

Introduced by

1 A BILL for an Act to amend and reenact subsection 1 of section 15.1-21-01 and subsection 1 of
2 section 15.1-21-02 of the North Dakota Century Code, relating to requiring the presidential
3 physical fitness test in physical education courses in elementary, middle, and high schools; and
4 to provide an effective date.

5 **BE IT ENACTED BY THE LEGISLATIVE ASSEMBLY OF NORTH DAKOTA:**

6 **SECTION 1. AMENDMENT.** Subsection 1 of section 15.1-21-01 of the North Dakota
7 Century Code is amended and reenacted as follows:

8 1. Provide to students instruction in:

9 a. English language arts, including reading, composition, creative writing, English
10 grammar, and spelling.

11 b. Mathematics.

12 c. Social studies, including:

13 (1) The United States Constitution;

14 (2) United States history;

15 (3) Geography;

16 (4) Government; and

17 (5) North Dakota studies, with an emphasis on geography, history, the federally
18 recognized Indian tribes in the state, and agriculture of this state, in the
19 fourth and eighth grades.

20 d. Science, including agriculture.

21 e. Physical education, including requiring participation in the presidential physical
22 fitness test.

23 f. Health, including physiology, hygiene, disease control, and the nature and effects
24 of alcohol, tobacco, and narcotics.

1 g. Computer science, including cybersecurity.

2 **SECTION 2. AMENDMENT.** Subsection 1 of section 15.1-21-02 of the North Dakota
3 Century Code is amended and reenacted as follows:

4 1. To be approved by the superintendent of public instruction, each public and nonpublic
5 high school shall provide instruction in or make available to each student:

6 a. Four units of English language arts from a sequence that includes literature,
7 composition, and speech;

8 b. Four units of mathematics, including:

9 (1) One unit of algebra II; and

10 (2) One unit for which algebra II is a prerequisite;

11 c. Four units of science, including:

12 (1) One unit of physical science; and

13 (2) One unit of biology;

14 d. Four units of social studies, including:

15 (1) One unit of world history;

16 (2) One unit of United States history, including Native American tribal history;
17 and

18 (3) (a) One unit of problems of democracy; or

19 (b) One-half unit of United States government and one-half unit of
20 economics;

21 e. One-half unit of health;

22 f. One-half unit of physical education during each school year, including requiring
23 participation in the presidential physical fitness test, provided that once every four
24 years the unit must be a concept-based fitness class that includes instruction in
25 the assessment, improvement, and maintenance of personal fitness;

26 g. Two units of fine arts, at least one of which must be music;

27 h. Two units of the same foreign or native American language;

28 i. One unit of an advanced placement course or one unit of a dual-credit course;

29 j. Two units of career and technical education from a coordinated plan of study
30 recommended by the department of career and technical education and
31 approved by the superintendent of public instruction; and

1 k. One unit of computer science or cybersecurity.

2 **SECTION 3. EFFECTIVE DATE.** This Act becomes effective immediately upon its filing with

3 the secretary of state.