uses approved by the federal food and drug administration under a
29 priority review classification.
- 30 4. The committee shall develop a grievance mechanism for interested parties to
31 appeal the department's decision to place a drug on prior authorization. After

1 participating in the grievance mechanism developed by the committee, any
2 interested party aggrieved by the placement of a drug on prior authorization is
3 entitled to an administrative hearing before the department.

4 5. The committee shall review the prior authorization status of a drug every six
5 months.

6 6. The committee shall provide at least thirty days advance public notice prior to any
7 meeting determining whether changes should be made to the drug prior
8 authorization review process.

9 **SECTION 8. Adoption of rules.** The department may adopt rules to implement this
10 Act.