2/12/2025

Dear Chairman Ruby and Committee Members,

I am Andy McLean, a physician specializing in psychiatry with public health training, born and raised in rural ND. I have practiced in ND the majority of my career and currently am in academic medicine. I am writing as a private citizen, representing only myself.

There is disagreement around the benefits of obtaining Vitamin D levels and subsequent supplementation. This is due in part to standards historically being tied to bone health, as well as interpretations of causal, rather than associative relationships with other illnesses. Viewed appropriately, HCR 3014 affords the opportunity for increasing awareness of Vitamin D deficiencies in relation to other conditions and hopefully leads organizations to advance science through robust research for the benefit of our citizens.

Thank you for the opportunity to provide this written testimony.

Yours Truly,

And N.M.Z

Andrew J. McLean, MD, MPH