

# North Dakota Domestic Violence/Sexual Assault

## Senate Appropriations Committee/Human Resources Division Testimony



### CLIENT TESTIMONY: Yvonne Griffin, CVIC Board Member & Former Client

- Childhood domestic violence in home between stepfather and mother. Alcohol was a factor also for removal. There were no services available to families that had issues with dv and it wasn't the original issue that was brought to the forefront. Alcoholism was pushed as a reason for family dysfunction.
- Removed from parental home and placed in foster home. In many cases the homes had issues of DV and other forms of abuse also known as complex childhood traumas. More than one form of violence or abuse. (complex posttraumatic stress disorder) CPTSD) 5-8 is a crucial period of brain development and exposure to stress.
- Relationships. Traumatic events result in vulnerability and confusion about what is safe or healthy in a personal relationship. Stockholm's.
- Generational, intergenerational trauma or pattern of broken relationships.
- Interpersonal and domestic violence has many long-term effects far into adulthood. Post traumatic stress disorder, anxiety disorders, depression, personality disorders, substance use disorders, eating disorders,
- Relocation disorder. Thinking I could run away from my problems, but they continued to follow me from one town to the next or relationship to relationship.
- Counteracting abuse and breaking free. Fortifying one's defenses for the exit. CVIC 2004.
- CVIC services offered then vs services now.