

**FISCAL NOTE**  
**Requested by Legislative Council**  
**12/21/2018**

Bill/Resolution No.: HB 1034

- 1 A. **State fiscal effect:** *Identify the state fiscal effect and the fiscal effect on agency appropriations compared to funding levels and appropriations anticipated under current law.*

	2017-2019 Biennium		2019-2021 Biennium		2021-2023 Biennium	
	General Fund	Other Funds	General Fund	Other Funds	General Fund	Other Funds
Revenues						
Expenditures						
Appropriations						

- 1 B. **County, city, school district and township fiscal effect:** *Identify the fiscal effect on the appropriate political subdivision.*

	2017-2019 Biennium	2019-2021 Biennium	2021-2023 Biennium
Counties			
Cities			
School Districts			
Townships			

- 2 A. **Bill and fiscal impact summary:** *Provide a brief summary of the measure, including description of the provisions having fiscal impact (limited to 300 characters).*

This bill allows the department to establish guidelines for long-term care service providers to deliver home and community-based services (HCBS). We do not expect a fiscal impact, authority exists within rate setting administrative code for nursing facility and basic care providers to provide HCBS.

- B. **Fiscal impact sections:** *Identify and provide a brief description of the sections of the measure which have fiscal impact. Include any assumptions and comments relevant to the analysis.*

HB1034 has no fiscal impact.

3. **State fiscal effect detail:** *For information shown under state fiscal effect in 1A, please:*

- A. **Revenues:** *Explain the revenue amounts. Provide detail, when appropriate, for each revenue type and fund affected and any amounts included in the executive budget.*

- B. **Expenditures:** *Explain the expenditure amounts. Provide detail, when appropriate, for each agency, line item, and fund affected and the number of FTE positions affected.*

- C. **Appropriations:** *Explain the appropriation amounts. Provide detail, when appropriate, for each agency and fund affected. Explain the relationship between the amounts shown for expenditures and appropriations. Indicate whether the appropriation or a part of the appropriation is included in the executive budget or relates to a continuing appropriation.*

**Name:** RObrigewitch

**Agency:** Human Services

**Telephone:** 328-4585

**Date Prepared:** 01/03/2019

**2019 HOUSE HUMAN SERVICES**

**HB 1034**

# 2019 HOUSE STANDING COMMITTEE MINUTES

## Human Services Committee Fort Union Room, State Capitol

HB 1034  
1/7/2019  
30467

- ☐ Subcommittee  
☐ Conference Committee

Committee Clerk: Elaine Stromme by Marjorie Conley
--

### Explanation or reason for introduction of bill/resolution:

A BILL for an Act to require the department of human services to establish guidelines for long-term care services providers to deliver home and community-based services.

### Minutes:

Attachment 1-2-3
------------------

**Vice Chairman Rohr:** Opened the hearing on HB #1034.

**Brady Larsen, Legislative Council:** This bill provides for Department of Human Services to establish guidelines for long term care facilities to deliver home and community based services to allow individuals to remain in their homes and communities.

**Vice Chairman Rohr :** Are there any questions for Mr. Larsen?

**Shelly Peterson, President of the North Dakota Long Term care Association:**  
(Testimony #1 & 2 1:44-5:58) Testifying in support of bill #1034.

**Vice Chairman Rohr:** Are there any questions for Ms.Peterson?

**Representative Devlin:** Questioned which percentages were correct for discharges.

**Shelly Peterson:** The percentages are considered high as we are considered a very rural state. These percentages are for people being discharged to go home.

**Vice Chairman Rohr:** Any further questions for Ms. Peterson?

**Vice Chairman Rohr:** Anyone else here to testify in support of HB#1034?

**Kim Jacobson, Director of Agassiz Valley Social Services District: (** Testimony # 3 8:23 – 9:12) Testifying in support of HB#1034.

**Vice Chairman Rohr:** Any questions for Mrs. Jacobson?

House Human Services Committee

HB1034

1/7/2019

Page 2

No opposition to the HB#1034.

**Vice Chairman Rohr:** Closed the hearing on HB#1034.

# 2019 HOUSE STANDING COMMITTEE MINUTES

## Human Services Committee Fort Union Room, State Capitol

HB 1034  
1/8/2019  
No Recording

- ☐ Subcommittee  
☐ Conference Committee

Committee Clerk: Elaine Stromme by Marjorie Conley
--

### Explanation or reason for introduction of bill/resolution:

A BILL for an Act to require the department of human services to establish guidelines for long-term care services providers to deliver home and community-based services.

### Minutes:

--

**Vice Chairman Rohr:** Opened the hearing on HB #1034. Is there any further discussion?  
Seeing none.

**Rep Devlin:** Made a motion to Do Pass HB#1034.

**Rep Schneider:** Seconded the motion to Do Pass HB#1034.

A roll call vote was taken: Yes 11 No 0 Absent 3. Do Pass carries.

**Rep. Tveit** will carry HB#1034.

Date: 1-8-19  
Roll Call Vote #: 1

2019 HOUSE STANDING COMMITTEE  
ROLL CALL VOTES  
BILL/RESOLUTION NO. 1034

House Human Services Committee

☐ Subcommittee

Amendment LC# or Description: \_\_\_\_\_

Recommendation: ☐ Adopt Amendment  
☒ Do Pass ☐ Do Not Pass ☐ Without Committee Recommendation  
☐ As Amended ☐ Rerefer to Appropriations  
☐ Place on Consent Calendar  
Other Actions: ☐ Reconsider ☐ \_\_\_\_\_

Motion Made By Rep Devlin Seconded By Rep Schneider

Representatives	Yes	No	Representatives	Yes	No
Robin Weisz - Chairman	<u>A</u>		Gretchen Dobervich	<u>✓</u>	
Karen M. Rohr - Vice Chairman	<u>✓</u>		Mary Schneider	<u>✓</u>	
Dick Anderson	<u>✓</u>				
Chuck Damschen	<u>✓</u>				
Bill Devlin	<u>A</u>				
Clayton Fegley	<u>A</u>				
Dwight Kiefert	<u>✓</u>				
Todd Porter	<u>✓</u>				
Matthew Ruby	<u>✓</u>				
Bill Tveit	<u>✓</u>				
Greg Westlind	<u>✓</u>				
Kathy Skroch	<u>✓</u>				

Total (Yes) 11 No 0

Absent 3

Floor Assignment Rep. Tveit

If the vote is on an amendment, briefly indicate intent:

**REPORT OF STANDING COMMITTEE**

**HB 1034: Human Services Committee (Rep. Weisz, Chairman)** recommends **DO PASS**  
(11 YEAS, 0 NAYS, 3 ABSENT AND NOT VOTING). HB 1034 was placed on the  
Eleventh order on the calendar.



**2019 SENATE HUMAN SERVICES**

**HB 1034**

# 2019 SENATE STANDING COMMITTEE MINUTES

**Human Services Committee**  
Red River Room, State Capitol

HB 1034  
3/11/2019  
Job # 33475

☐ Subcommittee  
☐ Conference Committee

Committee Clerk: Justin Velez
-------------------------------

## Explanation or reason for introduction of bill/resolution:

A Bill for an Act to require the department of human services to establish guidelines for long-term care services providers to deliver home and community-based services.

## Minutes:

Attachments # 1-2
-------------------

**Madam Chair Lee opens the hearing on HB 1034.**

**(00:22-01:12) Senator Hogan, District 21.** Introduces HB 1034 and provides testimony. Please see **Attachment #1** for written testimony.

**(01:50-05:17) Shelly Peterson, President of the North Dakota Long Term Care Association.** Testifying in support of HB 1034. Please see **Attachment #2** for written testimony.

**(06:00) Leanne Field, DHS**

**Madam Chair Lee:** Can we just talk about if you see any barriers?

**Leanne Field:** We do already have flexibility in our admin rules to allow with some of this so with each facility, they are unique in the services they provide and home and community based services that they would like to provide. This will probably be handled on individual cases and going through each one.

**Madam Chair Lee:** I see this as kind of a partnership so it is a soft handoff when someone is coming home?

**Leanne Field:** We would come in and make sure that for those home and community based services that a nursing would want to provide that they are not negatively impacted in the nursing rate setting.

**Madam Chair Lee:** It would helpful all around if there is some guidance for the facilities that are offering home and community based services as well.

**Leanne Field:** yes

**Senator O. Larsen:** Will PACE be worked together or will these guidelines leave them out?

**Leanne Field:** With PACE we don't pay the nursing facility then so we don't have any insight on what services they are providing. This is for the individuals not in the PACE program.

**Madam Chair Lee:** Any further questions? If not, thank you.

**Madam Chair Lee closes the hearing on HB 1034.**

# 2019 SENATE STANDING COMMITTEE MINUTES

**Human Services Committee**  
Red River Room, State Capitol

HB 1034  
3/11/2019  
Job # 33479 (28:40-29:45)

☐ Subcommittee  
☐ Conference Committee

Committee Clerk: Justin Velez
-------------------------------

## Explanation or reason for introduction of bill/resolution:

A Bill for an Act to require the department of human services to establish guidelines for long-term care services providers to deliver home and community-based services.

## Minutes:

No Attachments
----------------

**Madam Chair Lee opens the discussion on HB 1034.**

**Senator K. Roers:** I move a **DO PASS** on HB 1034.  
**Seconded by Senator O. Larsen**

## ROLL CALL VOTE TAKEN

**5 YEA, 0 NAY, 1 ABSENT**

**MOTION CARRIES DO PASS**

**Senator Hogan will carry HB 1034 to the floor.**

**Madam Chair Lee:** We will leave the vote open for Senator Clemens

**Madam Chair Lee closes the discussion on HB 1034.**

**(Job # 33492)** Senator Clemens votes **YEA** on **DO PASS** motion for HB 1034.

Final vote is **6 YEA, 0 NAY, 0 ABSENT.**  
**MOTION CARRIES DO PASS.**

Date: 3/14/19  
Roll Call Vote #: 1

2019 SENATE STANDING COMMITTEE  
ROLL CALL VOTES  
BILL/RESOLUTION NO. 1034

Senate Human Services Committee

☐ Subcommittee

Amendment LC# or Description: \_\_\_\_\_

Recommendation: ☐ Adopt Amendment  
☒ Do Pass ☐ Do Not Pass ☐ Without Committee Recommendation  
☐ As Amended ☐ Rerefer to Appropriations  
☐ Place on Consent Calendar  
Other Actions: ☐ Reconsider ☐ \_\_\_\_\_

Motion Made By Sen. K. Roers Seconded By Sen. O. Larsen

Senators	Yes	No	Senators	Yes	No
Sen. Judy Lee	X		Sen. Kathy Hogan	X	
Sen. Oley Larsen	X				
Sen. Howard C. Anderson	X				
Sen. David Clemens	X				
Sen. Kristin Roers	X				

Total (Yes) 6 No 0

Absent 0

Floor Assignment Hogan

If the vote is on an amendment, briefly indicate intent:

**REPORT OF STANDING COMMITTEE**

**HB 1034: Human Services Committee (Sen. J. Lee, Chairman)** recommends **DO PASS** (6 YEAS, 0 NAYS, 0 ABSENT AND NOT VOTING). HB 1034 was placed on the Fourteenth order on the calendar.

