EMPLOYEE BENEFITS PROGRAMS COMMITTEE BILL NO. 33

SUMMARY OUTLINE

- I. Uniform Group Insurance Program
 - A. Purpose
 - 1. Promote economy and efficiency of state employment
 - 2. Reduce personnel turnover
 - 3. Offer incentive to high-grade individuals to enter and remain in state employment
 - B. Composition
 - 1. Composed of eligible and retired employees
 - 2. Formed to provide hospital, medical and life insurance coverage
 - C. Subgroups (possible)
 - 1. Medical and hospital coverage group
 - a. Includes active and retireds not eligible for Medicare
 - b. Premiums for retireds not eligible for Medicare
 - (1) Single = 150% of active member single rate
 - (2) Family of two = 2 X Single not eligible for Medicare
 - (3) Family of 3+ = 2.5 X Single not eligible for Medicare
 - 2. Retired Medicare-eligible medical and hospital coverage
 - 3. Active eligible life insurance
 - 4. Retired employee life insurance
 - 5. Terminated employee continuation medical and hospital
 - 6. Terminated employee conversion medical and hospital
 - 7. Dental coverage
 - 8. Vision coverage
 - 9. Long-term care coverage
 - 10. Employee assistance coverage
 - 11. Retired Medicare-eligible prescription drug coverage
 - 12. Healthy ND health insurance coverage
- II. Definitions
- III. Create "Healthy North Dakota Authority"
 - A. Composition
 - 1. Non-voting Members (5)
 - a. Executive Director of PERS initial chair until Board elects chair from voting members
 - b. 4 from Advisory Committee who are health care personnel and administrators (selected by Advisory Committee)

- Voting Members (16) appointed by Governor for staggered 6year terms
 - a. 4 from list submitted by statewide labor union coalitions (1 must be public employee)
 - b. 4 from list submitted by statewide business and employer organizations (1 must be public employer)
 - c. 1 from list submitted by ND association of nonprofit organizations
 - d. 1 from list submitted by statewide small business organizations
 - e. 2 farmers, from list submitted by statewide general farm organizations
 - f. 1 self employed individual
 - g. 3 from list submitted by statewide health care consumer organizations.

B. Duties of the Board

- 1. Establish and administer health care system
- 2. Ensure all eligible persons have access to high-quality, timely and affordable health care
 - a. Goals include:
 - Every resident must have access to affordable, comprehensive health care services
 - (2) Health care reform must maintain and improve choice of providers and high-quality services
 - (3) Health care reform must implement cost-containment strategies that retain and assure affordable coverage for all residents
- 3. Establish, manage and fund the Plan
- 4. Appoint executive director
- 5. Provide mechanism to enroll every resident
 - a. Any contract with providers must include provisions to enroll all eligible individuals at the point of service
 - b. Any contract with providers must include outreach programs to assure every eligible individual becomes enrolled in the Plan
- 6. Create program for consumer protection and dispute resolution
- 7. Establish independent and binding appeals process
- 8. Submit annual report to Governor
- 9. Contract for annual, independent program evaluations and audits
- 10. Accept bids from health care networks. Consult with PERS in determining most efficient and effective way
- 11. Audit health care networks and providers
- 12. Establish (with ND Health Department) policies to ensure residents are healthiest in US by 2020

C. Board Pay: \$62.50 per day plus mileage and travel expenses

IV. Eligibility

- A. Individual eligible if <u>all</u> the following are satisfied:
 - 1. Maintained "place of permanent abode" in ND for at least 12 months
 - 2. Maintain "substantial presence" in ND
 - 3. Is under 65 years of age
 - 4. Is <u>not</u>
 - a. Eligible for health care coverage from federal or foreign government
 - b. Inmate of a penal facility
 - c. In an institution for mentally ill or developmentally disabled
- B. If individual does not satisfy A1 or A2, but is gainfully employed in ND, then eligible for Plan.
- C. If individual does not satisfy A1 but has child under age 18 living with them, child is eligible for Plan
- D. If pregnant woman does not satisfy A1, but resides in ND, then eligible for Plan
- E. DHS can develop requests for federal funds to be used for health care coverage
- F. Board to define
 - 1. "place of permanent abode"
 - 2. "substantial presence in ND"
 - 3. "immediate family"
 - 4. "gainfully employed"
- V. Office of Outreach, Enrollment, and Advocacy
 - A. Board must establish Office of Outreach, Enrollment and Advocacy
 - 1. Contract with nonprofit organizations to do it
 - 2. Review health care payment and service records of individuals
 - B. Duties
 - 1. Aggressive outreach to enroll eligible individuals
 - 2. Assist eligible individuals in choosing health care coverage
 - 3. Inform participants about role they can play to hold down costs by:
 - a. preventive care;

- b. enrolling in chronic disease management programs if appropriate;
- c. responsibly utilizing medical services; and
- d. engaging in healthy lifestyles
- 4. Establish process for resolving disputes (at direction of Board)
- 5. Act as advocate for Plan participants
- 6. Inform participant of legal recourse if complaint not resolved
- 7. Provide information (and recommendation) regarding problems and concerns of Plan participants
- 8. Ensure participants have timely access to this Office
- C. Conflict of interest cannot be present for Office, its employees and contractors

VI. Benefits

- A. Same as current state plan
- B. Board can provide additional cost-efficient treatment options (evidence-based)
- C. Plan must cover mental health/alcohol and drug abuse treatment; and preventive dental benefits up to age 18

