

Dear Committee Members,

Vitamin D was introduced into my life about a year and a half ago my internal medicine doctor. I was struggling with multiple health issues and my doctor suggested that I have my Vitamin D levels checked before pursuing other channels. I agreed and was surprised by 2 things: 1 – my levels were very low and 2 – my insurance didn't cover the test. The later issue made me a little heated as my husband and I pay over \$1600 a month for family health insurance.

After starting a Vitamin D protocol prescribed by my doctor, the health issues I was struggling with resolved. Because my doctor was very knowledgeable about the benefits of Vitamin D, she inadvertently saved my insurance company thousands of dollars in other medical tests and pharmaceuticals. Which leads me back to why would insurance companies not pay for this simple test and an inexpensive supplement that could save them thousands of dollars later?

I am a huge proponent of Vitamin D and I ask you to recommend a 'Do Pass' on HB1328.

PS. I also think that Vitamin D has been a major factor in why my family and I have not gotten COVID.

Thank you,  
McKenzie McCoy  
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