**2019 TESTIMONY**

**HB 1034**

**Testimony on HB 1034**  
**House Human Services Committee**  
**January 7, 2019**

HB 1034/  
#1  
page 1  
1-7-19

Good afternoon Chairman Rohr and members of the House Human Services Committee. My name is Shelly Peterson, President of the North Dakota Long Term Care Association. We represent 214 basic care, assisted living and nursing facilities. I am here to testify in support of HB 1034.

HB 1034 mandates the Department of Human Services to establish guidelines for long term care providers to deliver home and community based services to help individuals remain within their homes and communities. We welcome this legislation and the opportunity to better serve individuals outside the walls and confines of our buildings. Today 48% of North Dakota nursing home residents are discharged back home or to a lower level of care.

Today, residents range in age from one just celebrating her first birthday, to another woman celebrating her 114<sup>th</sup> birthday. The average age of a resident is 86.5 years old. Last year, seventy of the eighty nursing homes discharged 6,318 individuals. There are 5,963 licensed nursing home beds, so we are admitting and discharging a large number of individuals every year.

We are serving a very old population. According to CMS data, in 2018, North Dakota nursing facilities held the highest record for caring for the 85 to 94 age group at 45.8%, compared to the US average of 31.3%. We



have the second highest percentage of residents age 95 and older at 8.74% compared to the US average of 5.15%.

HB# 1034  
# 1  
1-11-2019  
page 2

The greatest barrier we have identified for nursing facilities to cost effectively deliver home and community based services are DHS rules on allocation of space and personnel. As an example, if your nursing home wants to provide home delivered meals, it is not just a simple establishment of a fair and reasonable price, but a very prescriptive process of allocating expenses between those in the facility and those receiving home delivered meals. This allocation process makes the cost of the meal very expensive and unaffordable. We have identified this and other barriers to DHS and they have identified two facilities to work through these issues, with the hope that statewide guidelines will be published to help all consider home and community based services. We welcome this opportunity and will continue to work with DHS to expand options to all North Dakotans.

One of our barriers in discharging residents to home is the reluctance and fear of families. Sometimes it is the first time they can relax and feel confident someone is there to provide 24 hour care. They can sleep through the night, not having to constantly be attending to their loved ones. Families do a tremendous job, many becoming exhausted and overwhelmed, even with the support of services within their homes. Coordinating and worrying about the caregiver showing up or getting sick appears to be a constant worry. Just think of the possibilities if when we discharge home, their caregiver goes with them, we help coordinate their care and offer respite when they feel overwhelmed.

In closing, we support HB 1034 and the greater opportunities to serve the frail and disabled population at home and within our communities.

Before I leave the podium, I want to share with you, hot of the press, our 2019 Facts and Figures Booklet. If you have any questions, I would be happy to answer them.

Shelly Peterson, President  
North Dakota Long Term Care Association  
1900 North 11<sup>th</sup> Street  
Bismarck, ND 58501  
(701) 222-0660

HB 1034  
1-7-19  
#2 2019



## North Dakota Long Term Care **FACTS & FIGURES**



**North Dakota  
Long Term Care**  
ASSOCIATION

1900 North 11th Street, Bismarck, ND 58501  
(701) 222-0660 • [www.NDLTCA.org](http://www.NDLTCA.org)

# About NDLTCA



## About the North Dakota Long Term Care Association

The North Dakota Long Term Care Association (NDLTCA) is a non profit trade association representing long term care facilities in North Dakota. Membership includes nursing facilities, basic care facilities, and assisted living facilities. NDLTCA began operating in 1977 and currently represents 214 nursing, basic care, and assisted living facilities. NDLTCA works closely with State and Federal government agencies along with other professional associations in its efforts to advocate on behalf of long term care and promote sound legislative and regulatory policies. NDLTCA is an affiliate of the American Health Care Association (AHCA) and the National Centers for Assisted Living (NCAL). AHCA and NCAL, located in Washington, D.C., are the largest organizations of long term care facilities in the nation. NDLTCA is governed by a 14 member Board elected by the membership. Overall policy of the NDLTCA is the responsibility of the Board. NDLTCA is dedicated to serving our members who strive to maintain the highest quality of care for the elderly and disabled.

## Mission Statement

The North Dakota long Term Care Association is a professional association of long term care and community service providers who enhance the lives of people we serve thorough collaboration, education and advocacy.

## Vision Statement

The North Dakota Long Term Care Association is recognized as an innovative leader and pioneer in the continuum of care, which has a positive impact on the quality of life of those we serve.

## Core Values

- Competence
- Honesty
- Integrity
- Responsiveness
- Trust

## Table of Contents

Introduction .....	1	Basic Care Facts .....	10-13
Long Term Care Facts .....	2-3	NDLTCA Members & Map – Basic Care .....	14-15
Assisted Living Facts .....	4-7	Nursing Facility Facts .....	16-19
NDLTCA Members & Map – Assisted Living .....	8-9	NDLTCA Member & Maps – Nursing Facilities .....	20

**RESOURCES** Most of the information provided in this publication was gathered from a comprehensive survey of assisted living, basic care and nursing facility members, completed in the Fall of 2018. Additional information was gathered from the US Census Bureau - July 2015, NDSU Extension Service, Spring 2017, ND State Department Business Data, Nursing Facility cost reports and Pinnacle Quality Insight.

# Introduction



## Greetings to All

The North Dakota Long Term Care Association (NDLTCA) is pleased to bring to you the 2019 Facts & Figures booklet. This publication provides information about the long term care profession, the challenge of caring for aging North Dakotans, and issues facing long term care. This publication is designed to give legislators, association members, and the public an overview of long term care in North Dakota. The biggest challenge continues to be staffing, with finances the second area of concern.

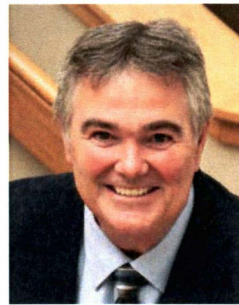
According to World Population Review, North Dakota is considered the most rural U.S. state. North Dakota today estimates 30,000 open positions, and recruiting to long term care continues to be a significant challenge. 81% of North Dakota's 53 counties are designated as health professional shortage areas. Over 80% of nursing facilities don't have sufficient staff and rely upon contract agency staff to help deliver daily residents care.

We hope you find the publication helpful. North Dakota is a great place to grow old. Over 16,000 individuals each year receive care in a basic care, assisted living or skilled nursing facility. We are proud of the outstanding care provided by long term care facilities in our state.

Sincerely yours,



*Shelly Peterson*  
President



*Craig Christianson*  
Chair



# Long Term Care Facts

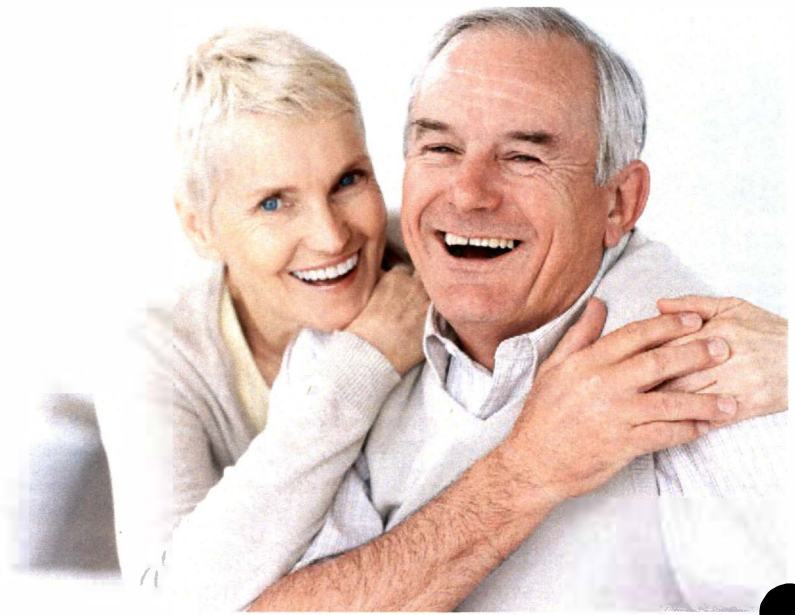
## Aging In America

The aging of America, together with extended life expectancy, will result in unprecedented demand for long term care.

Long term care services are provided in a variety of settings, including nursing facilities, basic care, assisted living, swing beds, and home and community based settings.

The nation as a whole grew as the oldest Baby Boomers became seniors. In 2015, the nation's 65+ populations surged to 47.8 million, up to 3.2%.

**1 out of 2 North Dakotans**  
will need long term care sometime during their lives



**49%** projected growth  
in North Dakota's  
population of individuals  
age 65+ by 2029

107,281  
2015

159,969  
2029

North Dakota ranks **7<sup>th</sup>**  
in the nation in highest  
proportion of individuals age 85+



Risk of requiring long term care at  
sometime in life is 50%. If you have  
a spouse, overall risk that one of you  
would need long term care is 65%

**14%**  
of North Dakota's  
population is  
made up of  
individuals 65+



# Long Term Care Facts

## Caregivers of North Dakota

- Staffing is the number one concern facing long term care facilities.
- **CNA turnover** in nursing facilities is **60%**.
- The oldest employee in long term care is **92 years old**.
- Over **four out of five** nursing facilities (82%) rely upon contract nursing staff to provide daily resident care.
- \$18.9 million was spent on contract nursing in 2018, compared to \$4.7 million in 2010.
- One-third of caregivers in long term care are age 50 or older.
- 14% of the long term care workforce is at or over the age of 60.



**61** nursing facilities reported  
**723 open positions**  
*in September 2018*



## Who Needs Care?

Long term care facilities provide care for over 16,000 North Dakotans annually.

The need for personal assistance with everyday activities increases with age.

The three top factors impacting the need for nursing home care are being a woman, being 80 or older, and living alone.

The most common reasons given for nursing home placement are the need for assistance with daily care, complex medical needs, complications due to dementia, falls and the need for constant supervision.

North Dakota has the oldest nursing home residents with 46% age 85-95 years (highest in the nation) and 8.7% over age 95 (second highest in nation).



