

ND Nursing Facilities

January 27, 2025

House Appropriations, Human Resource Division

Presented by Nikki Wegner, President, ND Long Term Care Association



Nursing Facility Costs

Comprehensive 24/7 Care

Regulatory Compliance

Higher Acuity Levels

Infrastructure Costs

Labor Costs

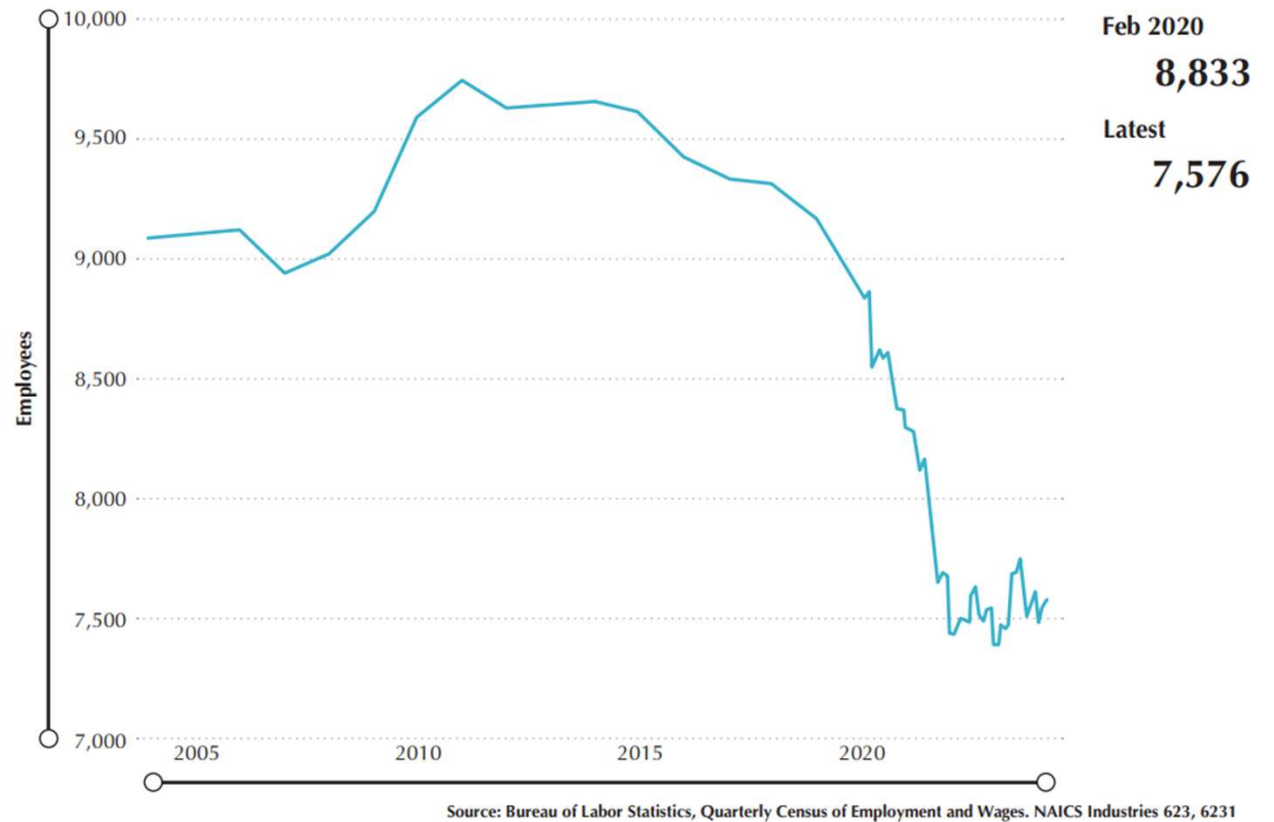


Contract Nursing Costs	2023	2022	2021	2020
	\$73,489,180	\$63,814,506	\$27,676,565	\$24,200,946

14.4% 176.6% 28.7%

Contract nursing % change each year

Workers Needed:
1,257 nursing home workers
are required in ND to return
to pre-pandemic levels.



- North Dakota Trends: Urban nursing homes show better staffing recovery than rural facilities, where competition for limited local workers is a significant challenge.

