

To whom it may concern,

Please accept this written statement with an open heart and clear mind. We do not want to infringe on a woman's body to choose whether she is able to receive a medical act or not. That is not your decision, that is not my decision, that is solely up to the woman and her medical doctor's advice. Please think rationally on the ramifications of this bill and what that would mean for the health and safety of the woman in the state of North Dakota. Many will move away, jobs will disappear, birth rates will go down; people do not want to live in a state where they do not have a choice on **their own body**. Please have some compassion and empathy when thinking about who this will affect. Please start working on important issues at hand and stop wasting time spent on taking away women's rights and the rights of LGBTQ+ people. They are human like us, they are North Dakotans like us, so let them live their lives just like you and I. Once again, I hope you seriously listen and read every written statement. These are humans' sharing life experiences with you. These things are important to people all over the state of North Dakota. Why do you think you have a higher authority of what they should do with their own bodies? Would you want people to determine what you can do to your own body? The food you put into it? The alcohol, nicotine, caffeine, etc that many North Dakotans put daily into their bodies? If not, then why do we want to infringe on a woman's right to **their own body**?

Thank you for your time.

Karson Spiess