# Assisted Living Facts

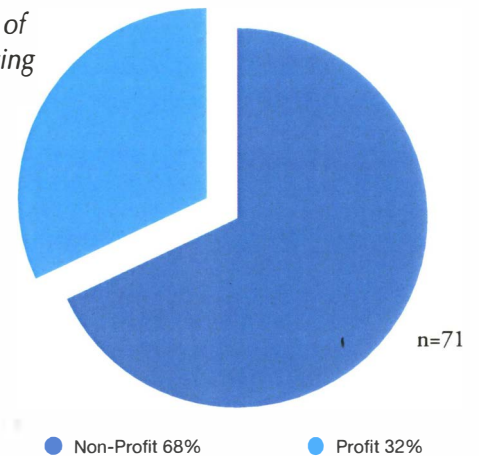
## ASSISTED LIVING AT A GLANCE

78 licensed assisted living facilities

3,143 licensed units

2018 average occupancy was **89%**  
n=33

Ownership of Assisted Living Facilities

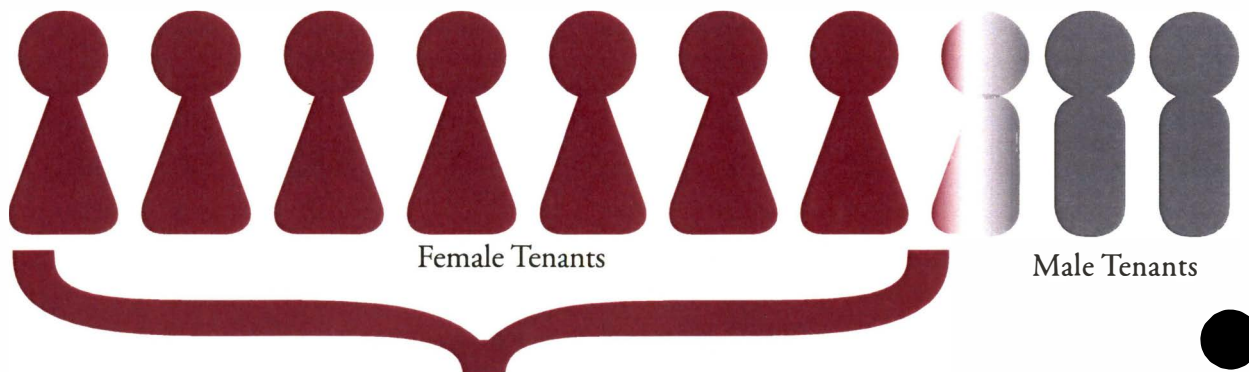


## Assisted Living Facts

- An assisted living facility is a congregate residential setting with private apartments and contracted services.
- A la carte services are contracted based upon an agreed upon service plan.
- A typical rental package includes meals, housekeeping, activities, transportation, and laundry.
- Facilities provide a full range of services from bathing to medication management to hospice care.
- Assistance with daily care, isolation and falls are the top issues precipitating the desire to move into an assisted living facility.
- Current tenants range in age from 57 to 106 with the average age being 87.



Gender of Assisted Living Residents  
n=981



**72%** of tenants in North Dakota ASSISTED LIVING are female



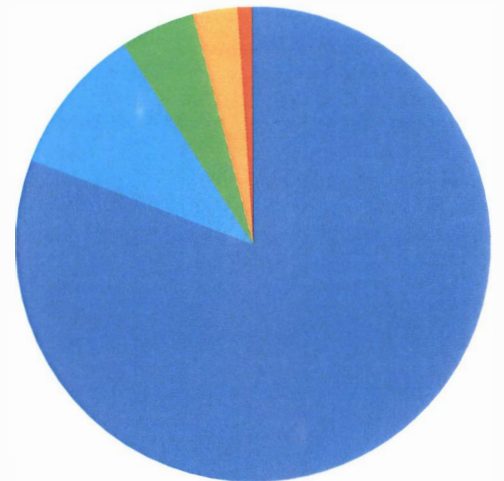
# Tenants - Moving In and Out

When individuals move into an assisted living facility,  
*where do they come from?*

Most individuals were living in their own home prior to moving into an assisted living facility. The top three reasons for assisted living move-in:

- 1) Assistance with daily care
- 2) Social Isolation/Depression
- 3) Falls

*Moving In*

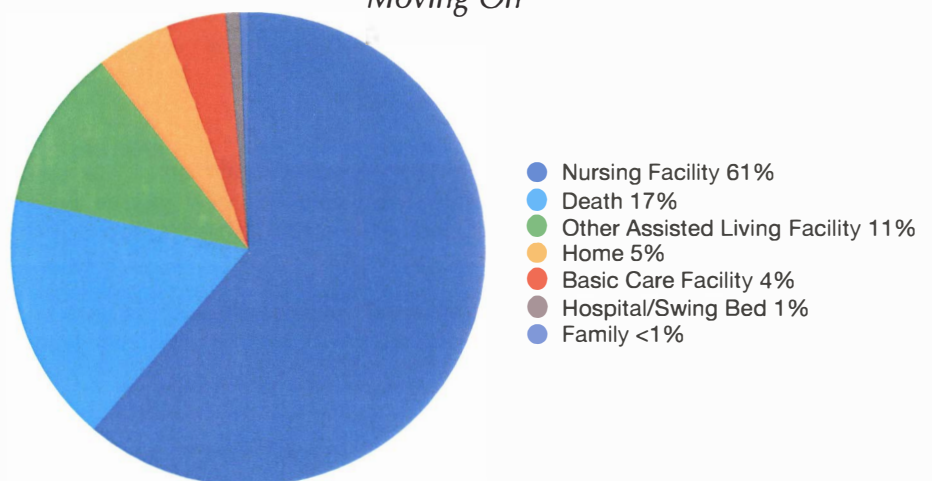


- Home 80%
- Nursing Facility 10%
- Other Assisted Living Facility 5%
- Hospital/Swing Bed 3%
- Basic Care Facility 1%

When individuals move out of an assisted living facility,  
*where do they go?*

Over 60% of tenants moving out of assisted living facilities are admitted to a skilled nursing facility. Advancing medical needs and growing cognition issues necessitate the move to a higher level of care.

*Moving On*



- Nursing Facility 61%
- Death 17%
- Other Assisted Living Facility 11%
- Home 5%
- Basic Care Facility 4%
- Hospital/Swing Bed 1%
- Family <1%

# Assisted Living Facts

## Care needs of assisted living tenants

**39%** of tenants have impaired mental status ranging from mild confusing or forgetfulness to a mental health diagnosis.

**41%** of tenants need full assistance with medication administration. These tenants on average take 11.7 over-the-counter and prescription medications daily.

**99%** of tenants are fully independent in eating, 97% independent with transferring, 94% with toileting, and 76% with dressing.

**66%** of tenants periodically use the assistance of a walker or cane.

**79%** of tenants are ambulatory (may use aids but not human assistance).

## Assisted Living WORKFORCE



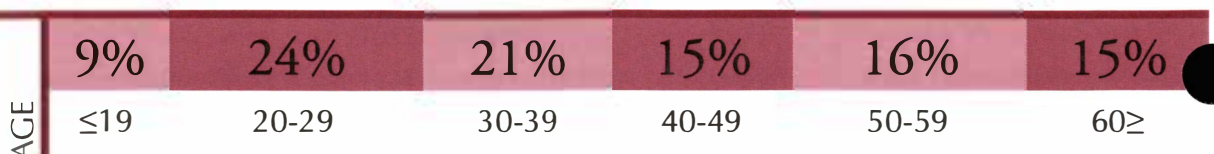
- Top issues impacting assisted living facilities are staffing and occupancy.
- 809 individuals are employed in 33 assisted living facilities.
- As of September 1, 2018, of the 33 assisted living facilities reporting nursing hours the average was 8.3 hours per day.



- Only three of 33 assisted living facilities used contract nursing staff in 2018.
- Approximately one-third (31%) of the workforce is age 50 and older, the oldest employee is 83, an dining aide.



Age of Assisted Living Workforce



n=1127

# Assisted Living Facts

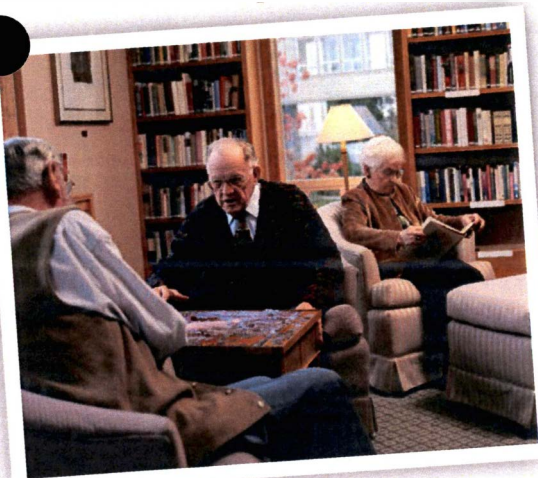
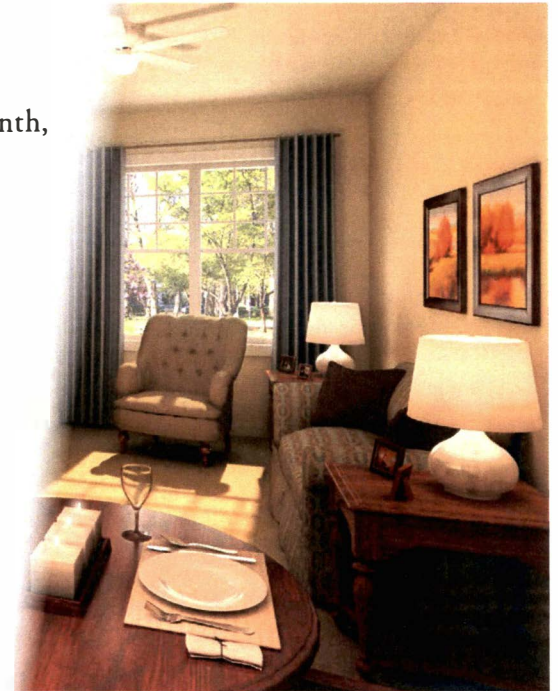
## Assisted Living COST

In 2018 the average rent in an assisted living facility was \$2,534 per month, with a range of \$625 to \$5,370 per month.

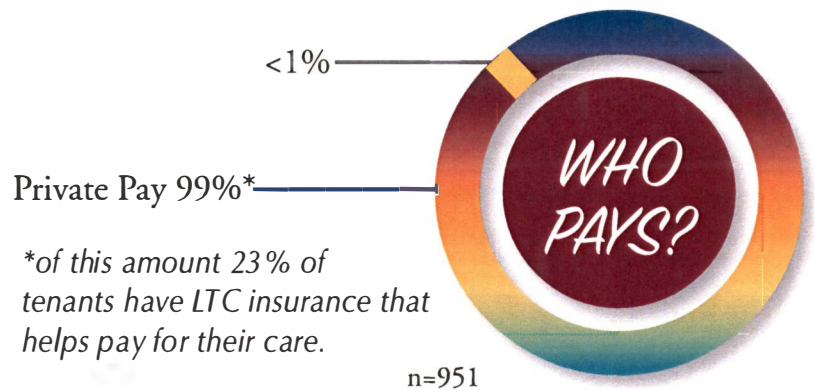
The cost for services in an assisted living facility varies dramatically, with a range of \$121 to \$4,800 per month.

The cost of assisted living is highly dependent on the size of the living space, the location in North Dakota, and the amenities in the rental package.

