Hi, my name is Caedmon Marx. I am a 22 year old native of Bismarck North Dakota. I use they them pronouns. I also serve as the outreach committee chair for Dakota out right here in Bismarck North Dakota which means I do you get to work with youth at some points, and I just want to stress the importance on the fact that there is, a multitude of scientifical studies that show that the use of preferred pronouns decreases the chance of suicidal ideations significantly decreases, not only that, but they feel more excepted and supported, and they are more likely to engage in school more which then can lead to higher grades and test scores not only that, but in my time with working with the minors, who I do work with, you can immediately tell when they've been around people who do not respect their preferred pronouns because they close off from other people and coming from someone who in high school, never exactly fit in in this culture today it's either you fit in or you're ostracized and coming from the fact that I also just recently got out of high school, I didn't understand the meaning of they them pronouns, until after I grew up, which made me feel awkward, and like I did not belong and over the time of just my upper classmen years of high school, I had had accumulated of seven different attempt to take my life. I can tell you now that if I would've understood what they them pronouns were and that that's what I was, I probably would never felt the need to take my life as much as I did.