

IN FAVOR: HB 1323

Relating to limitations on mask wearing requirements.

Dear Chairman Burckhard and Members of the Senate Political Subdivisions Committee,

I am testifying on behalf of Health Freedom North Dakota, a nonprofit organization that advocates for health choice and true informed consent.

We strongly urge you to **support HB 1323, relating to mask mandates.**

We believe it is the right and responsibility for **individuals** to make their own health-related decisions for themselves and their children. It is not for the government to decide. We believe each person is unique. Unique people have unique needs and circumstances. Healthcare is not a one-size-fits-all.

It's not for me or my organization to tell people what to do or how to do it. But here are some questions that we urge you to consider:

Is forcing children and adults to wear a medical device ethical? Is it safe? Does the government truly know what is best for me or for my child?

What might be some unintended consequences of forced medical mandates in the short term? What about long term?

Have we accounted for the potential decline of mental health and physical health as the result of prolonged mask wearing?

What does the science say? Are we reacting to our current circumstances out of logic? Or out of fear?

How are forced masks impacting our youth? What is the Covid death rate in children? Where is the science that supports child mask mandates?

Are you, as government officials and law makers, willing and able to assume the risk and liability for the physical and psychological damage that has already been documented by health professionals, or that may come to fruition with an unprecedented medical mandate such as this?

I can only answer these questions for myself.

As a Health Freedom Advocate, I encourage you to think about your own answers. If forcing masks and other medical choices onto to others does not sit well with you, then I encourage you to recommend a DO PASS on HB 1323. Let me decide for me. And you decide for you.

Thank you for your time and attention.

Tara Dukart
Health Freedom North Dakota