

Fifty-eighth
Legislative Assembly
of North Dakota

ENGROSSED HOUSE BILL NO. 1430

Introduced by

Representatives Devlin, Price, Weisz

Senators Fischer, J. Lee

1 A BILL for an Act to establish a drug utilization review program and drug prior authorization
2 program within the department of human services; and to declare an emergency.

3 **BE IT ENACTED BY THE LEGISLATIVE ASSEMBLY OF NORTH DAKOTA:**

4 **SECTION 1. Definitions.**

- 5 1. "Board" means the drug utilization review board.
- 6 2. "Committee" means the pharmacy and therapeutics committee.
- 7 3. "Compendia" means the "American hospital formulary services drug information",
8 "United States pharmacopeia - drug information", and clinical information
9 submitted to the department by the pharmaceutical research company that
10 developed the product and is registered with the federal food and drug
11 administration as the product distributor.
- 12 4. "Department" means the department of human services.
- 13 5. "Drug utilization review" means both retrospective and prospective drug utilization
14 review. The reviews are designed to ensure that drug utilization is medically
15 appropriate, medically necessary, and not likely to have adverse medical results.
- 16 6. "Drug utilization review criteria" means standards approved by the board for use in
17 determining whether use of a drug is likely to be medically appropriate, medically
18 necessary, and not result in adverse medical outcomes.
- 19 7. "Prior authorization" means a process requiring the prescriber or the dispenser to
20 verify with the department or its contractor that proposed medical use of a
21 particular medicine for a patient meets predetermined criteria for coverage by the
22 program.
- 23 8. "Prospective drug utilization review" means that part of the drug utilization review
24 program that occurs before a drug is dispensed and that uses the drug utilization

1 review criteria to screen for potential drug therapy problems related to therapeutic
2 duplication, drug-disease contraindications, drug-drug interactions, incorrect drug
3 dosage or duration of drug treatment, drug-allergy interactions, and clinical abuse
4 or misuse.

5 9. "Retrospective drug utilization review" means that part of the drug utilization review
6 program that is an historical review of drug utilization data using drug utilization
7 review criteria examine pharmacy claims data and other information to identify
8 overutilization, underutilization, appropriate use of generic products, therapeutic
9 duplication, drug-disease contraindications, drug-drug interactions, incorrect drug
10 dosage or duration of drug treatment, and clinical abuse or misuse.

11 **SECTION 2. Establishment of drug utilization review board.**

- 12 1. The drug utilization review board is established within the department for the
13 implementation of a retrospective and prospective drug utilization review program.
- 14 2. The board consists of eighteen members appointed by the executive director of the
15 department as follows:
- 16 a. Six physicians licensed in this state and actively engaged in the practice of
17 medicine, four of whom are chosen from a list of nominees provided by the
18 North Dakota medical association;
 - 19 b. Six pharmacists licensed in this state, actively engaged in the practice of
20 pharmacy, four of whom are chosen from a list of nominees provided by the
21 North Dakota pharmacy association;
 - 22 c. Two individuals who are residents of this state chosen to represent program
23 beneficiaries in this state; and
 - 24 d. Two individuals representing the pharmaceutical industry chosen from a list of
25 nominees provided by the pharmaceutical research and manufacturers of
26 America;
 - 27 e. The pharmacy administrator of the department; and
 - 28 f. The medical consultant to the department.
- 29 3. Board members shall serve staggered three-year terms. Two physicians, two
30 pharmacists, and one beneficiary representative must be initially appointed for
31 two-year terms; and two physicians, two pharmacists, and one industry

1 representative must be initially appointed for one-year terms. A member may be
2 reappointed for a period not to exceed three 3-year terms. Vacancies on the board
3 must be filled for the balance of the unexpired term from the appropriate board
4 category as provided under subsection 2.

5 4. Board members shall select a chairman and a vice chairman on an annual basis
6 from the board membership.

7 5. The board shall meet at least once every two months and may meet at other times
8 at the discretion of the chairman.

