

**23 March 2021**

**Testimony on HB 1142**

**Senate Appropriations Human Services Committee - Chair Senator Holmberg**

Mr. Chair Senator and members of the committee,

Hello! My name is Jadyn Guidinger, and I am a senior at Legacy High School. I have been involved in HOSA for three years, currently serving as the president of both North Dakota and Legacy High School HOSA. I have had ample opportunities to grow as a leader and learner, expanding my comfort zone. One memory, in particular, that I will never forget is when I visited a second grade classroom, educating students about the importance of handwashing.

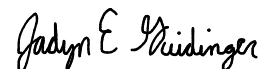
“Those live on me??” One child exclaims. “No way!”

“Yes way!” I counter, glancing around at the other seventeen second graders, all with similar looks of disgust and fascination. Then, I catch the eyes of my team, all fighting the urge to laugh. We shared giant stuffed animal germs and slightly gross photos and videos with the students. We also used Glo Germ and a UV light to help students improve their handwashing skills. “Kill the Bug!,” our health education project, went on to win a gold medal at the HOSA State Leadership Conference for our creative plan, execution, presentation, and portfolio.

When I entered high school, I was so shy. I would never have presented to a large group, even if the group consisted of only seven and eight year olds. However, after joining HOSA, I dove into the organization, tackling communication problems and implementing solutions, as my chapter’s secretary. HOSA brought me out of my shell. Now, as the North Dakota HOSA President, I have presented to hundreds of people. HOSA introduced me to a passion for science and healthcare and has prepared me for a future in medicine. It truly has had an impact on my life and my decisions about the future; it has taught me to be passionately committed, driven, and zealous about serving society through medicine. HOSA has taught me the power of teamwork and the value of quality leadership. I joined with the hope to learn even more about the medical field; I will leave with a supportive community and newfound confidence.

I urge a do pass on HB 1142. Please help students discover their passions and cultivate their curiosity through HOSA. Feel free to contact me via email at [jadynguidinger@gmail.com](mailto:jadynguidinger@gmail.com) with any questions or concerns. Thank you!

Respectfully submitted,



Jadyn Guidinger  
North Dakota HOSA President  
Legacy High School HOSA President