NORTH Dakota | Health & Human Services
Be Legendary.

Life Skills and Transition Center

LSTC serves as a specialized resource to the network of approximately 120 private residential facilities and thousands of families who have a loved one with an intellectual or developmental disability for whom they are a caregiver or guardian. LSTC's goal is to:

- Operate as a **specialty care and support resource** for people experiencing crisis and/or who need stabilization;
- Work together with guardians **to identify opportunities** for each person to live in a community setting of their choice wherever and whenever possible;
- Provide **individualized** information and advisement regarding community-based care **options**, **supports** and **approaches** to help the person served and their care teams explore ideas and opportunities that may help the person served be able to realize their goals.

LSTC offers both residential and non-residential services for youth and adults

Crisis/Stabilization Residential
(Specialized ICF)

- Crisis Residential
- Short-term Stabilization Residential
- Transitioning to Community Residential
- Vocational Services
- Long-term specialized residential

Statewide Stabilization Supports

- Applied Behavioral Analysts
- Statewide crisis/stabilization team
- Therapeutic Clinic
- Adaptive Equipment Center

280 LSTC team members

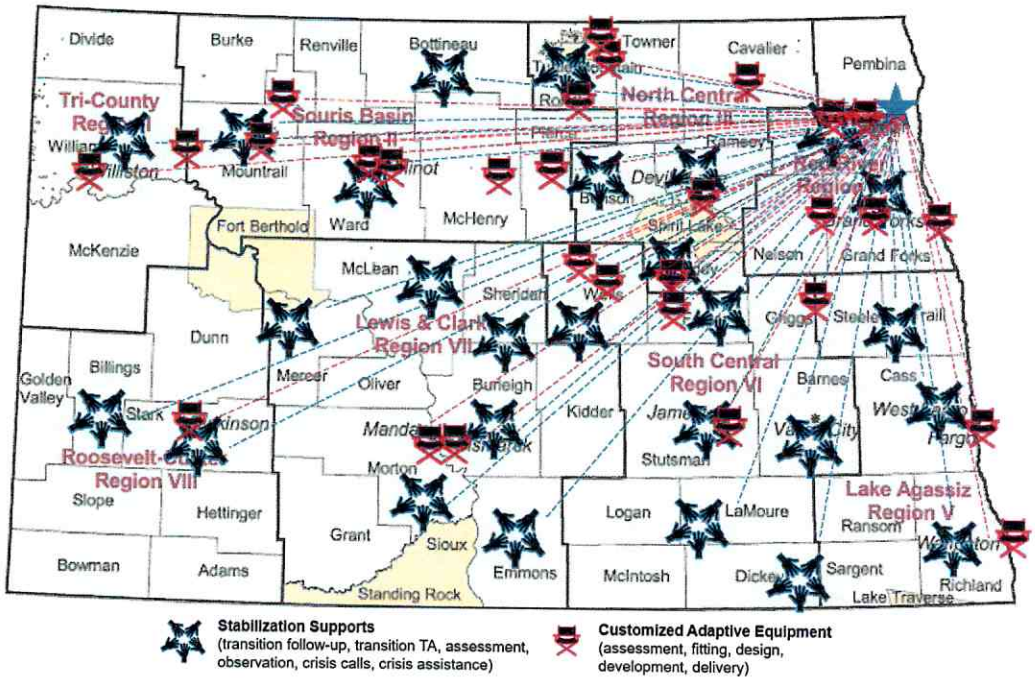
24/7 Round-the-clock services

61 People receiving LSTC residential services (point in time Dec 22)

150+ People living with family or served by other providers - LSTC non-residential svc

In the first 18 months of the 2021-23 biennium (Jul 21 - Dec 22), LSTC provided in-community / in-home, transition and stabilization support to 150+ people living in 50 different communities.

During that same time period, LSTC residential services accepted 13 Crisis admissions and successfully completed 17 transitions. The team, together with public and private partners, diverted 24 requested admissions to LSTC and was prepared to complete an additional 7 transitions that were put on hold or ultimately cancelled by the transition partner.



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