9 **SECTION 3. Duties of the drug utilization review board.** The duties of the board
10 must be consistent with 42 U.S.C. 1396r-8(g)(3). In addition, the board shall:

11 1. Advise and make recommendations regarding rules adopted by the department
12 implementing the provisions of state and federal law related to drug utilization
13 review;

14 2. Oversee the implementation of a retrospective and prospective drug utilization
15 review program for the medical assistance program, including responsibility for
16 recommending criteria for selection of contractors and reviewing contracts
17 between the medical assistance program and any other entity that will process and
18 review drug claims and profiles for the drug utilization review program in
19 accordance with this Act;

20 3. Develop and apply the drug utilization review criteria for the retrospective and
21 prospective drug utilization review programs, provided that the drug utilization
22 review criteria are consistent with the indications supported and rejected by the
23 compendia and federal food and drug administration-approved labeling for the
24 drug. The board also shall consider outside information provided by interested
25 parties, including prescribers who treat significant numbers of patients under the
26 department's medical assistance program;

27 4. Establish a process to reassess on a periodic basis the drug utilization review
28 criteria and, as necessary, modify the prospective and retrospective drug utilization
29 review programs; and

30 5. Provide a period for public comment during each board meeting. Notice of
31 proposed changes to the drug utilization review criteria and modification of the

1 prospective and retrospective drug utilization review programs must be furnished
2 to the public thirty days before the consideration or recommendation of any
3 proposed changes to the drug utilization review programs.

4 **SECTION 4. Prospective and retrospective drug utilization review programs.**

- 5 1. The board, in cooperation with the department, shall create and implement a
6 prospective and retrospective drug utilization review program for outpatient
7 prescription drugs under the medical assistance program using drug utilization
8 review criteria to ensure that drug utilization is medically appropriate, medically
9 necessary, and not likely to result in adverse medical outcomes.
- 10 2. The department may contract with an entity to process and review drug claims and
11 profiles for the drug utilization review program provided that the department uses a
12 competitive bidding process.
- 13 3. The prospective drug utilization review program must be based on drug utilization
14 review criteria established by the board and must provide that, before a
15 prescription is filled or delivered, a review must be conducted by a pharmacist at
16 the point of sale to screen for potential drug therapy problems. In conducting the
17 prospective drug utilization review, the prescribed outpatient drug therapy may not
18 be altered without a new prescription order by the prescribing physician and
19 approval by the patient. The prospective drug utilization review must screen for:
20 a. Therapeutic duplication;
21 b. Drug-disease contraindications;
22 c. Drug-drug interactions;
23 d. Incorrect drug dosage or duration of drug treatment;
24 e. Drug-allergy interactions; and
25 f. Clinical abuse or misuse.
- 26 4. The retrospective drug utilization review program must be based on drug utilization
27 review criteria by the board using the department's mechanized drug claims
28 processing and information retrieval system to analyze assistance claims to:
29 a. Identify patterns of fraud, abuse, gross overuse or underuse, and
30 inappropriate or medically unnecessary care;

- 1 b. Assess data on drug use by applying and reviewing criteria developed from
- 2 the compendia or federal drug administration-approved labeling for the
- 3 purpose of evaluating:
- 4 (1) Therapeutic appropriateness;
- 5 (2) Overutilization or underutilization;
- 6 (3) Appropriate use of generic products;
- 7 (4) Therapeutic duplication;
- 8 (5) Drug-disease contraindications;
- 9 (6) Drug-drug interactions;
- 10 (7) Incorrect drug dosage or duration of drug treatment; and
- 11 (8) Clinical abuse or misuse; and
- 12 c. Propose remedial strategies to improve the quality of care and to promote
- 13 effective use of medical assistance program funds or beneficiary
- 14 expenditures.

