

## CHAPTER 50-06-02 AUTHORITY OF NATUROPATHS

### Section

50-06-02-01	Rights and Privileges
50-06-02-02	Signing Death Certificates
50-06-02-03	Advertising
50-06-02-04	Authority to Administer, Prescribe, and Dispense
50-06-02-05	Intradermal, Intramuscular, Intravenous, and Subcutaneous Administration
50-06-02-06	Endorsement for Prescriptive Authority
50-06-02-07	Supervising Physician for License Endorsement for Prescriptions
50-06-02-08	Formulary

### **50-06-02-01. Rights and privileges.**

Unless otherwise limited by statute, naturopaths are entitled to all rights and privileges of physicians in this state recognized under North Dakota Century Code section 43-58-09.

**History:** Effective April 1, 2024.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-08, 43-58-09, 43-58-10

### **50-06-02-02. Signing death certificates.**

In case of the death of any patient, the naturopath shall fill out and sign such certificate of death as is required by statute.

**History:** Effective April 1, 2024.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-09

### **50-06-02-03. Advertising.**

Naturopaths may advertise their practice in any legitimate manner set forth in the code of ethics adopted by the board, except as limited or prohibited by statute.

**History:** Effective April 1, 2024.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-03.1

### **50-06-02-04. Authority to administer, prescribe, and dispense.**

The practice of naturopath medicine includes the administration, prescription, dispensing, ordering, or performing of:

1. Food, vitamins, minerals, nutritional supplements, digestive enzymes, botanical medicine, and homeopathic remedies.
2. Health care counseling, nutritional counseling and dietary therapy, hydrotherapy, and naturopathic physical applications and therapeutic devices. Naturopathic physical application does not include manipulation of the spine. Naturopathic physical application does include osseous manipulation of the extremities, ribs, and pelvis.
3. Nondrug prescription devices.
4. Nonprescription topical drugs.

**History:** Effective April 1, 2024.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-08

**50-06-02-05. Intradermal, intramuscular, intravenous, and subcutaneous administration.**

1. A naturopath may not perform any intra-articular injection or intraspinal injection.
2. A naturopath may prepare and administer for immediate use vitamins, minerals, amino acids, and homeopathic remedies in accordance with naturopathic medical training through intradermal, intramuscular, or subcutaneous injection, or, if the naturopath holds the required endorsement, through intravenous therapy. Any injectable therapies must be prepared in accordance with USP 797 standards for immediate use. Substances administered by injection or intravenous therapy must be manufactured and supplied by a manufacturer or outsourcing facility required to register with the United States food and drug administration or compounded pursuant to a prescription by a pharmacy licensed by the board of pharmacy.
3. A naturopath may use intravenous therapy only after the naturopath has obtained an endorsement from the board to perform intravenous therapy by submitting a completed application with an attestation of training to the board. The training must be at least sixteen hours of instruction. At least eight hours of instruction must be from a graduate-level course through an approved naturopathic medical school. Instruction must include:
  - a. Indications;
  - b. Contraindications;
  - c. Formularies;
  - d. Emergency protocols;
  - e. Osmolarity calculation;
  - f. Aseptic technique; and
  - g. Proper documentation.
4. A naturopath shall retain documentation of intravenous training for at least five years from attestation date.
5. Intravenous chelation therapy is limited to use for heavy metal toxicity.
6. A naturopath who uses injection or intravenous therapy shall have a plan to manage adverse events, including sensitivity, allergy, overdose, or other unintended reactions.

**History:** Effective April 1, 2024.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-08

**50-06-02-06. Endorsement for prescriptive authority.**

A licensed naturopath may not prescribe medications pursuant to the formulary adopted under section 50-06-02-08 unless the licensed naturopath first obtains an endorsement under this section and approval by the board.

1. **Limited endorsement.** To be eligible to prescribe, a licensed naturopath shall first obtain a limited endorsement by submitting an application to the board and entering into a written collaborative agreement with a supervising physician who meets the requirements of section 50-06-02-07.

2. **Endorsement to practice independently.** After completing the requirements of subsection 1, the naturopath may submit an application to prescribe independently by showing successful passage of the naturopathic physicians licensing examination (NPLEX) with the test results sent directly to the board by the North American board of naturopathic examiners (NABNE). The supervising physician shall provide proof and verification attesting to the naturopath's safe prescribing practices sent directly to the board.
3. **Waiver of limited endorsement.** The requirements of subsections 1 and 2 may be waived if the naturopath shows substantial experience in prescribing medications under the laws and rules of another jurisdiction that has standards and qualifications for a licensed naturopath to prescribe medications at least equal to those required under North Dakota Century Code chapter 43-58. The naturopath shall apply for the waiver by submitting an application with the board, providing a copy of the written collaborative agreement previously entered with a supervising physician from the other jurisdiction, and providing a copy of the laws and rules of the other jurisdiction showing equal requirements. The application will be reviewed by the board at its next available regular meeting.

