

North Dakota House of Representatives
Human Services Committee
North Dakota Legislative Assembly
600 E Boulevard
Bismarck, ND 58505

January 27, 2025

Dear Chair Ruby and Members of the House Human Services Committee:

My name is Anastassiya Andrianova. I am a 43-year old woman and the mother of a school-aged daughter. I write **in support of HB 1478** – protection for contraception, because decisions about reproductive care should be left to the patient and their medical provider, not subject to political influencing or governmental intrusion.

Others, including medical professionals, have provided testimony and evidence as to why it is important to leave medical decisions to experts; they explain, for example, that contraception is used for a variety of purposes, such as the regulation of endometriosis, peri-menopausal bleeding and hormonal regulation, and other physical and mental conditions.

Please leave the decision-making to the patient and their medical provider.

It's a basic individual liberty.

Vote DO PASS on HB 1478.

Thank you for your time and consideration.

Sincerely,
Anastassiya Andrianova, teacher, mother, and concerned ND citizen
Fargo, ND