Most tenants pay for services from their own private funds, with long term care insurance assisting in 23% of the cases.



### Who Pays the Bill in Assisted Living Facilities?



### Assisted Living Satisfaction Survey Results

Satisfaction	No Experience	1-Poor	2-Average	3-Good	4-Very Good	5-Excellent
Overall Satisfaction (n=1051)	<1%	<1%	5%	14%	37%	41%
Quality of Staff (n=1051)	<1%	<1%	3%	11%	34%	51%
Quality of Care (n=1051)	5%	<1%	4%	10%	36%	45%
Quality of Food (n=1051)	5%	6%	18%	26%	30%	15%

*44 Assisted Living Facilities representing 1051 tenants participated in the survey October 2018*



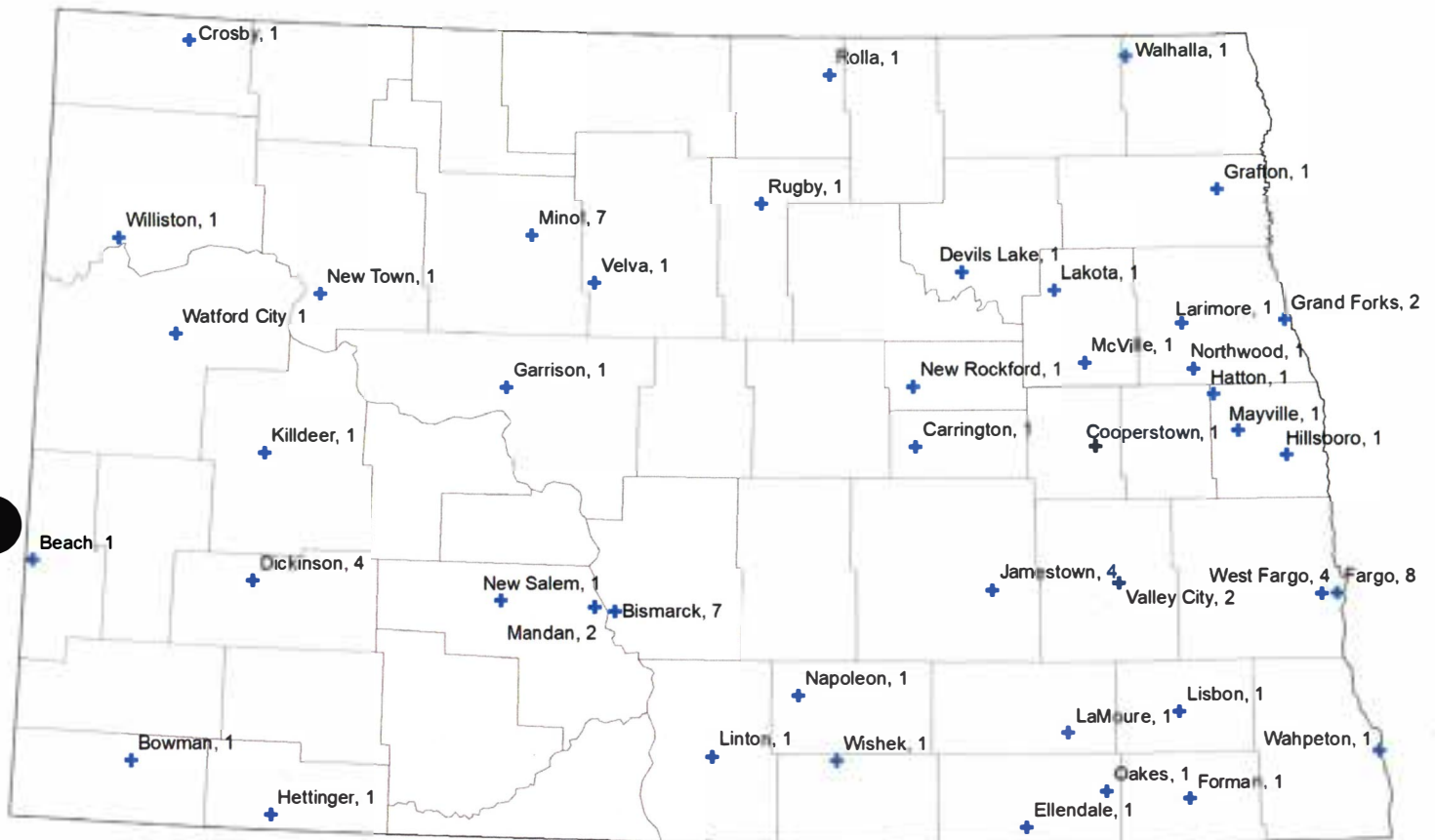
# NDLTCA Members Assisted Living

<u>City</u>	<u>Facility Name</u>
Bismarck	Augusta Place – a Prospera Community
Bismarck	Edgewood Dominion
Bismarck	Edgewood Village
Bismarck	Prairie Pointe
Bismarck	Primrose Retirement Community
Bismarck	St. Gabriel's Community
Bismarck	Touchmark on West Century
Bismarck	Valley View Heights
Bowman	Sunrise Village
Carrington	Golden Acres Estate
Cooperstown	Park Place
Crosby	Northern Lights Villa
Devils Lake	Eventide Heartland Courts
Dickinson	Benedict Court
Dickinson	Edgewood Hawks Point
Dickinson	Evergreen
Dickinson	Park Avenue Villa
Ellendale	Evergreen Place and Assisted Living
Fargo	Bethany Gables
Fargo	Bethany Towers
Fargo	Edgewood Senior Living Fargo
Fargo	Eventide Fargo
Fargo	Good Samaritan Society - Fargo
Fargo	Pioneer House Assisted Living for Seniors
Fargo	CHI Riverview
Fargo	Touchmark at Harwood Groves
Forman	Four Seasons Healthcare Center
Garrison	The Meadows
Grafton	Leisure Estates
Grand Forks	Edgewood Parkwood Place, LLC
Grand Forks	Wheatland Terrace
Hatton	Hatton Prairie Village
Hettinger	Western Horizons Assisted Living
Hillsboro	Sanford Health Comstock Corner

<u>City</u>	<u>Facility Name</u>
Jamestown	Edgewood Senior Living Jamestown
Jamestown	Eventide Jamestown
Jamestown	Heritage Centre of Jamestown, Inc.
Killdeer	Legacy Lodge
Lakota	Good Samaritan Society - Prairie Rose
LaMoure	Rosewood Court Assisted Living
Larimore	Good Samaritan Society - Larimore
Lisbon	Beverly Anne Assisted Living Center
Mandan	Edgewood Mandan
Mandan	Lakewood Landing
Mayville	Sun Center
McVile	Nelson County Health System Assisted Living
Minot	Edgewood Minot Senior Living Care
Minot	Elmcroft of Minot
Minot	ProHealth Home Care
Minot	The View on Elk Drive
Minot	The Wellington
Napoleon	Napoleon Congregate/Assisted Living Apartments
New Rockford	Heritage House
New Salem	Elm Crest Assisted Living
New Town	Lakeside Community Living Center
Northwood	Northwood Deaconess Health Center
Oakes	Good Samaritan Society - Royal Oakes
Rugby	Haaland Estates - Assisted Living
Valley City	The Legacy Place
Velva	Valley View Manor
Wahpeton	Siena Court
Walhalla	North Border Estates
Watford City	Horizon Assisted Living
West Fargo	Eventide at Sheyenne Crossings
West Fargo	Kind-er Care
West Fargo	New Perspective
Williston	Arbor House
Wishek	Prairie Hills Assisted Living

# Assisted Living Map

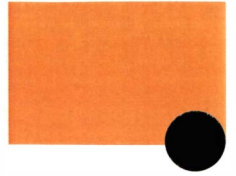
## North Dakota Assisted Living Facilities



+ City (Number of Assisted Living Facilities)

Source: ESRI, North Dakota Long Term Care Association  
Created by the North Dakota Healthcare Workforce Group  
on 3/28/2018

# Basic Care Facts



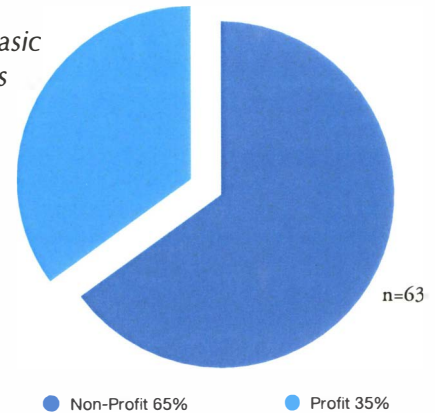
## BASIC CARE AT A GLANCE

**64** licensed basic care facilities

**2,045** licensed units

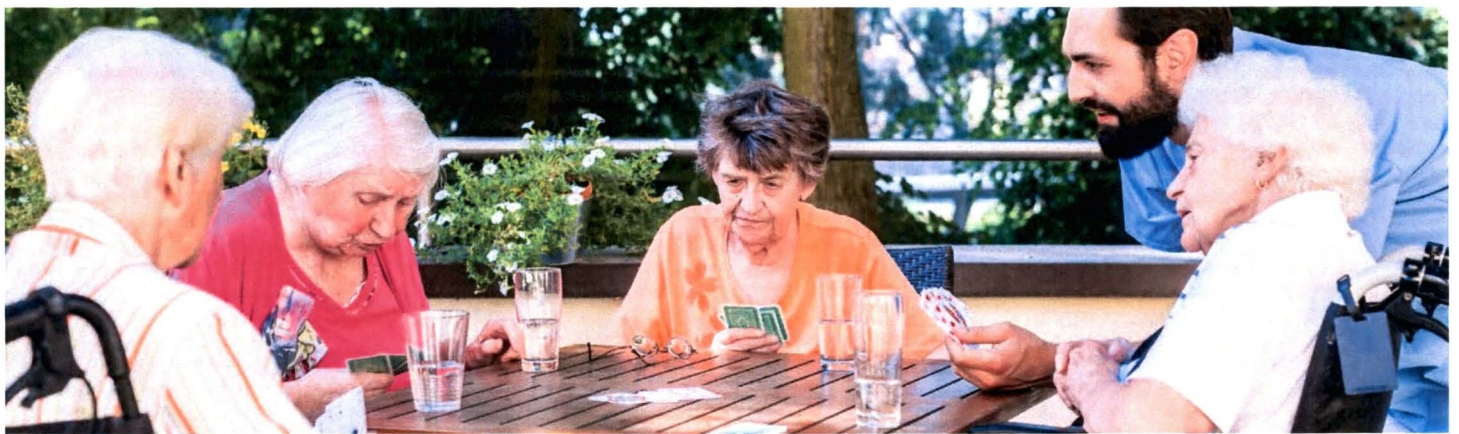
2018 average occupancy was **77%**

Ownership of Basic Care Facilities



## Basic Care Facts

- A basic care facility is a congregate residential setting with private and semi-private rooms, providing 24-hour staffing.
- Basic Care provides an all-inclusive rate providing room, meals, personal care services, supervision, activities, transportation, medication administration, nursing assessment, and care planning.
- Current residents range in age from 39 to 105 years old, with the average age being 83.