**History:** Effective April 1, 2024.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-08.1

#### **50-06-02-07. Supervising physician for license endorsement for prescriptions.**

The supervising physician for a naturopath's limited endorsement for prescriptive authority shall possess an active, unencumbered physician license issued under North Dakota Century Code chapter 43-17 and must have been prescribing and administering prescription drugs without limitation for at least five years immediately preceding the application. The supervising physician shall provide objective and independent review of the naturopath's first one hundred prescriptions issued by the naturopath or twelve months of prescribing, whichever occurs first. The supervising physician shall evaluate the naturopath's ability to safely prescribe and administer prescription drugs within the naturopath's scope of practice, education, training, and the naturopath's compliance with federal and state laws and regulations. The naturopath shall keep a duplicate of all prescriptions written to be reviewed at least monthly with the supervising physician.

The naturopath and supervising physician shall have a formal written agreement. The agreement must address the requirements of this rule. A copy of the fully executed agreement must be filed with the board along with the application for limited endorsement pursuant to North Dakota Century Code section 43-58-08.1.

**History:** Effective April 1, 2024.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-08.1

#### **50-06-02-08. Formulary.**

1. A naturopath may only prescribe drugs pursuant to this formulary after obtaining an endorsement for prescriptive authority under section 50-06-02-06.
2. A naturopath may not recommend altering or discontinuing a drug that is not within the naturopath's scope of practice and prescriptive authority that may be prescribed under this formulary. The naturopath instead shall refer the patient to their primary provider or prescribing provider.
3. The formulary for naturopaths with an endorsement for prescriptive authority consists of noncontrolled legend drugs and testosterone deemed appropriate for the primary health care of patients within the scope of practice and training of each naturopath. Prescribing pursuant

to the formulary must be in accordance with the standard of care provided by the naturopath's training, experience, and the degree of expertise.

4. The use of all drugs must be supported by FDA label, compendia, expert opinion, or clinical practice guidelines. Compendia supported use is defined as recommended with evidence favoring efficacy in the American Hospital Formulary Service Drug Information, United States Pharmacopeia-Drug Information, or the DRUGDEX information system.
5. The following formulary references the United States Pharmacopeia (USP) drug classification system.
6. Unless otherwise indicated in the formulary, drugs specified in the formulary that are allowed to be prescribed include all forms of the drug including time release forms and other generic forms.
7. A naturopath who obtains an endorsement for prescriptive authority under section 50-06-02-06 may prescribe the following drugs or classes of drugs, and may only prescribe for use within the corresponding category and indication:

<b>Category/Indication</b>	<b>Drugs or Classes of Drugs that May be Prescribed with Prescriptive Endorsement</b>	<b>Application and Other Limitations</b>
Analgesics	All drugs within the NSAID class may be prescribed.	
Anesthetics	All drugs within the local anesthetics class may be prescribed.	
Antiaddiction/Substance abuse treatment agents	Naltrexone Nicotine	
Antibacterials	Neomycin Gentamicin (topical only) Tobramycin (topical only) Amoxicillin Amoxicillin/Clavulanate potassium Penicillin G Doxycycline Clarithromycin Clindamycin (topical only) Nitrofurantoin Metronidazole Acetic acid Polymyxin B sulfate Rifaximin	May not administer any drugs in this category via intravenous administration.
Antiemetics	Ondansetron	

	Diphenhydramine hydrochloride Hydroxyzine hydrochloride Meclizine hydrochloride Metoclopramide hydrochloride Scopolamine	
Antifungals	Terbinafine (topical only) Miconazole nitrate (topical only) Ketoconazole (topical only) Terconazole (topical only) Fluconazole Nystatin	
Antigout agents	Probenecid Allopurinol Colchicine	
Antimigraine agents	Propranolol hydrochloride	
Antineoplastics	Anastrozole Alitretinoin Tretinoin	Topical only All drugs may only be prescribed for noncancer purposes and uses.
Antiobesity agents	Orlistat	
Antiparasitics	Albendazole Ivermectin Mebendazole	Topical only
Antispasticity agents	Baclofen Tizanidine hydrochloride	
Antivirals	Acyclovir Valacyclovir Oseltamivir	
Anxiolytics	Buspirone Hydroxyzine	
Blood glucoses regulators	All drugs within the antidiabetic agents and glycemic agents class may be prescribed. All drugs within the biguanide and DPP 4 inhibitors group may be prescribed.	
Blood products and modifiers	Aspirin	Not allowed to do blood transfusions.