15 **SECTION 5. Establishment of the pharmacy and therapeutics committee.**

- 16 1. Notwithstanding any other law, the department may implement a prior
- 17 authorization program for outpatient prescription drugs under the medical
- 18 assistance program only as provided in this section.
- 19 2. The pharmacy and therapeutics committee is established within the department for
- 20 the purposes of implementing prior authorization for outpatient prescription drugs
- 21 under the medical assistance program. Members appointed to the committee may
- 22 be appointed from among the board and may also serve as members of the board.
- 23 3. The committee consists of eight members appointed by the executive director of
- 24 the department as follows:
- 25 a. Three physicians of different medical specialties licensed in this state and
- 26 actively engaged in the practice of medicine who may be chosen from among
- 27 physician members of the board or from a list of nominees provided by the
- 28 North Dakota medical association;
- 29 b. Three pharmacists licensed in this state and actively engaged in the practice
- 30 of pharmacy, who may be chosen from among the pharmacist members of

- 1 the board or from a list of nominees provided by North Dakota pharmacy
2 association;
- 3 c. One person who represents medical assistance beneficiaries in this state;
4 and
- 5 d. One person representing the pharmaceutical industry who is a resident of this
6 state, chosen from a list of nominees provided by the pharmaceutical
7 research and manufacturers of America.
- 8 4. Committee members shall serve staggered three-year terms. One physician, one
9 pharmacist, and the consumer representative must be initially appointed for
10 two-year terms; and one physician, one pharmacist, and the industry
11 representative must be initially appointed for one-year terms. A member may be
12 reappointed for a period not to exceed three 3-year terms. Vacancies on the board
13 must be filled for the balance of the unexpired term from nominee lists for the
14 appropriate board category as provided under subsection 3.
- 15 5. Committee members shall select a chairman and vice chairman on an annual
16 basis from the committee membership.
- 17 6. The committee shall meet at least bimonthly and may meet at other times at the
18 discretion of the chairman.

19 **SECTION 6. Duties of the pharmacy and therapeutics committee.** The committee
20 shall:

- 21 1. Advise and make recommendations regarding rules to be adopted by the
22 department regarding outpatient prescription drug prior authorization.
- 23 2. Oversee the implementation of a drug prior authorization program for the
24 department's medical assistance program;
- 25 3. Establish the drug prior authorization review process in compliance with section 7
26 of this Act;
- 27 4. Make formal recommendations to the department regarding the outpatient
28 prescription drug covered by the medical assistance program that is to be prior
29 authorized;
- 30 5. Review on at least an annual basis whether drugs placed on prior authorization
31 should remain on prior authorization; and

- 1 6. Modify the prior authorization review process, as necessary, to achieve the
2 objectives of this Act.

3 **SECTION 7. Drug prior authorization review process.**

- 4 1. Any drug prior authorization program must meet the following conditions:
- 5 a. The program must provide telephone, facsimile, or other electronically
6 transmitted approval or denial within twenty-four hours after receipt of the
7 completed prior authorization request.
- 8 b. In an emergency situation, including a situation in which a response to a prior
9 authorization request is unavailable, a seventy-two hour supply of the
10 prescribed drug must be dispensed and paid for by the medical assistance
11 program, or, at the discretion of the committee, a supply greater than
12 seventy-two hours which will assure a minimum effective duration of therapy
13 for an acute intervention.
- 14 c. Authorization must be granted if the drug is prescribed for a medically
15 accepted use supported by either the compendia or approved product
16 labeling unless there is a therapeutically equivalent generic drug that is
17 available without prior authorization. The department may contract with third
18 parties to collect and analyze the documentation required by this subsection.
- 19 d. To support the prior authorization request, the program must consult with
20 prescribers to develop a streamlined process for the prescriber to furnish any
21 documentation required, including the name, title, address, and telephone
22 number of the prescriber making the request; the date of the request; the
23 product name of the requested drug; a description of the circumstances and
24 basis for the request; and whether the request is an emergency. The process
25 must flow directly from the patient care interaction and not a separate set of
26 tasks required of the prescriber by the department.
- 27 2. A drug may not be recommended for prior authorization by the committee and
28 placed on prior authorization by the department unless the following conditions are
29 met:
- 30 a. The committee analyzes the retrospective drug utilization review data using
31 the drug utilization review criteria to identify a drug whose use is likely not to