Gender of Basic Care Residents  
n=788



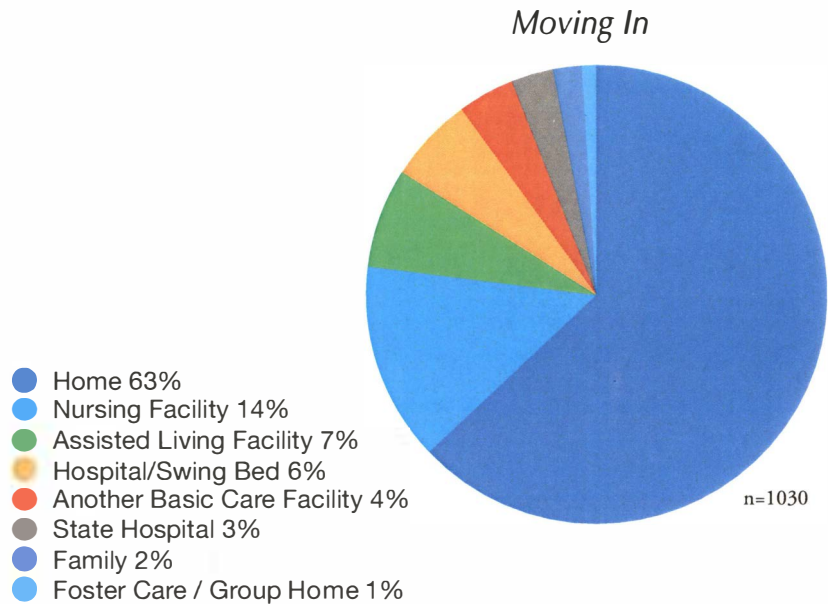
**70%** of tenants in North Dakota BASIC CARE are female

# Basic Care Facts

When individuals move into a basic care facility,  
*where do they come from?*

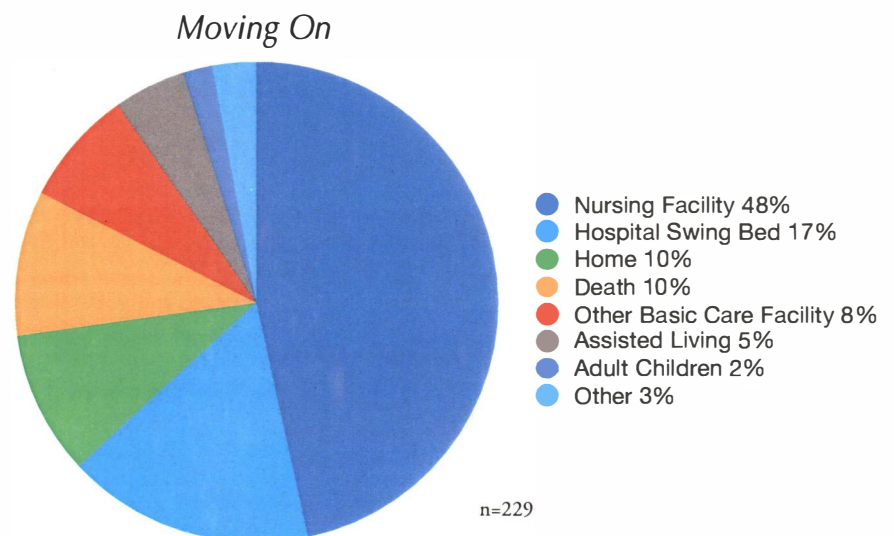
Top three reasons for basic care admission:

- 1) Needs assistance
- 2) Needs supervision
- 3) Confusion



When individuals move out of a basic care facility,  
*where do they go?*

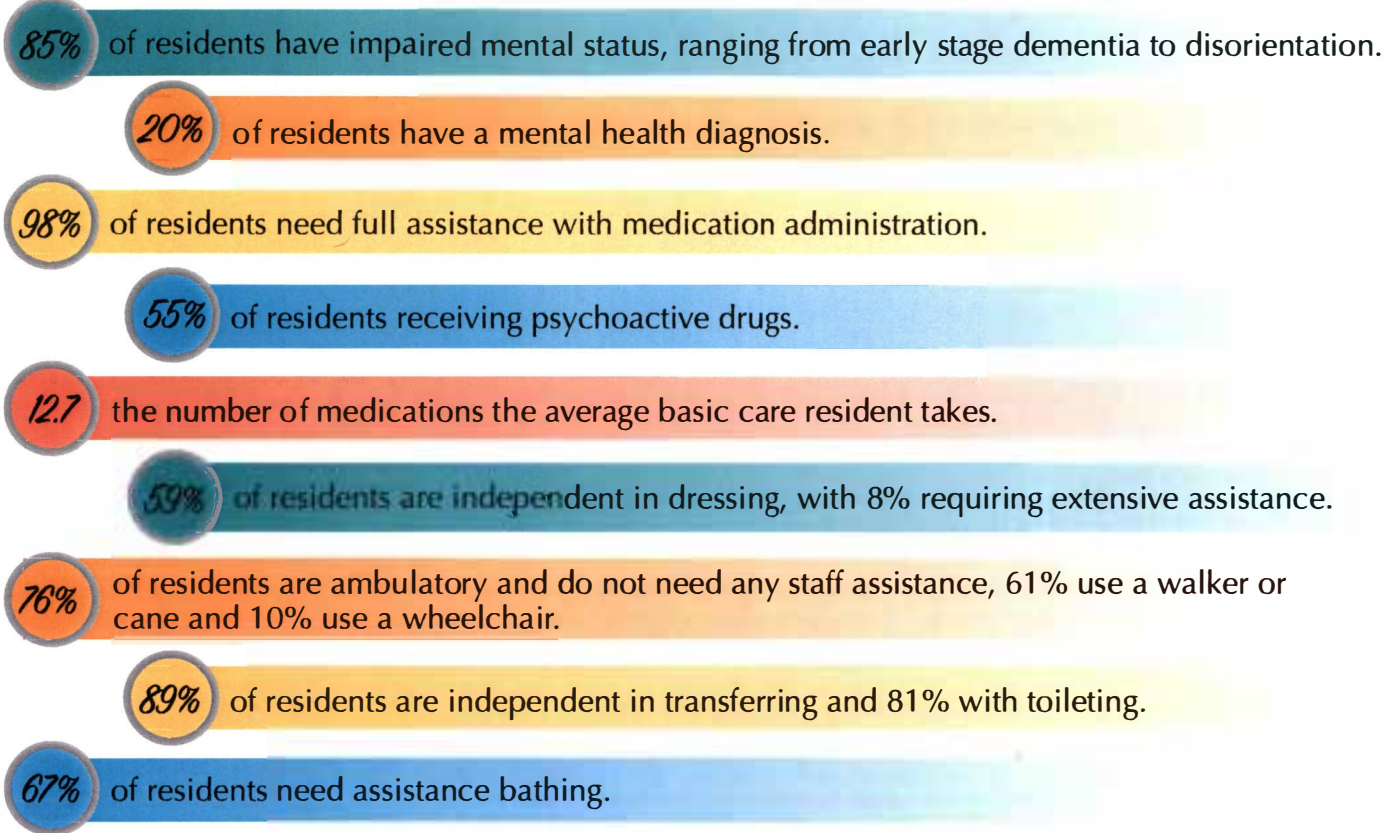
Almost half of residents discharged from a basic care facility are admitted to a skilled nursing facility. Medical needs, physical limitations, and growing cognitive issues necessitate the admission to a higher level of care.





# Basic Care Facts

## Care needs of basic care tenants



## Basic Care WORKFORCE

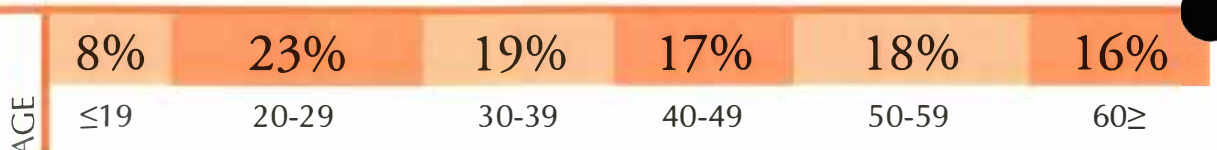


- The top issue facing basic care facilities is staffing and occupancy.
- 1,000 individuals are employed in 25 basic care facilities.
- In 2018 the average wage increase provided was 2.6%, while most tried to maintain health insurance with premiums increasing 5%.
- Three of the reporting 25 basic care facilities used contract nursing staff in their facilities in 2018, reporting they spent \$234,600 on contract staffing.
- The youngest employee is 15 years old and the oldest is 84 years old.



### Age of Basic Care Workforce

n=1000





# Basic Care Facts

## Basic Care COST

Almost two-thirds (62%) of the residents living in basic care need assistance to pay for their care. The average basic care assistance rate on July 1, 2018 was \$123.80 per day. The rates ranged from \$79.26 to \$198.98 per day.

**Cost of a Private Room:** One-third of reporting basic care facilities charge extra for a private room. The average daily cost for a private room is \$10.73 per day, with a range of \$3.29 to \$21.70 per day.

**Rate Equalization in Basic Care:** It is allowable to charge private pay residents more than basic care assistance rates. Only a little over half (57%) of the reporting Basic Care Facilities charge the private pay more.



