

To whom it may concern,

Prior to entering treatment I lived a life consumed with alcohol and drugs, where a day could not go by without getting high or drunk which led me to end up doing things negative things to get my drugs. I've been addicted to drugs and alcohol since I was 15 years old. My addiction forced me to fee my addiction, which led to joining a gang and selling drugs. I learned these behaviors from watching my father steal cars and sell drugs from a young age. I didn't see the harm in these things, it was all I knew, and I didn't realize where these behaviors would take me in life. I chose drugs over my children and their mothers over and over. Living with my addiction and trying to become a man was one of the toughest parts of my life. My mother told me I needed to move so I came to North Dakota, within months I was right back to drinking and using. I lost my job and went back to finding ways to feed my addiction. I ended up losing my kids, my wife, my housing, and started pushing everyone who loved me and wanted me to get help away. I ended up in jail facing four felonies on November 7, 2023 and was looking at up to 25 years in prison at the age of 29. I was truly beat in life and was over the way I was living. I reached out to a fellow inmate for help with my drug problem. He told me to ask for an evaluation, through that I learned about the SUD Voucher program. When I was accepted into this program the only place that would take me was Providence House. I waited for two months for the courts to let me go get help. On February 29, 2024 I started my treatment at Providence and I quickly realized there was a way to break free from my addiction. With the help of my counselors and a 12-step program I started to learn how to live a life without using drugs or drinking alcohol. After I completed my residential program I knew I needed more time in treatment. With the help of the recovery housing program I was able to move into Endeavor Sober Living and step down to a day treatment program at Providence. I was able to get a sponsor and started working the steps every other week. I then gained employment in the community and started night programming in a lower level of care. I started to learn responsibilities in life and how to live the right way in life. Over the last year I worked through the 12 steps and continued with treatment and successfully graduated treatment. I still reside in sober living, I am sponsoring other people in the program and give back to the community regularly. My life today has changed 100%. The way I look at life is completely different now also. I have my family back and not a day goes by that I think about using or drinking. I have made the decision to stay in the Watford area and bring my family here. I have been offered a job at Providence that will allow me to stay involved and help the new guys coming into the program. The decision to change is the best choice I have ever made in my life. Thanks to Providence, Endeavor, the SUD Voucher program, and the Recovery Housing Program I have been given the opportunity to change my life and help others find hope in recovery.

Sincerely,

Timothy Mitchell