	Heparin sodium (for nontherapeutic blood thinning only)	
Cardiovascular agents	<p>All drugs within the following classes may be prescribed:</p> <ul style="list-style-type: none"> <li>• Alpha-adrenergic agonists;</li> <li>• Alpha-adrenergic blocking agents;</li> <li>• Angiotensin II receptor antagonists;</li> <li>• Angiotensin-converting enzyme (ACE) inhibitors;</li> <li>• Calcium channel blocking agents - Dihydropyridines and nondihydropyridines;</li> <li>• Loop diuretics;</li> <li>• Potassium-sparing diuretics;</li> <li>• Thiazide diuretics;</li> <li>• Dyslipidemics - Fibrin acid derivatives, HMG CoA reductase inhibitors, and PCSK9 inhibitors.</li> </ul>	<p>Beta adrenergics medications are limited to 100 mg.</p> <p>Nondihydropyridines medications are limited to 120 mg.</p>
Central nervous system agents	Clonidine hydrochloride	
Contraceptives	<p>All drugs within the oral contraceptives combinations and oral progestins classes may be prescribed.</p> <p>Citric acid/Lactic acid/Potassium bitartate</p> <p>Ethinyl estradiol/Etonogestrel</p> <p>Ethinyl estradiol/Norelgestromin</p> <p>Levonorgestrel</p>	May not prescribe any drug within this category that would require a procedure such as implantable contraceptives.
Dental and oral agents	<p>Doxycycline hyclate</p> <p>Minocycline hyclate</p> <p>Prilocaine hydrochloride</p> <p>Triamcinolone acetonide</p>	
Dermatological agents	All drugs within this category may be prescribed.	Topical only except can allow triamcinolone injection.
Electrolytes - Minerals - Metals - Vitamins	All drugs within this category may be prescribed.	
Gastrointestinal agents	All drugs within the following classes may be prescribed:	

	<ul style="list-style-type: none"> <li>• Anticonstipation agents;</li> <li>• Antidiarrheal agents;</li> <li>• Antispasmodics, gastrointestinal;</li> <li>• Histamine receptor antagonists;</li> <li>• Protectants;</li> <li>• Proton pump inhibitors.</li> </ul> <p>Metoclopramide hydrochloride</p> <p>Rifaximin</p> <p>Ursodiol</p> <p>Cholic acid</p> <p>Betaine</p> <p>Betaine hydrochloride</p> <p>Cromolyn sodium</p> <p>Amoxicillin/Clarithromycin/Omeprazole</p>	
Genitourinary agents	All drugs within this category may be prescribed.	
Hormonal agents: stimulant, replacement, modifying (adrenal)	<p>Hydrocortisone (dose limit: 30 mg daily)</p> <p>Prednisone (dose limit: 5 mg daily)</p> <p>Methylprednisolone acetate (burst dose pack - dose limit of 1 pack per 60 days)</p> <p>Triamcinolone acetonide</p>	
Hormonal agents: stimulant, replacement, modifying (sex hormones, modifies)	<p>Testosterone</p> <p>All drugs within the androgens and progestins classes may be prescribed.</p> <p>All drugs within the estrogens class may only be prescribed as topical and vaginal HRT. Exception for oral estrogens prescribed for purposes of contraception.</p> <p>Estradiol/Levonorgestrel</p> <p>Estradiol/Norethindrone acetate</p> <p>Estradiol/Norgestimate</p> <p>Estradiol/Progesterone</p>	<p>Testosterone dosage limits:</p> <p>Injectable - maximum 400mg/28 days dosage</p> <p>Topical - maximum 100mg/day dosage</p>
Hormonal agents: stimulant, replacement, modifying (thyroid)	All drugs within this category may be prescribed.	
Immunological agents	All drugs within the vaccines class may be	

	<p>prescribed.</p> <p>All drugs within the other immunological agents - Allergen specific immunotherapy group may be prescribed.</p>	
Inflammatory bowel disease agents	<p>Hydrocortisone</p> <p>Prednisone</p>	
Metabolic bone disease agents	<p>Alendronate</p> <p>Ibandronate</p> <p>Cholecalciferol</p> <p>Calcitriol</p> <p>Doxercalciferol</p> <p>Paricalcitol</p>	
Ophthalmic agents	<p>All drugs within antiallergy agents class may be prescribed.</p> <p>All drugs within the anti-infectives class may be prescribed (topical only).</p> <p>Diclofenac sodium</p> <p>Ketorolac tromethamine</p> <p>Nepafenac</p> <p>Bacitracin zinc/Hydrocortisone acetate/Neomycin sulfate/Polymyxin B sulfate</p> <p>Bacitracin zinc/Hydrocortisone acetate/Polymyxin B sulfate</p> <p>Hydrocortisone acetate/Neomycin sulfate/Polymyxin B sulfate</p> <p>Ciprofloxacin (topical only)</p>	
Otic agents	All drugs within this category may be prescribed.	Topical use only
Respiratory tract/ Pulmonary agents	<p>All drugs within the following classes may be prescribed:</p> <ul style="list-style-type: none"> <li>• Antihistamines;</li> <li>• Anti-inflammatories - Inhaled corticosteroids;</li> <li>• Antileukotrienes;</li> <li>• Anticholinergic bronchodilators;</li> <li>• Sympathomimetic bronchodilators;</li> </ul>	

	<ul style="list-style-type: none"> <li>• Combination bronchodilators;</li> <li>• Cold-cough; and</li> <li>• Mast cell stabilizers.</li> </ul> <p>Acetylcysteine</p>	
Sexual disorder agents	All drugs within the sexual disorder agents (male) class may be prescribed.	
Skeletal muscle relaxants	Cyclobenzaprine hydrochloride	

**History:** Effective April 1, 2024; amended effective January 1, 2026.

**General Authority:** NDCC 43-58-03.1

**Law Implemented:** NDCC 43-58-08(3)(c)