Basic Care Assistance 62%

Other 3%

Private Pay 35%\*



### Who Pays the Bill in Basic Care Facilities?

*\*13% of residents have LTC insurance that helps pay for their care*

n=718

### Basic Care Satisfaction Survey Results

Satisfaction	0-No Experience	1-Poor	2-Average	3-Good	4-Very Good	5-Excellent
Overall Satisfaction (n=645)	2%	<1%	6%	16%	31%	45%
Quality of Staff (n=645)	<1%	<1%	4%	14%	35%	47%
Quality of Care (n=645)	2%	0%	3%	16%	39%	40%
Quality of Food (n=645)	2%	4%	13%	22%	32%	28%

*29 Basic Care Facilities representing 645 residents participated in the survey October 2018*

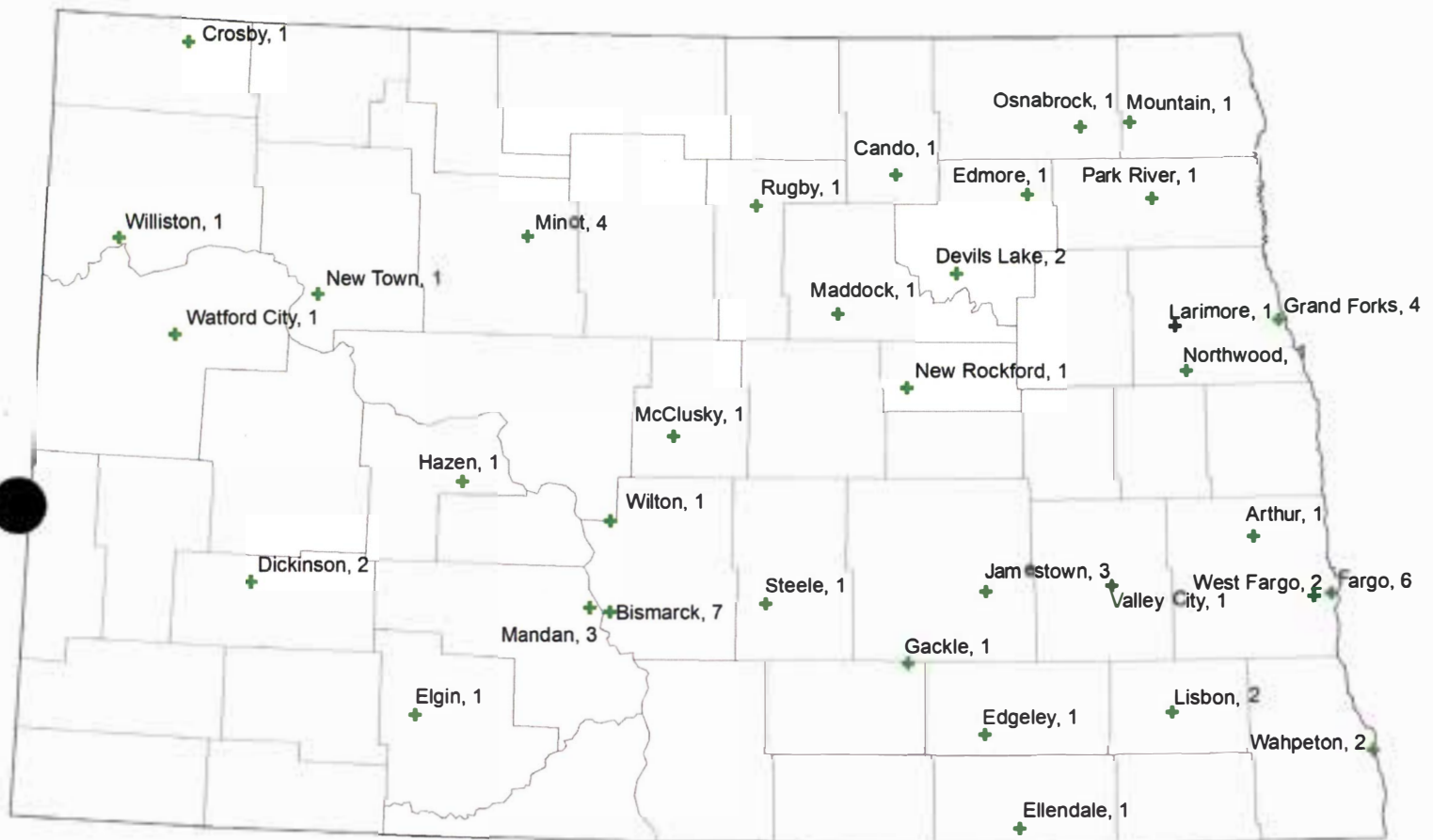
# NDLTCA Members Basic Care Facilities

<u>City</u>	<u>Facility Name</u>
Arthur	Good Samaritan Society - Arthur
Bismarck	Augusta Place – a Prospera Community
Bismarck	Edgewood Dominion
Bismarck	Edgewood Village
Bismarck	Maple View
Bismarck	St. Gabriel's Community
Bismarck	The Terrace
Bismarck	Touchmark on West Century
Cando	St. Francis Residence
Crosby	St. Luke's Sunrise Center
Devils Lake	Good Samaritan Society - Lake Country Manor
Devils Lake	Odd Fellows Home
Dickinson	Dickinson Country House LLC
Dickinson	Evergreen
Edgeley	Manor St. Joseph
Edmore	Edmore Memorial Rest Home
Elgin	Dakota Hill Housing
Ellendale	Evergreen Place
Fargo	Bethany Towers
Fargo	Ecumen Evergreens of Fargo
Fargo	Edgewood Senior Living Fargo
Fargo	Good Samaritan Society - Fargo
Fargo	Maple View Memory Care
Fargo	Touchmark at Harwood Groves
Gackle	Gackle Care Center
Grand Forks	Maple View Memory Care
Grand Forks	Edgewood Parkwood Place, LLC
Grand Forks	St. Anne's Guest Home
Grand Forks	Tufte Manor
Hazen	Senior Suites at Sakakawea
Jamestown	Edgewood Senior Living Jamestown

<u>City</u>	<u>Facility Name</u>
Jamestown	Rock of Ages
Jamestown	Rosedale
Lakota	Good Samaritan Society - Lakota
Larimore	Good Samaritan Society - Larimore
Lisbon	North Dakota Veterans Home
Lisbon	Parkside Lutheran Home
Maddock	Maddock Memorial Home
Mandan	Dakota Pointe
Mandan	Edgewood Mandan
Mandan	Lakewood Landing
McClusky	Sheridan Memorial Home
Minot	Edgewood Minot Senior Living Care
Minot	Edgewood Memory Care
Minot	Edgewood Memory Care II
Minot	Maple View Memory Care - Minot
Mountain	Borg Pioneer Memorial Home
Napoleon	Napoleon Care Center
New Rockford	Lutheran Home of the Good Shepherd
New Town	Lakeside Community Living Center
Osnabrock	Osnabrock Community Living Center
Park River	Good Samaritan Society - Park River
Rugby	Haaland Estates - Basic Care
Steele	Golden Manor Inc.
Valley City	Hi Soaring Eagle Ranch
Wahpeton	Siena Court
Wahpeton	The Leach Home
Watford City	McKenzie County Healthcare Systems
West Fargo	Eventide at Sheyenne Crossings
West Fargo	New Perspective
Williston	Bethel Lutheran Nursing & Rehabilitation Center
Wilton	Redwood Village

# Basic Care Map

## North Dakota Basic Care Facilities



+ City (Number of Basic Care Facilities)

Source: ESRI, North Dakota Long Term Care Association  
Created by the North Dakota Healthcare Workforce Group  
on 3/28/2018

# Nursing Facility Facts

## Nursing Facilities AT A GLANCE

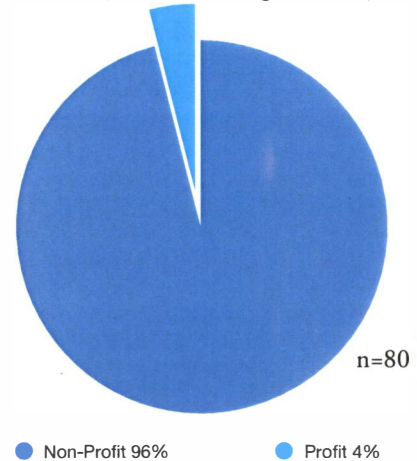
**80** licensed nursing facilities

**5,963** licensed beds

2018 average daily rate is **\$271.71**

2018 average occupancy was **92.6%**

Ownership of Nursing Facility

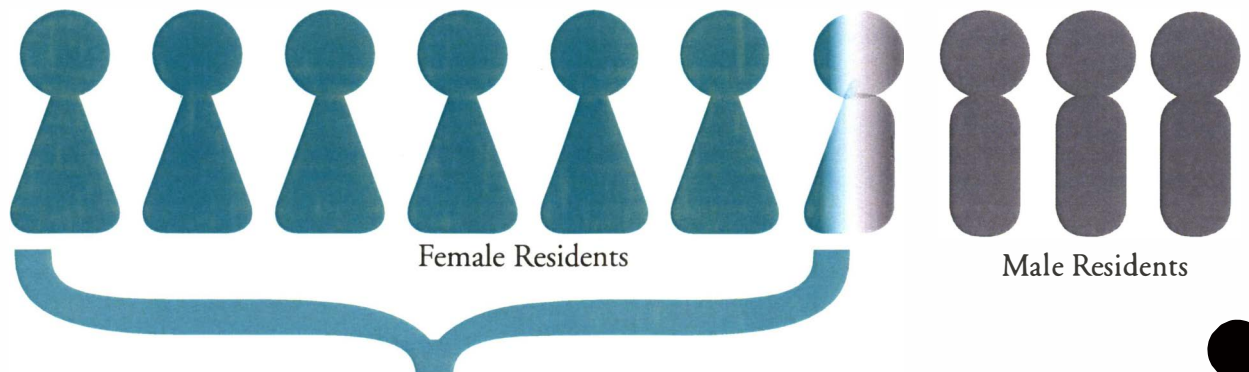


## Nursing Facility Facts

- Resident needs are complex and they are in need of 24-hour nursing care.
- Almost two-thirds of residents are admitted after a hospital stay (62%).
- The most significant issue necessitating admission to a nursing facility is the need for care throughout the day. Residents are unable to meet their own needs for dressing, toileting, eating, and remaining safe. Most often their medical needs are complex, requiring continuous attention.
- Current residents range in age from 13 months to 114 years old, with the average age being 86.5.
- Seventy of the eighty reporting facilities discharge 6318 residents in the 12-months period ending June 30, 2018.
- According to CMS data, in 2018 ND nursing facilities had the second highest percentage of residents age 95 and older, 8.74% of all residents compared to the US average of 5.15%. ND nursing facilities hold the highest record for the 85-94 age group at 45.8%, compared to the US average of 31.3%.

Gender of Nursing Facility Residents

n=4617



**66%** of residents in North Dakota NURSING FACILITIES are female

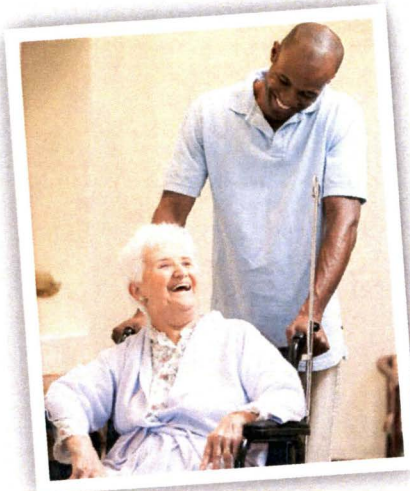


# Nursing Facility Facts

Why do individuals move into a nursing facility?

The top four reasons for nursing facility admission:

- 1) Assistance with daily care
- 2) Complex Medical needs
- 3) Falls
- 4) Needs continuous supervision



When residents are discharged from a skilled nursing facility, where do they go?