Nursing Hours



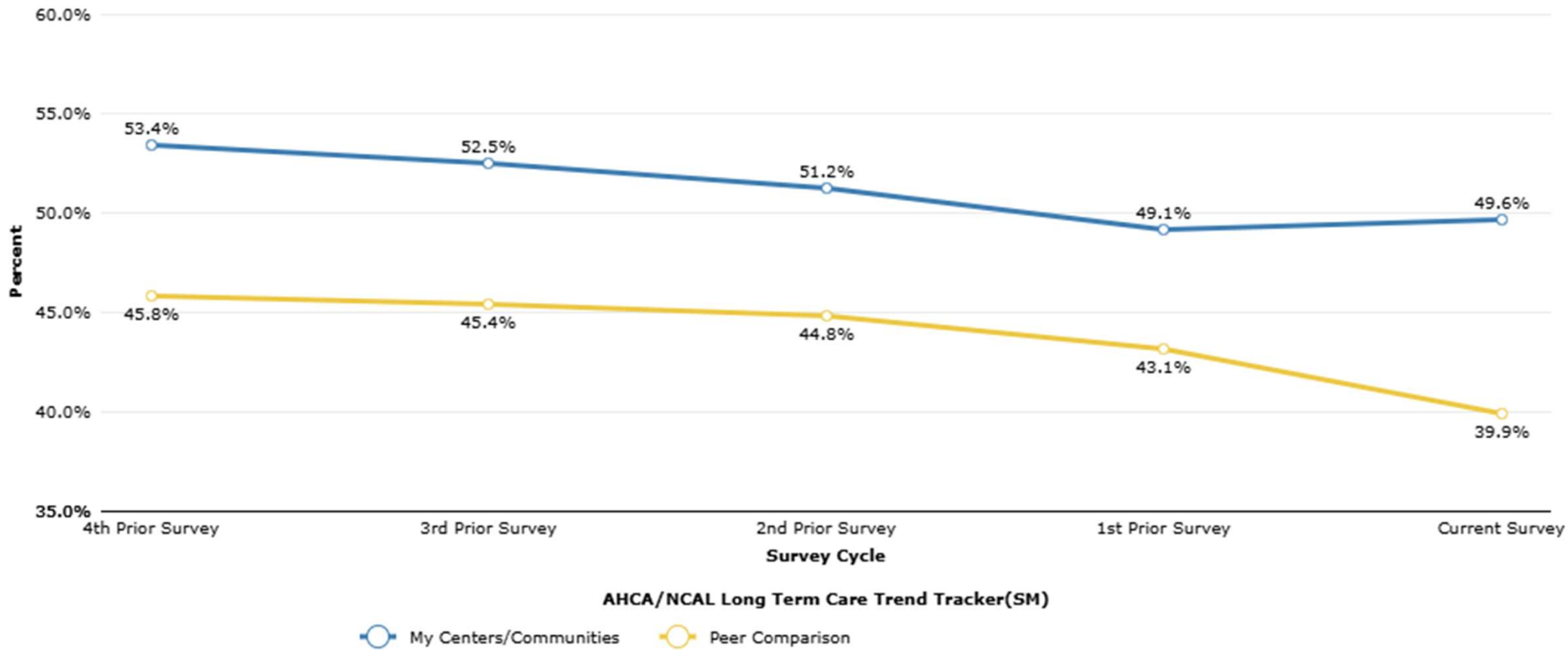
CMS tracks the hours worked by different types of staff in nursing facilities. These hours are used to calculate a ratio of staffing hours per resident per day. Hours per resident per day described the average amount of time staff are available to spend with each resident per day.

- ND Nurse hours per day 5.12

- US Nurse hours per day 3.89

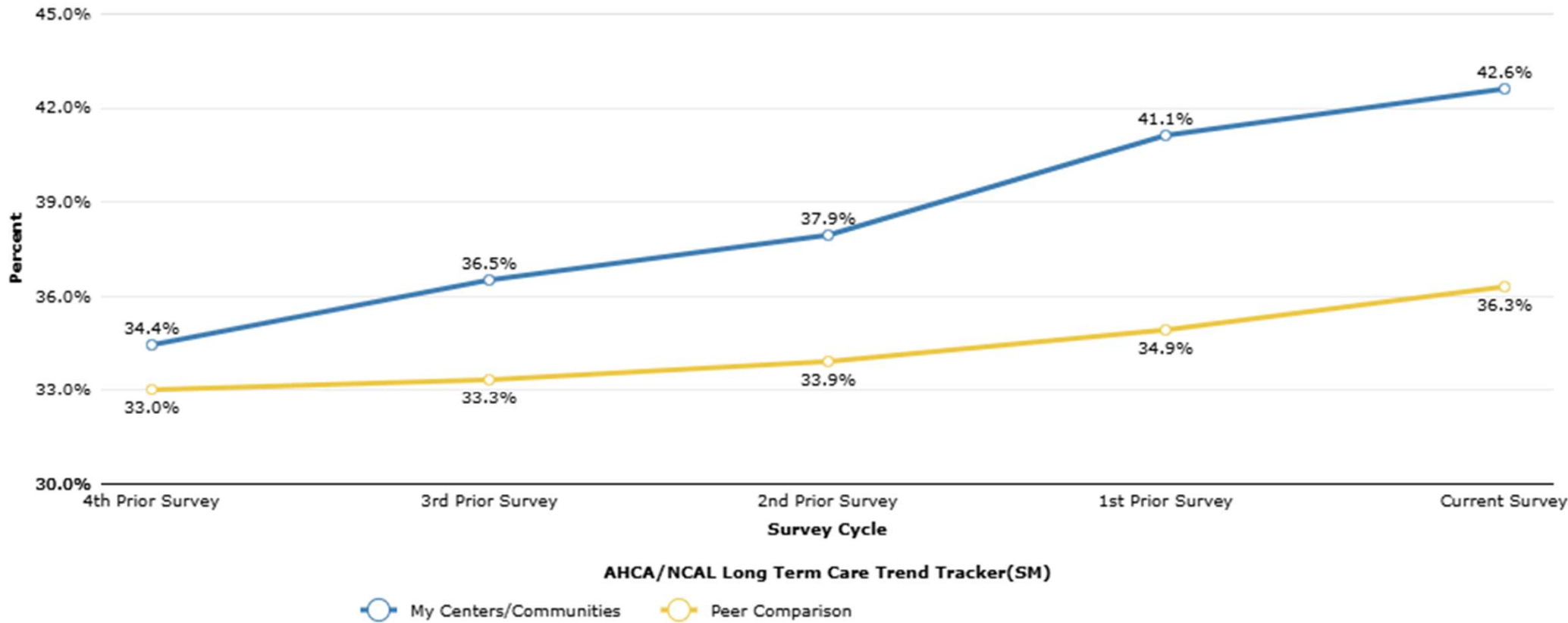
SNF Resident Characteristics Report: Report Summary - Casper Resident - Dementia - Survey Cycles

