

Chairman Weisz and Members of the House Human Services Committee,

I want to briefly write to you all in support of HB1377, but before I give my testimony, I just want to thank the incredible representatives who have brought forth bills in the hearing today and also in hearings last week that promote medical freedom and personal choice. I am so grateful to you for your desire to protect and defend the Constitution of the United States and of North Dakota, as well as to represent the true wishes and needs of North Dakotans. I have a great deal of respect for the hard work you do and I recognize this can be a tiring and thankless job! I have written many testimonies, and I hope you have sensed my gratitude, but if not, I just want to reiterate that here. Thank you so much!

You may receive many passionate, sometimes even highly emotional testimonies. I hope you know that while we feel very strongly on the subject of medical freedom, we realize that the frustrations we feel are not your fault. We are merely trying to convey to you what has been weighing heavily on our hearts and minds over the past months, years, and for some of us, even decades.

A lot of freedom has been taken from us when it comes to health choices over the past year. People, including myself, feel as though they have had no voice. I have spent the last 10 months shedding many tears over decisions being made at the higher levels in regards to health that I completely disagree with. I watched as my view on health and wellness was completely ignored by the general public, and in many ways, still is being ignored. I spent much of the last year struggling with depression and hopelessness over the misinformation flooding the country when it comes to immune health, vaccines, and viruses. This is why so many of us are passionately sharing our thoughts, feelings, beliefs, and years of indepth research with you. We want you to be informed on these topics as well. We know it is important for the health of all, and we want to be a part of seeing things change for the better.

For all these reasons, I support HB1377. This is a bill that will help to expose the truth about how vaccines are approved in our country. They are rushed through the trials, never truly deemed safe, and when parents watch their children experience injuries, they are ignored by their doctors. The system has failed them. It has failed all of us. It is time for a change, and that can start right here in the great state of North Dakota!

We have the opportunity to be leaders in the march towards true bodily autonomy and health freedom, as well as supporting ways to become truly healthy through nutrition, exercise, and other positive lifestyle habits. I am so proud to be a North Dakotan and to watch as these amazing bills are introduced and heard. I wish I could be there in person, but distance, time, and commitments hinder me from doing so. In the future, I hope to be standing in the same room with you, testifying and hopefully chatting and getting to know you all. This is a cause that is near and dear to my heart, and I plan to continue supporting you all in the effort to allow people to have the freedom to pursue health in the way that they see fit. As one of my favorite mottos states: "Where there is RISK, there MUST be choice."

Thank you again so very much for your time and efforts!

Sincerely,
Melyssa Howry