**48%** of ND nursing home residents are **discharged back home** or to a lower level of care.

## Nursing Facility WORKFORCE

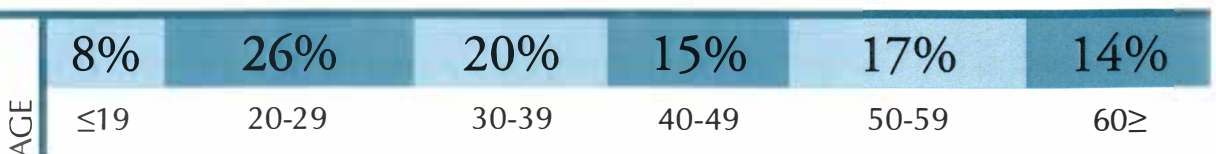


- The top issue facing nursing facilities is staffing; as of September 1, 2018, 61 nursing facilities reported 723 vacant positions.
- 9,241 individuals are employed in 61 nursing facilities.
- 9% (n=61) of reporting nursing facilities stopped admissions in 2018 because of lack of staff.
- 82% of nursing facilities used contract agency staff in 2018.
- In 2018, over one-quarter of nursing facilities could not provide a salary increase. Health insurance cost has been unpredictable, ranging from zero to a 20% increase.
- Turnover and workforce age will create an unprecedented demand for employees in the near future.
- Thirty-one percent of the workforce is age 50 or older, with the oldest employee being 92.
- 81% of North Dakota's 53 counties are designated as health professional shortage areas.



### Age of Nursing Facility Workforce

n8,956



# Nursing Facility Facts

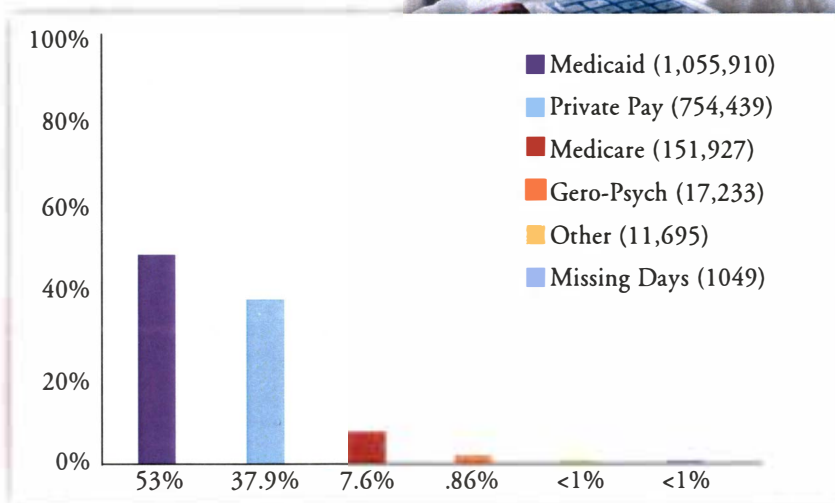
## Nursing Facility COST

*In 2018,*  
the average cost for  
**ONE DAY** of  
nursing facility care is  
**\$270.71**

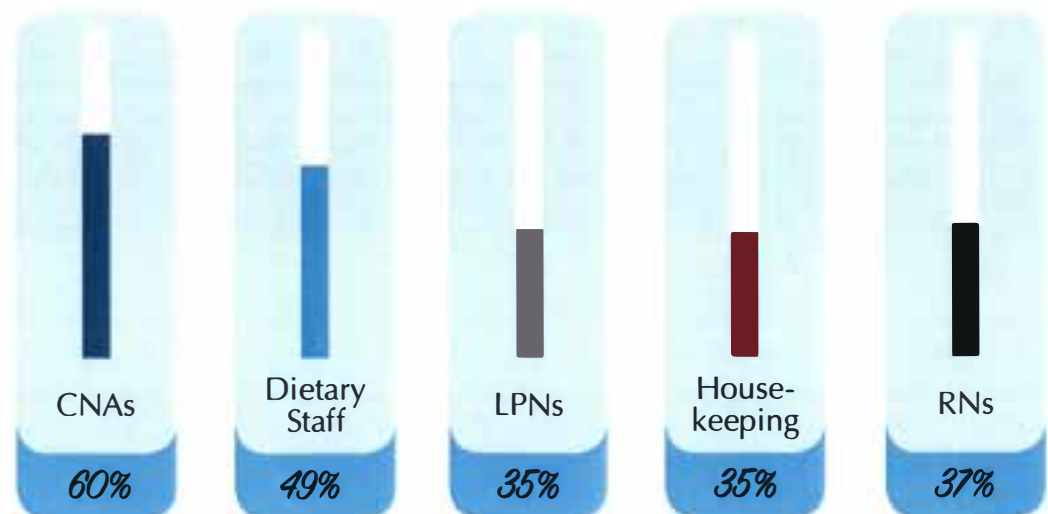


Of the approximate  
**38%** of residents that  
are private pay, on  
September 1, 2018,  
**19%** had a long term  
care insurance policy  
paying for a  
portion of their care.

### North Dakota Nursing Facility Days Payor Sources



### 2018 Nursing Facility Staff Turnover



# Nursing Facilities

North Dakota is ranking high  
**Resident Satisfaction**

Item	Rating Value	North Dakota	United States
Overall Satisfaction	4 & 5	<b>90%</b>	78%
Nursing Care	4 & 5	<b>93%</b>	84%
Cleanliness	4 & 5	<b>95%</b>	86%
Dignity & Respect	4 & 5	<b>96%</b>	92%
Recommend to Others	4 & 5	<b>93%</b>	83%
Safety & Security	4 & 5	<b>97%</b>	90%

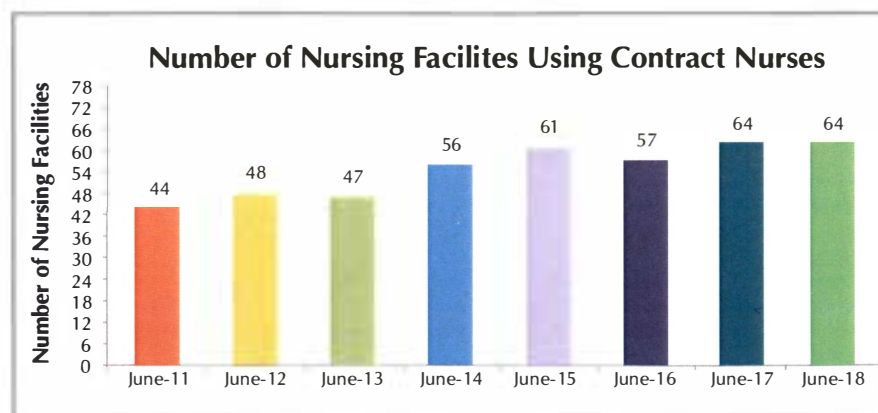
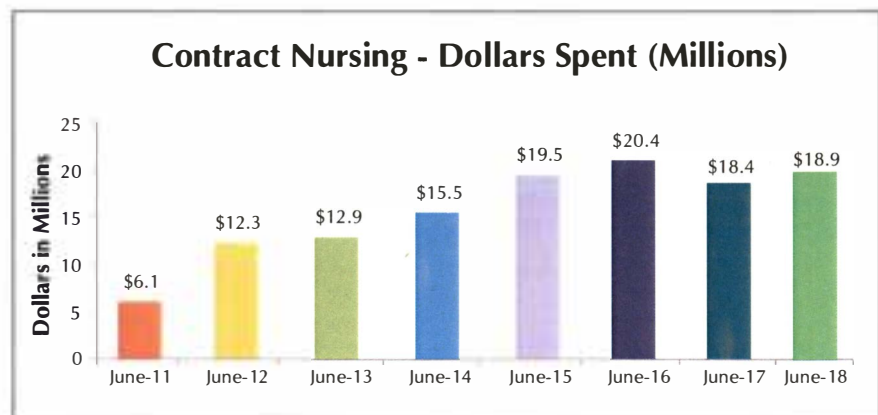
## Nursing Facilities Salaries as of September 2018

CNA Entry Wage *\$14.81 Avg*  
Cook Entry Wage *\$13.68 Avg*

House Keeping Entry Wage *\$12.27 Avg*  
Dietary Aide Entry Wage *\$12.14 Avg*

## Contract Nursing IN NURSING FACILITIES

When facilities face staffing shortages, one option is to use contract staff to provide daily resident care. In 2018, 64 of 78 nursing facilities or 82% used contract nursing agencies.





# NDLTCA Members Nursing Facilities

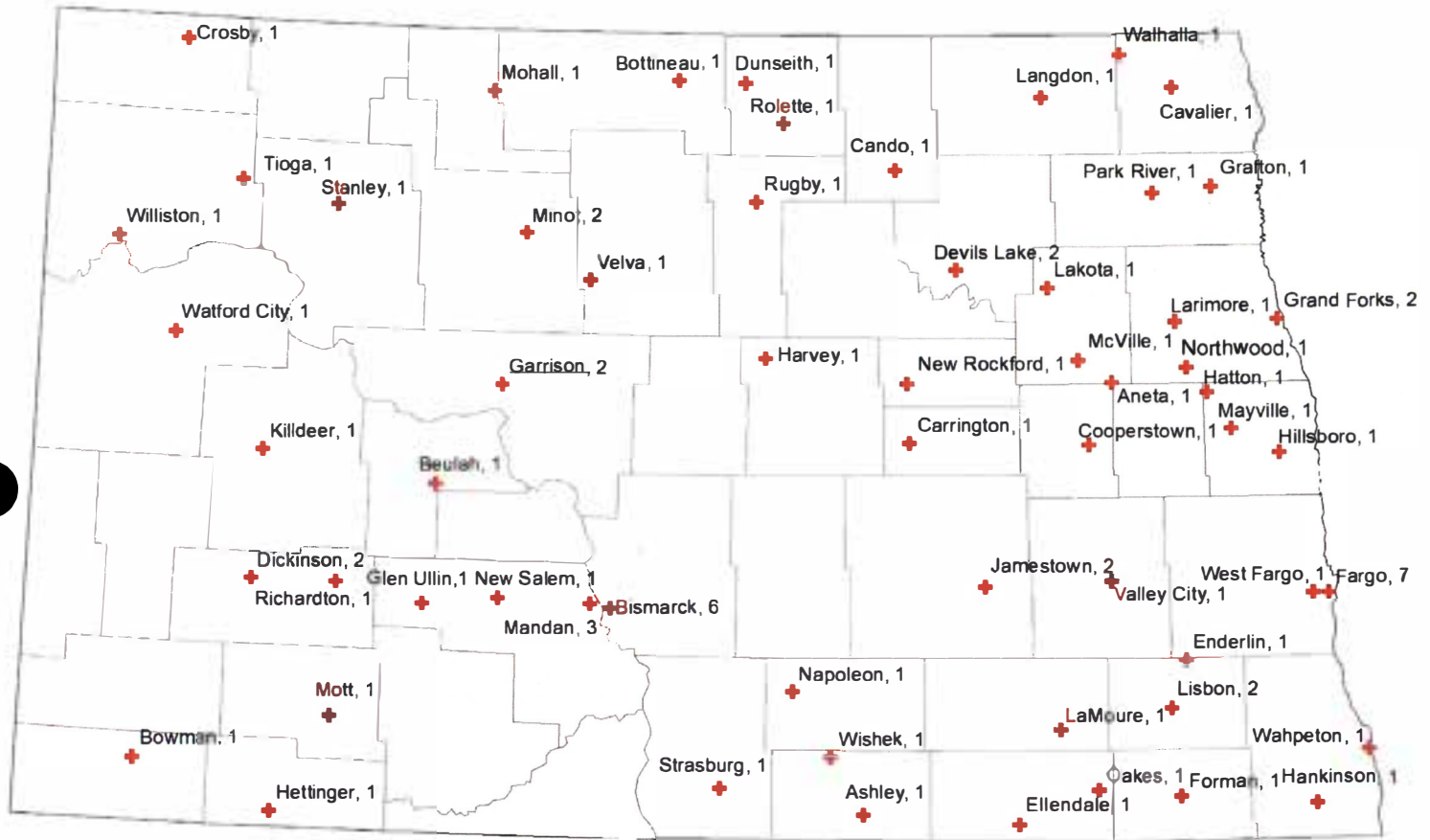
<u>City</u>	<u>Facility Name</u>
Aneta	Aneta Parkview Health Center
Ashley	Ashley Medical Center and Nursing Home
Beulah	Knife River Care Center
Bismarck	Augusta Place – a Prospera Community
Bismarck	Baptist Healthcare Center
Bismarck	Missouri Slope Lutheran Care
Bismarck	St. Vincent's – a Prospera Community
Bismarck	CHI St. Alexius Medical Center - TCU
Bismarck	St. Gabriel's Community
Bottineau	Good Samaritan Society - Bottineau
Bowman	Southwest Healthcare Services
Cando	Towner County Living Center
Carrington	Golden Acres Manor
Cavalier	Wedgewood Manor
Cooperstown	Griggs County Care Center
Crosby	St. Luke's Sunrise Care Center
Devils Lake	Good Samaritan Society - Devils Lake
Devils Lake	Eventide Heartland Care Center
Dickinson	St. Benedict's Health Center
Dickinson	St. Luke's Home
Dunseith	Dunseith Community Nursing Home
Ellendale	Prince of Peace Care Center
Enderlin	Maryhill Manor
Fargo	Bethany on 42nd Skilled Care
Fargo	Bethany on University Skilled Care
Fargo	Elim Care - A Caring Community
Fargo	Eventide Fargo
Fargo	The Meadows on University
Fargo	Rosewood on Broadway
Fargo	Villa Maria
Forman	Four Seasons Healthcare Center, Inc
Garrison	Benedictine Living Center of Garrison
Garrison	CHI St. Alexius - Garrison
Glen Ullin	Marian Manor Healthcare Center
Grafton	Lutheran Sunset Home
Grand Forks	Valley Eldercare Center
Grand Forks	Woodside Village
Hankinson	St. Gerard's Community of Care
Harvey	St. Aloisius Medical Center
Hatton	Hatton Prairie Village

