

North Dakota Senators and Representatives,

My name is Hudson Sobolik and I am 14 years old. I live every day with Type 1 Diabetes. My brother Trygg was diagnosed in March of 2022 at the age of 7 years old. In 2023, my mom discussed doing a risk screening for diabetes for our family since Trygg has diabetes. The boxes came and I was very nervous to poke my finger and give a vial of blood. A month after my mom sent the test results back, my mom told me that my test results were positive. I had 3 antibodies which meant that I had a 100% chance of developing Type 1 Diabetes.

In November of 2023, I completed a Glucose Tolerance Test in the hospital in Fargo. I did not pass the test and was sent to a pediatric endocrinologist at the clinic. The doctor explained that I have Type One Diabetes and that I did not do anything to cause it. I was sent home with a continuous glucose monitor. I eventually started on insulin - long acting and short acting. Multiple shots a day, one before bed and one before every meal or snack. I am constantly checking my continuous glucose monitor to make sure that I am in range before I eat, exercise or go to bed. Alarms go off on my phone when I am too low or too high.

I am active in Basketball and Baseball to maintain my health. I want to become a farmer some day like my dad and produce food for the world. I am worried that I will not be able to afford insulin because I might not have good insurance when I am off my parents insurance. I do not find it fair that people with diabetes have to pay hundreds of dollars for a vial of insulin that only costs \$2-\$6 to make.

I want to live a long life. Please support House Bill 1114 for the future of North Dakota.

Hudson Sobolik