

March 27, 2025

**Senate State and Local Government Committee
North Dakota State Capitol
600 E Boulevard Ave
Bismarck, ND 58505**

Madam Chair and Members of the Senate State and Local Government Committee,

For the record, my name is Ryan Skor, and I reside in northeast Bismarck in the northern portion of District 8. I would like to express my strong opposition to House Bill 1259. HB 1259 proposes to eliminate daylight savings time in North Dakota. As a parent of two school-age children and a member of a household where both parents work full-time, I believe this change would be detrimental to families like ours who cherish outdoor activities, especially in the summer when the weather is as good as it gets here in the great state of North Dakota.

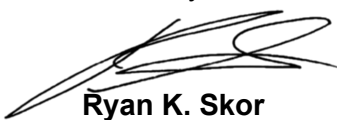
The current observation of daylight savings time provides an extra hour of daylight during the evening, which is crucial for working families with children. After a full day at work, this additional daylight allows us to spend precious time outdoors with our families, engaging in activities that promote physical health, mental well-being, and family bonding. Whether it's playing sports, going for a walk, gardening, doing yardwork, or simply enjoying the fresh air, this hour of evening daylight is invaluable and not something that would be replaced by an extra hour of daylight before the workday starts.

Eliminating daylight savings time would mean losing an hour of daylight after 5pm, significantly reducing the time we have to participate in these outdoor activities. For families with adults and children involved in outdoor activities, this change would disrupt our routines and negatively impact our quality of life. When considering the time spent at the baseball diamonds, golf courses, sand volleyball courts, or even our own backyards, the evening hours are often the only opportunity we have to spend time outdoors unwinding and connecting with our friends and loved ones. I feel taking away this opportunity would be a disservice to the hardworking families of North Dakota.

I urge you to consider the impact this bill would have on families and to recommend a Do Not Pass on HB 1259. Preserving daylight savings time is essential for maintaining the well-being and happiness of our community.

Thank you for your attention to this matter.

Sincerely,



Ryan K. Skor
Bismarck, ND