- 1 be medically appropriate or medically necessary, or likely to result in adverse
2 medical outcome;
- 3 b. The committee considers the potential impact on patient care and the
4 potential fiscal impact that may result from placement of such a drug on prior
5 authorization;
- 6 c. Any consideration of the cost of the drug by the committee must reflect the
7 total cost of treating the conditions for which the drug is prescribed, including
8 nonpharmaceutical costs and costs incurred by other sectors of the state
9 health care program that may be affected by the drug's availability for use in
10 treating program beneficiaries;
- 11 d. The committee provides at least thirty days' advance public notice before any
12 meeting developing recommendations concerning whether such a drug
13 should be placed on prior authorization. Any interested person may request
14 an opportunity to make an oral presentation to the committee related to the
15 prior authorization of the drug. The committee shall also consider any
16 information provided by any interested person, including physicians,
17 pharmacists, beneficiaries, and manufacturers or distributors of the drug;
- 18 e. The committee makes a formal written recommendation to the department
19 that the drug be placed on prior authorization which must be supported by an
20 analysis of prospective and retrospective drug utilization review data
21 demonstrating:
- 22 (1) The expected impact of the decision on the clinical care likely to be
23 received by beneficiaries for whom the drug is medically necessary;
- 24 (2) The expected impact on physicians whose patients require the drug;
25 and
- 26 (3) The expected fiscal impact on the medical assistance program;
- 27 f. The department accepts or rejects the recommendation of the committee and,
28 in a written decision, determines whether the drug should be placed on prior
29 authorization. The department may consider any additional and clarifying
30 information provided by any interested party rendering its decision;

1 g. The department's decision must be published for public comment for a period
2 of no less than thirty days. The effective date of the decision may not be
3 before the close of the comment period and effective notice of the decision's
4 finality is available to prescribers.

5 3. The committee shall develop a grievance mechanism for interested parties to
6 appeal the department's decision to place a drug on prior authorization. After
7 participating in the grievance mechanism developed by the committee, any
8 interested party aggrieved by the placement of a drug on prior authorization is
9 entitled to an administrative hearing before the department under chapter 28-32.

10 4. The committee shall review the prior authorization status of a drug not less than
11 once each year.

12 5. The committee shall provide at least thirty days advance public notice prior to any
13 meeting determining whether changes should be made to the drug prior
14 authorization review process.

15 **SECTION 8. Denial or delay of care.** Notwithstanding any other provision of law, any
16 individual whose health care has been denied or delayed more than twenty-four hours as a
17 result of an administrative procedure implemented by the department or any of its contractors
18 may bring an action in district court. The administrative procedures include prior authorization,
19 formularies, preferred drug lists, step therapy, or treatment protocols. The court may provide
20 equitable relief and specific remedies. If a department contractor has acted with disregard for
21 the prescribing physician's judgment regarding medically necessary care for the individual, the
22 court may provide for exemplary damages. If the court finds against the department, the court
23 shall award reasonable attorney's fees and court costs, regardless of whether the court awards
24 specific relief or damages to the plaintiff.

25 **SECTION 9. Preferred drug list procedures.** A pharmaceutical manufacturer may
26 appeal to the district court a decision of the department or its contractor to exclude a specific
27 drug from a preferred drug list or formulary on the grounds that the decision is arbitrary, unfair,
28 or a violation of state law, or in the case of a single source drug, on the grounds that the
29 exclusion is not consistent with 42 U.S.C. 1396r-8(d)(4).

30 **SECTION 10. Financial incentives prohibited.** The department may not offer or pay
31 directly or indirectly any material inducement, bonus, or other financial incentive to a

1 participating provider based on the denial or delay of medically necessary and appropriate
2 prescription drug therapy, or a reduction in the proportion of beneficiaries who receive
3 prescription drug therapy under the medical assistance program.

4 **SECTION 11. Adoption of rules.** The department may adopt rules to implement this
5 Act.

6 **SECTION 12. EMERGENCY.** This Act is declared to be an emergency measure.