



COMMUNITY OF CARE

Rural Cass County

Community of Care's goal is to "enhance the quality of life for rural Cass County seniors in order to keep them in the homes and communities they love as long as safely possible"

NORTH DAKOTA RESIDENTS OVER 65

- 133,316 residents 65 and older live in North Dakota (source: ND Compass)
 - Of those residents, 17,535 are 85+ (source: ND Compass)
- **Projected 8.2% increase by 2030** (source: ND Plan on Aging)
- 4,097 residents 65+ in rural Cass County (source: US Census Quick Facts)
 - **Projected increase is 4,433 rural Cass residents 65+ in 2030**
- In 2024, the 65+ group represents 18% of rural Cass County population

2024 NURSING HOME COST STATISTICS

- **\$147,164 per year** - average cost of a nursing home in North Dakota (source: ND Dept. Human Services)
- \$21,393 per year - Average Social Security Benefit in North Dakota (source: AARP)
- **\$124,571 per year** - average Cost of Private Pay or Medicaid Payment per nursing home resident (after Social Security and \$100/month personal care allowance for nursing home)

2023 SUMMARY OF COMMUNITY OF CARE SERVICES

- 4,989 Client Service contacts
- 653 individual clients served
- 7,227 miles driven & 339 hours of service providing transportation to medical appointments – 147 rides provided by 45 transportation volunteers
- 258 additional volunteers served as Board members, Health Cabinet, Medicare Part D drug plan enrollments, Bone Builder class leaders, fundraising committees, blood pressure screenings, health screening fair, newsletters, spring clean-up, etc.
- 370 clients served during Medicare Part open enrollment. Total savings was \$573,870 or an average of \$1,551/client



Myrna Hanson, *Executive Director*
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701/347-0032

www.communityofcarend.com



ALL SERVICES PROVIDED FREE-OF-CHARGE

ONE STOP SERVICE CENTER

- Care Coordination
- Assistance with paperwork (fuel & food assistance, etc.)
- Medicare Part D drug plan enrollment
- Advance Care Plans
- Referrals & information
- Socialization

VOLUNTEER PROGRAM

- Transportation to medical appointments
- Minor Home Repair, Yard Work, Friendly Visits, etc.

FAITH COMMUNITY NURSE PROGRAM

- Preventative Care
- Health Counseling, Referrals & Education
- Exercise Programs
- Blood Pressure Screenings
- Advance Care Plans

HOMES IN RURAL ND

The homes of many older adults living in rural North Dakota are:

- Potentially difficult to sell. If they are able to sell their home, the proceeds will be depleted quickly in paying for an assisted living facility or nursing home
- A significant percentage of older adults in rural communities are renters with no home equity
- Residents who are unable to pay for their care become part of the Medicaid roles



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