

# Alcohol use during pregnancy can lead to lifelong effects.

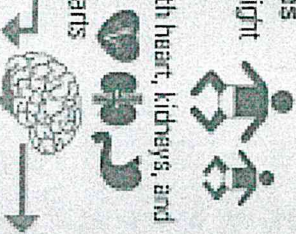
Up to **1 in 20** US school children may have FASDs.



People with FASDs can experience a mix of the following problems:

### Physical issues

- low birth weight and growth
- problems with heart, kidneys, and other organs
- damage to parts of the brain



### Which leads to...

### Behavioral and intellectual disabilities

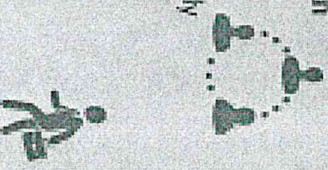
- learning disabilities and low IQ
- hyperactivity
- difficulty with attention
- poor ability to communicate in social situations
- poor reasoning and judgment skills



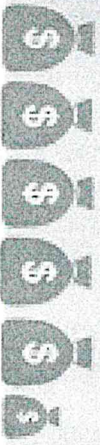
### These can lead to...

### Lifelong issues with

- school and social skills
- living independently
- mental health
- substance use
- keeping a job
- trouble with the law



Drinking while pregnant costs the US **\$5.5 billion** (2010).



SUDANES, GOR, AND SAGUL, February 2016. American Journal of Preventive Medicine November 2015.

Alcohol use during pregnancy can lead to lifelong effects in children exposed prenatally. Image courtesy of the Centers for Disease Control and Prevention.