

The State of Disordered Gambling in North Dakota

According to the Director of the Disordered Gambling Program (formerly Lutheran Social Services)

SERVICES PROVIDED:

- **Trained Counselors – 3**
 - **Located in Fargo and Minot, responsible for state coverage**
- **Individuals Treated in FY 22 – 75**
- **991 hours of treatment services includes groups, individuals and families.**

FUNDING PROVIDED

- **ND Lottery - \$320,000**
- **Charitable Gaming proceeds - \$40,000**
- **Tribal contributions - \$0 (prior to the 2022 Tribal Compact Agreement, \$125,000)**

TRENDS

- **24.4% of ND HS students report gambling on sports, lottery or internet the previous 12 months**
- **Based on national rates of disordered gambling, estimates are that about 1,000 ND families are affected by disordered gambling**

SHORTFALLS

- **Professional Counselors – 2-3 Statewide**
- **Peer Recovery Coaches**
- **Specialized training for mental health providers to recognize this disorder**
- **Partial or full scholarships for residential treatment program (see below)**

The nearest residential, or inpatient program is in Granite Falls, Minnesota. Minnesota residents receive a full scholarship for residential treatment, while ND residents pay full price, which is approximately \$9,000 for a 28-day stay.

In the quarter ending, December 31, 2022, 1556 individuals visited the GamblerND website, with the majority of visitors viewing Responsible Gambling information, how to find a support group meeting and reading the success stories of those who are working on recovery.

GAMBLER HEALING is an online workbook and resource to help individuals begin to explore their gambling activity and related consequences. It was created in 2018 in partnership with the State, ND tribal casinos, and Lutheran Social Services of ND (now closed). In the quarter just completed, 19 individuals created an account to utilize this confidential tool, compared to 7 individuals in the previous quarter.

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