<u>City</u>	<u>Facility Name</u>
Hettinger	Western Horizons Care Center
Hillsboro	Sanford Health Hillsboro Care Center
Jamestown	Ave Maria Village
Jamestown	Eventide
Killdeer	Hill Top Home of Comfort
Lakota	Good Samaritan Society - Lakota
LaMoure	St. Rose Care Center
Langdon	Maple Manor Care Center
Larimore	Good Samaritan Society - Larimore
Lisbon	North Dakota Veterans Home
Lisbon	Parkside Lutheran Home
Mandan	Dakota Alpha
Mandan	Miller Pointe – a Prospera Community
Mandan	Sunset Drive – a Prospera Community
Mayville	Luther Memorial Home
McVille	Nelson County Health Systems Care Center
Minot	Minot Health and Rehab
Minot	Trinity Homes
Mohall	Good Samaritan Society - Mohall
Mott	Good Samaritan Society - Mott
Napoleon	Napoleon Care Center
New Rockford	Lutheran Home of the Good Shepherd
New Salem	Elm Crest Manor
Northwood	Northwood Deaconess Health Center
Oakes	Good Samaritan Society - Oakes
Park River	Good Samaritan Society - Park River
Richardton	Richardton Health Center
Rolette	Rolette Community Care Center
Rugby	Heart of America Medical Center
Stanley	Mountrail Bethel Home
Strasburg	Strasburg Care Center
Tioga	Tioga Medical Center Long Term Care
Valley City	Sheyenne Care Center
Velva	Souris Valley Care Center
Wahpeton	Benedictine Living Community – St Catherines Living Center
Walhalla	Pembilier Nursing Center
Watford City	McKenzie County Healthcare Systems
West Fargo	Eventide Sheyenne Crossings Care Center/TCU
Williston	Bethel Lutheran Nursing & Rehabilitation Center
Wishek	Wishek Living Center



# Nursing Facility Map

## North Dakota Nursing Facilities



+ City (Number of Nursing Facilities)

Source: ESRI, North Dakota Long Term Care Association Created by the North Dakota Healthcare Workforce Group on 3/28/2018

## NDLTCA Board Members

Craig Christianson, Chair  
Sheyenne Care Center, Valley City | (701) 845-8222

Greg Salwei, Past Chair  
Wishek Living Center, Wishek | (701) 452-2333

Cynthia Tredwell, Vice Chair  
Hatton Prairie Village, Hatton | (701) 543-3102

Janessa Vogel, Secretary/Treasurer  
Elm Crest Manor, New Salem | (701) 843-7526

Kari Dick, Assisted Living Director-At-Large  
Touchmark at Harwood Groves, Fargo | (701) 476-1200

Joyce Linnerud Fowler, Basic Care Director-At-Large  
Bethany Gables | (701) 478-8900

Tony Keelin, Nursing Facility Director-At-Large  
Rosewood on Broadway, Fargo | (701) 277-7999

Tod Graeber, Hospital Attached Director-At-Large  
CHI St Alexius Health, Garrison | (701) 463-2275

Daniel Kelly, Region I Director  
Mckenzie County Health Care System, Watford City | (701) 842-3000

Pete Antonson, Region II Director  
Northwood Deaconess Health Center, Northwood | (701) 587-6060

Amy Kreidt, Region III Director  
St. Lukes Home, Dickinson | (701) 483-5000

Tony Elsperger, Region IV Director  
Sunset Drive - a Prospera Community, Mandan | (701) 323-1411

Richard Regner, Region V Director  
Napoleon Care Center, Napoleon | (701) 754-2381

Tim Kennedy, Region VI Director  
Parkside Lutheran Home, Lisbon | (701) 683-5239

## NDLTCA Staff



*Shelly Peterson  
President*



*Peggy Krikava  
Education Director*



*Carol Ternes  
Executive Assistant*



*Susan Bahmiller  
Education Assistant*



*Vanessa Raile  
Director of  
Emergency Planning*



*Shawn Surface  
Account Tech*

HB1034  
#3  
1-7-19

**Testimony  
House Bill 1034  
House Human Services Committee  
January 7, 2019**

Chairman Weisz and members of the House Human Service Committee, I am Kim Jacobson, Director of Agassiz Valley Social Services District which is a collaborative of Traill and Steele Counties. I am also a member of the North Dakota County Social Services Director's Association. I speak today in support of HB 1034

The North Dakota County Social Services Director's Association greatly values the significant role that qualified service providers (QSPs) hold in helping to ensure appropriate, timely and critical home and community-based services to vulnerable elderly and disabled citizens. Such service is key to ensuring services are provided throughout North Dakota to support local citizens to safely remain in their own homes, in a supported manner. We encourage any effort of the legislative body to increase QSP services and urge your support of HB 1034.

Thank you for this opportunity to speak in support of HB 1034. I would be happy to address any questions from the committee.

**TESTIMONY**  
**Senate Human Services Committee**  
**House Bill 1034**  
**March 10, 2019**  
**Senator Kathy Hogan**

Chairman Lee and members of the House Human Services Committee. My name is Kathy Hogan and I represent District 21 - the heart of Fargo.

House Bill 1033 is the last of the three bills from the Interim Human Service Committee related to Home and Community Based Services. During the interim human services committee, there was significant discussion on the need to expand the availability of Qualified Services Providers particularly in rural areas.

During the interim we learned that there were several regulatory barriers to Long term care facilities providing in home care supports. This bill is simply a policy directive to the Department to pursue options to address those barriers.

Thank you, Chairman Lee, I am more than willing to answer any questions.

HB 1034  
3/11/19  
#2 pg.1

**Testimony on HB 1034**  
**Senate Human Services Committee**  
**March 11, 2019**

Good morning Chairman Lee and members of the Senate Human Services Committee. My name is Shelly Peterson, President of the North Dakota Long Term Care Association. We represent 214 basic care, assisted living and nursing facilities. I am here to testify in support of HB 1034.

HB 1034 mandates the Department of Human Services to establish guidelines for long term care providers to deliver home and community based services to help individuals remain within their homes and communities. We welcome this legislation and the opportunity to better serve individuals outside the walls and confines of our buildings.

Today over 50% of North Dakota nursing home residents are discharged back home or to a lower level of care.

Today, residents range in age from one just celebrating her first birthday, to another woman celebrating her 114<sup>th</sup> birthday. The average age of a resident is 86.5 years old. Last year, seventy of the eighty nursing homes discharged 6,318 individuals. There are 5,963 licensed nursing home beds, so we are admitting and discharging a large number of individuals every year.

We are serving a very old population. According to CMS data, in 2018, North Dakota nursing facilities held the highest record for caring for the 85 to 94 age group at 45.8%, compared to the US average of 31.3%. We have the second highest percentage of residents age 95 and older at 8.74% compared to the US average of 5.15%.

The greatest barrier we have identified for nursing facilities to cost effectively deliver home and community based services are DHS rules on allocation of space and personnel. As an example, if your nursing home wants to provide

home delivered meals, it is not just a simple establishment of a fair and reasonable price, but a very prescriptive process of allocating expenses between those in the facility and those receiving home delivered meals. This allocation process makes the cost of the meal very expensive and unaffordable. We have identified this and other barriers to DHS and they have identified two facilities to work through these issues, with the hope that statewide guidelines will be published to help all consider home and community based services. We welcome this opportunity and will continue to work with DHS to expand options to all North Dakotans.

One of our barriers in discharging residents to home is the reluctance and fear of families. Sometimes it is the first time they can relax and feel confident someone is there to provide 24 hour care. They can sleep through the night, not having to constantly be attending to their loved ones. Families do a tremendous job, many becoming exhausted and overwhelmed, even with the support of services within their homes. Coordinating and worrying about the caregiver showing up or getting sick appears to be a constant worry. Just think of the possibilities if when we discharge home, their caregiver goes with them, we help coordinate their care and offer respite when they feel overwhelmed.

In closing, we support HB 1034 and the greater opportunities to serve the frail and disabled population at home and within our communities. If you have any questions, I would be happy to answer them.

Shelly Peterson, President  
North Dakota Long Term Care Association  
1900 North 11<sup>th</sup> Street  
Bismarck, ND 58501  
(701) 222-0660