VII. Cost-Sharing

- A. No-cost preventive services
 - 1. Prenatal care for women
 - 2. Well-baby care
 - 3. Medically appropriate exams and immunizations for children up to 18 years of age
 - 4. Medically appropriate gynecological exams, papanicolau tests and mammograms
 - 5. Medically appropriate regular medical exams for adults, as determined by best practices
 - 6. Medically appropriate colonoscopies
 - 7. Preventive dental care up to 18 years of age
 - 8. Other preventive services, as determined by the Board, for which there is scientific evidence that not having cost-sharing is likely to reduce health care costs or avoid health risks
 - 9. Chronic care services, provided it is within a chronic disease management program as defined by the Board

B. Deductibles

1. Individual 18 or older on Jan. 1 - \$300 annual deductible

- 2. Family (2 or more participants 18 or older on Jan. 1) \$600 annual deductible
- 3. Individual under age 18 on Jan. 1 No deductible for that year
- 4. Cannot refuse services because deductible has not been paid
- Provider cannot charge interest, penalty, or late fee on deductible owed unless:
 - a. Deductible amount is at least 6 months past due
 - Provider notified participant at least 90 days before interest, penalty, late fee is due
 - c. Interest cannot exceed 1% per month
 - d. Any penalty/late fee cannot exceed reasonable cost to administer the bill
- 6. Board can adjust deductibles, but only to reduce them
- C. Copayments and Coinsurance
 - 1. Individual 18 or older on Jan. 1 \$20 copay
 - 2. Any participant going to specialist provider without referral from primary provider 25% of cost
 - 3. Individual 18 or older on Jan. 1 \$60 copay for inappropriate ER use (determined by Board)
 - 4. Prescriptions all participants
 - a. Generic drug on formulary \$5 copay
 - b. Brand name drug on formulary \$15 copay
 - c. Brand name drug not on formulary \$40 copay
 - d. Participant cannot pay more than actual cost of drug plus negotiated dispensing fee
 - 5. Board can adjust copay and coinsurance amounts
- D. Maximums (Total cost-sharing = deductibles, copays, coinsurance)
 - 1. Individual 18 or older on Jan. 1 \$2,000 total cost-sharing in that year
 - 2. Family (2+ participants) \$3,000 total cost-sharing in that year

VIII. Service Areas

- A. Board establishes areas of the state for purposes of receiving bids from health care networks to:
 - 1. Maximize competition
 - 2. Increase provider choices available
- B. In each area, Board must offer the following options:
 - 1. Fee for service
 - 2. Health care networks
 - 3. Board must annually solicit premium bids from "qualifying" health care networks
 - 4. Criteria for "qualifying" health care networks (13)

- 5. Board reviews bids to determine "quality" health care networks
 - a. Board classifies them according to price and quality measures
 - b. Classified as lowest-cost; low-cost; higher-cost networks
- Board must provide annual open enrollment period when each participant chooses a certified health care network; or a Fee for Service option
 - a. Coverage effective Jan.1
 - b. If participant does not choose, they are randomly assigned to a network that is lowest-cost or low-cost that performs well on quality measures
 - c. If participant chooses higher-cost net work, and does not pay the additional cost, they are randomly assigned to a network that is lowest-cost or low-cost that performs well on quality measures
- 7. Payment to providers
 - Board pays health care network the PMPM amount bid by the network for those selecting well performing lowest-cost or low-cost network
 - (1) Dollar amount is actuarially adjusted for participant's age, sex and other appropriate risk factors determined by the Board
 - (2) Participant who selects lowest-cost or low-cost network may not be required to pay any additional amount
 - b. If participant chooses higher-cost network, Board pays to the network an amount equal to bid submitted by wellperforming lowest-cost network; participant pays the balance (monthly)
 - c. Board can retain a % to pay certified health care networks that have incurred disproportionate risk not fully compensated by actuarial adjustment
 - d. Board establishes payment rates for participants choosing a Fee-for-Service option (details available)
- 8. Board to establish financial incentives for Fee-for-Service providers and facilities to collaborate with each other
 - a. Pool infrastructure and resources
 - b. Implement use of best practices and quality measures
 - c. Establish organized processes resulting in high-quality low-cost medical care
- 9. Board pays for prescription drugs (after deductible)
 - Board to replicate prescription drug buying system developed by retirement board for drug coverage under state benefit plan (unless Board determines another approach is more cost effective)

- b. Board can join with other states to form multi-state purchasing group
- c. Board can contract with 3rd party (PBM) to negotiate for reduced prices
- IX. Subrogation
- X. Employer not prohibited from, for their employees
 - A. Paying all or a part of any cost-sharing
 - B. Providing any health care benefits not provided under the Plan
- XI. Assessments
 - A. Board must calculate the following assessments:
 - 1. For employee under age 65
 - a. If SS wages less than 100% poverty line, no assessment
 - b. If no dependents and SS wages 100%-200% poverty line, sliding scale 0-4% of employee's SS wages
 - c. If employee has one or more dependents, or is single and pregnant, <u>and</u> SS wages 150%-300% poverty line, sliding scale 0-4% of employee's SS wages
 - 2. For self-employed individual under age 65, 9%-10% SS wages
 - 3. For individual with no SS wages, 10% Federal Adjusted Gross Income, up to max income subject to SS tax
 - B. Board calculates assessment based on <u>anticipated revenue needs</u> equal to 9%-12% <u>aggregate</u> SS wages
 - C. Collection and Calculation of Assessments
 - Beginning with taxable years <u>after 12/31/09</u>, Tax Commissioner collects assessments as part of income tax due (or other method devised by Tax Commissioner)
 - 2. Assessments are deposited into <u>Healthy ND Trust Fund;</u> appropriated to Board on continuing basis
 - 3. Board may annually increase or decrease assessments; % increase cannot exceed % increase in medical inflation (defined)
 - D. Maximum wage base subject to assessment is maximum SS wage base
- XII. Advisory Committee
 - A. Provide advice to Board (14)
 - 1. