

Providing free school lunches for all students is a powerful investment in the health, dignity, and success of our children. No child should have to learn while hungry or feel singled out because of their family's financial situation. Universal free meals ensure that every student begins the school day with the nourishment they need to focus, grow, and thrive.

When meals are free for everyone, stigma is removed. Children are not labeled or separated based on income, and families who may be struggling quietly are supported with dignity. Free lunches also reduce administrative burdens for schools, allowing staff to focus more time and energy on educating and caring for students rather than managing paperwork and eligibility requirements.

Research and experience consistently show that well-nourished students have better concentration, improved behavior, higher attendance, and stronger academic outcomes. In addition, free meals support working families who are facing rising costs for housing, food, and childcare, even if they do not qualify for traditional assistance programs.

At its core, offering free lunches to all students reflects our shared responsibility to care for children and support their well-being. When we ensure that every child is fed, we create stronger schools, healthier communities, and a more equitable future for all.

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