

Chairperson Ruby and members of the Human Services Committee

I am asking you to vote yes and support HB 1478, which protects access to contraceptive health care in North Dakota. Contraceptives are essential not only for family planning but also for managing medical conditions like endometriosis, PCOS, and ovarian cancer. As a healthcare provider, my clinic and I serve women with these diseases every day, witnessing firsthand how vital contraceptive access is for their health and quality of life.

HB 1478 ensures individuals can access contraception, receive accurate information, and make informed decisions with their providers—free from unnecessary restrictions. It also prevents state agencies from enacting policies that limit access to essential reproductive care, safeguarding personal health and autonomy. I urge you to vote in favor and support the well-being of North Dakotans.

Thank you for your time.

Dr. Tara Harding