

I write to support the bill to end water fluoridation in the state.

The U.S. District Court of the Northern District of California ruled in September that fluoridation poses an “unreasonable risk” to children. Senior Judge Edward Chen said the level of fluoridation currently considered optimal in the U.S. must be investigated by the Environmental Protection Agency after evidence was presented that fluoride is associated with reduced IQ levels in children and is hazardous at dosages very close to the level found in drinking water in the U.S.

Credible research shows fluoride is effective at strengthening teeth against decay when applied topically. There is, however, no research that shows INGESTION of fluoride is effective in tooth protection. Instead, many studies confirm the risk to IQ levels through ingestion of the chemical.

Here is a collection of studies and other research showing the harm we are causing children through fluoridation:

<https://jamanetwork.com/journals/jamapediatrics/fullarticle/2828425>

Most European countries including Italy, France, Germany, Sweden, Netherlands, Austria, Hungary, and Switzerland do not fluoridate water.

To reiterate: topical application of fluoride such as through a fluoride treatment at a dentist’s office is proven effective at reducing tooth decay, but ingestion of the chemical carries health risks, especially to children, that are not worth taking.

Thank you.