

March 21, 2025

I am opposed to this bill as presented. As someone who works in parks and recreation, staying on standard time would have a negative affect on recreational activities in the summer months. We currently schedule a lot of activities, youth and adult, that rely on the later sunsets in order to allow us to get everyone scheduled. With the sun setting an hour earlier, we may have to limit the number of people who can participate. We are unable to start these programs earlier as parents, kids, and other adults work during the day. I also see no benefit to a sunrise at 4am. There is a great benefit to the active Bismarck community with the later sunset.

On a personal note, I love our summers in North Dakota. I love the 5am sunrises and 10pm sunsets. I feel it makes up for the horrendous winters we often endure. A 4am sunrise and 9pm sunset would have a detrimental impact on me personally. I don't mind the time change, even if it takes a couple days to get used to, and I would prefer to continue with established practice.

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