

Kratom changed my life for the better. I have always dealt with anxiety and depression but 8 years ago my depression went to a new low and I drank alcohol to cope but kept sinking lower. I was in an awful dark place ,not knowing how to get out, contemplating taking my own life .Then someone mentioned Kratom. I was skeptical and have never liked taking new things but I read it was a natural plant substance and I was desperate so I gave it a try. From the first time I took it , it was like I could breathe again . I stopped drinking. I started working again, running again, smiling again. I started LIVING again. I cry just thinking about the relief it gives me from my anxiety and depression. It helped me turn my life around. I credit

Kratom for how far I've come , and for helping me to conceive and have my beautiful daughter. If I was still drinking there would be no way I would have been healthy enough to have her and care for her . My health and happiness has never been better , and that's all thanks to Kratom. It has saved countless lives and I'm blessed to say I am one of those lives . It scares me to think of what it would do to my mental health and quality of life it were not available. The power of this plants ability to positively change people's lives needs to be noticed and appreciated.

Thank you for taking time to read my testimony!