## House Human Services January 28, 2025 HB 1478 - Testimony in Support

Chairman Ruby and members of the Committee,

My name is Shannon Krueger and I am writing in support of HB 1478.

I am a lifelong resident of North Dakota. I've raised two beautiful children here. But having children came with complications. Each delivery resulted in a c-section, an extended hospital stay, and/or time in the ICU. I came close to not surviving the birth of my second child. My doctor at the time encouraged me to continue the prescribed birth control pills to avoid another potentially dangerous delivery.

Prior to having children, I was prescribed birth control pills to help control heavy and painful menstruation (see attached letter). The severe cramps and the heavy flow were excruciating. Without the medication, my periods were unbearable.

Oral contraceptive pills have played a valuable role in my life—and my children's. I do not know if I could have survived a third pregnancy. Everyone should have the freedom to make these life-changing medical decisions with their healthcare providers—and without unnecessary government overreach. Protecting our rights and reproductive freedom benefits everyone. I urge you to support HB 1478.

Thank you.



## HEALTH CENTER -MEDICAL ARTS

December 12, 2018

Shannon Krueger 223 Souris Drive Minot, ND 58701

RE: Shannon Krueger

DOB: MRN:

To Whom It May Concern:

Shannon is currently on combination OCP therapy for the management of menorrhagia and dysmenorrhea. She is doing well on this regimen and I am requesting that you continue coverage of this medication for medical necessity.

If you have any other questions or concerns, please feel free to call my office.

gdell, mo

Warm regards,

HEATHER BEDELL, MD

HB/1003