

Dually Eligible Individuals

Some low-income individuals qualify for health care coverage through both Medicare and Medicaid. These dual eligible individuals experience high rates of chronic illness like high blood pressure, diabetes and heart disease with many having behavioral health and long-term care needs.¹

Medicare Eligibility Criteria

Federal health insurance program

- ⊕ Age 65 or older
- ⊕ Under age 65 with a disability such as:
 - Intellectual/developmental disabilities
 - Cognitive disabilities
 - Physical disabilities
 - Behavioral health needs
 - Chronic medical conditions
- ⊕ Any age with End-Stage Renal Disease



Medicaid Eligibility Criteria

State/Federal health insurance program

- Meet income and asset requirements
Serves qualifying low-income individuals
- Children
 - Adults
 - Pregnant women
 - Older adults
 - People with disabilities

ABOUT
15,000

North Dakotans are dual eligible for **Medicare** and **Medicaid**

ND Dual Eligible Individuals Have Complicated Health Needs



About **1 in 6** have been diagnosed with two or more chronic conditions such as

- Diabetes
- Alzheimer's disease
- Heart disease
- Chronic obstructive pulmonary disease
- Asthma



About **1 in 4** have a behavioral health condition such as

- Depression
- Bipolar disorder
- Schizophrenia
- Anxiety



About **4 in 10** use long-term services and supports such as

- Basic care
- Nursing facility services
- Home and community-based (HCBS) services

¹https://www.cms.gov/Medicare-Medicaid-Coordination/Medicare-and-Medicaid-Coordination/Medicare-Medicaid-Coordination-Office/Downloads/Dual_Condition_Prevalence_Comorbidty_2014.pdf