



January 9, 2025

Dear Chairman Schauer and Committee Members,

On behalf of the American Diabetes Association (ADA), I write to share the ADA's support for House Bill 1114, which would cap the costs of insulin and diabetes supplies at \$25 for a 30-day supply.

The American Diabetes Association® (ADA) is the nation's leading voluntary health organization fighting to end the diabetes epidemic and helping people living with diabetes to thrive. People living with diabetes continue to face significant financial barriers when treating their disease. One in six Americans with diabetes report rationing their insulin, whether taking less than they need or skipping doses. Rationing insulin can lead to costly, disabling complications, even death. And many people with diabetes have also expressed struggling with the costs of the equipment and supplies needed for insulin administration and blood glucose monitoring.

The ADA has been leading the fight to ensure insulin is affordable for all who rely on it to live. Working with state and national partners, our work has led to 25 states and the District of Columbia enacting legislation that caps co-payments on monthly insulin as well as some states adding caps on certain diabetes supplies. ⁽¹⁾

In Colorado, a recent research study has shown that people living with diabetes have reduced their health care expenses after their cap went into effect, reducing their risk for rationing. Average out-of-pocket costs for insulin dropped by about 40 percent in the two years after the law's passage. ⁽²⁾ Annual savings were the highest for children and adults aged 18 to 34, and rural patients saw greater savings than those in non-rural areas. ⁽²⁾

We respectfully ask the committee to support passage of HB 1114 to help more North Dakotans living with diabetes. Ensuring insulin and diabetes supplies are affordable reduces the risk for rationing and the tragic complications that can result.

If you have questions, please don't hesitate to contact me at mprokop@diabetes.org.

Sincerely,

Matt Prokop
Director of State Government Affairs
American Diabetes Association

⁽¹⁾ <https://diabetes.org/tools-resources/affordable-insulin/state-insulin-copay-caps>

⁽²⁾ <https://today.tamu.edu/2024/09/06/state-insulin-price-cap-law-cuts-out-of-pocket-costs-by-40-study-finds/>