My Buildings: NORTH DAKOTA LONG TERM CARE ASSOCIATION (75 Currently Active Buildings). Peers: Peers in Entire Nation; No peer type restriction; Centers from My Org are not included in peer group (14845 Currently Active Buildings).



SNF Resident Characteristics Report: Report Summary - Casper Resident - Psychiatric Disorders (Documented) - Survey Cycles

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When residents are discharged from a skilled nursing facility, where do they go?

49% of ND nursing home residents are ***discharged to the community.***

Nursing Facilities

North Dakota is ranking high
Resident Satisfaction

Item	<i>Rating Value</i>	<i>North Dakota</i>	<i>United States</i>
Overall Satisfaction	4 & 5	91%	73%
Nursing Care	4 & 5	94%	82%
Cleanliness	4 & 5	95%	84%
Dignity & Respect	4 & 5	96%	88%
Recommend to Others	4 & 5	94%	77%
Safety & Security	4 & 5	97%	90%
Quality of Food	4 & 5	72%	56%

ND Basic Care Facilities

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Care Needs of Basic Care Residents

60% of residents have impaired mental status, ranging from early stage dementia to disorientation.

30% of residents have a mental health diagnosis.

94% of residents need full assistance with medication administration.

50% of residents receive psychoactive drugs.

12 the number of medications the average basic care resident takes.

61% of residents are independent in dressing, with 2% requiring extensive assistance.

41% of residents are ambulatory and do not need any staff assistance, 68% use a walker or cane, and 12% use a wheelchair.

91% of residents are independent in transferring and 86% are independent with toileting.

63% of residents need assistance with bathing.

Basic Care Average Costs and State Reimbursement Rates

\$	SFY 2018	SFY 2019	SFY 2020	SFY 2021	SFY 2022	SFY 2023	SFY 2024
Average Cost	\$121.64	\$130.52	\$124.52	\$133.92	\$149.25	\$167.29	\$247.89
Average Rate	\$117.13	\$123.80	\$122.83	\$129.12	\$137.56	\$161.25	\$164.76
Difference	-\$4.51	-\$6.72	-\$1.69	-\$4.80	-\$8.69	-\$6.04	-\$83.13

2023-2024 Basic Care Payment Study

- ▶ The study was intended to address:
 - How property would be reimbursed.
 - The process of establishing annual inflationary adjustments.
 - Determine how the operating margin should be calculated.

NDLTCA Members' Proposed Solutions



1. Implement Annual Inflaters

For the rate year beginning July 1, 2025, the department shall increase rates and limits **four** percent for inflation. For the rate year beginning July 1, 2026, the department shall increase rates and limits **three** percent for inflation.

Estimated Cost: \$2.72 million additional state general funds

2. Continue the \$5/Day Add-On for Basic Care

The Department shall provide a rate increase in the amount of **five** dollars per day for the period beginning July 1, 2025 and ending June 30, 2027.

Estimated Cost: \$2.68 million for the biennium in state general funds.

3. Expand the 3% Operating Margin Across All Rate Components

For the rate year beginning July 1, 2025, the department shall provide an operating margin of **three** percent based on all the rate components except property.

Estimated Cost: \$1.12 million of state general funds for the biennium.

Thank you

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