

As a licensed Marriage and Family Therapist in North Dakota, I urge you to oppose HB 1474.

LGBTQ Youth are more than 4 times as likely to attempt suicide than their peers (Johns et al., 2019; Johns et al., 2020). This isn't a result of the label, it's a direct outcome of being marginalized and discriminated against. This bill, and others that seek to further limit the LGBTQ+ community directly contribute to the increased risk of suicide.

I've seen this firsthand in my office from youth and young adults who share things like, "I don't belong here," "It's clear I'm not wanted," and "it's stuff like this that makes me want to die." As a mental health provider, I cannot support a bill that contributes to a community where members do not feel entitled to live the lives they are born into. More than half of transgender and nonbinary youth seriously considered suicide in the last year (Trevor Project 2022 National Survey on Youth Mental Health). North Dakota cannot afford to pass legislation that contributes to this.

HB 1474 effectively erases all the transgender individuals from North Dakota, at least on paper. It also ignores the individuals who are born intersex, or with ambiguous genitalia. Intersex people are born at an estimated 1.7% of the population, more common than Downs Syndrome or other genetic differences. This bill does not account for those individuals as well.

This is not a bill that recognizes or appreciates a diverse population of North Dakotans and will result in loss of community members. It does not make North Dakota a desirable place to live and is not reflective of the values that most North Dakotans hold toward their friends, neighbors and family members.

I strongly urge you to oppose HB 1474.