

Senate Appropriations
April 8, 2021

Cost of Services for People with Intellectual and Developmental Disabilities

The North Dakota Department of Human Services pays for a continuum of services for individuals with intellectual and developmental disabilities. Costs reflect the statewide average cost of the continuum of care, from institutional level of care at the Life Skills and Transition Center (LSTC), which serves people whose needs exceed community capacity, to community-based services.

Life Skills and Transition Center (LSTC)

The LSTC is a service provider in the North Dakota Developmental Disabilities Provider continuum of services.

- LSTC Services include: Traditional (ICF) Services, Home and Community-Based Services and Statewide Crisis and Support Services.
- All other community living options are explored prior to an admission to the LSTC.
- The future role of the LSTC is to be the crisis and stabilization center for people with DD/ID.

Current Daily Cost: \$1,123.78/day

Costs include:

- Room
- Board
- Therapies provided on-site by staff (physical therapy, occupational therapy, speech/language therapy)
- Psychiatric services
- Clinical psychology and Applied Behavior Analysis services
- Pharmacy
- Lab and x-ray
- Medical services on site provided by a medical provider
- Dental services
- Nutrition services
- Recreational therapy
- Adaptive equipment
- Day activities
- Transportation
- Vocational activities
- Clothing and incidentals
- Staff supervision and direct support services

DEVELOPMENTAL DISABILITIES SERVICES IN THE COMMUNITY

The following services are provided by private licensed developmental disability service providers.

Intermediate Care Facility ICF/IID

- Highest level of services provided outside of the state institution and is still considered an institutional setting.
- Provides comprehensive and individualized health care and rehabilitation services to participants to promote their functional status and independence. This is for people who need 24-hour care.

Current average daily rate:

- Adult: \$605.19/day
- Child: \$713.99/day

Costs include:

- Room
- Board
- Day programs (day supports or employment services), and some medical items
- Therapies provided on-site by staff (occupational therapy, speech/language therapy)
- Staff time to provide supervision and habilitative care
 - NOTE: Rate does NOT include direct health-related costs (i.e. dental, pharmacy...)

Residential Services (waiver program)

- Designed to assist participants with socialization, self-help and adaptive skills that improve the participants ability to independently reside and participate in an integrated community.

Current average daily rate: \$298.64/day

Cost include:

- Staff time to provide supervision and habilitative care

Cost DOES NOT INCLUDE:

- Room
- Board
- Day programs (day supports or extended services) and medical items
- Direct health-related costs (i.e. dental, pharmacy...)

In-Home Supports (waiver program)

- Designed to assist participants with activities of daily living, supervision and provide support to the primary caregiver while living in their family home.

Current rate: \$36.41/hour

Cost include:

- Staff time to provide supervision and habilitative care

Cost DOES NOT INCLUDE:

- Room
- Board
- Day programs (day supports or extended services) and medical items
- Direct health-related costs (i.e. dental, pharmacy...)

Day Services (waiver program)

- Provides formalized training and staff support in a non-residential setting to promote skill development. Services should facilitate and foster community participation as identified in the participants plan.

Current average rate: \$23.80/hour

Cost include:

- Staff time to provide supervision and habilitative care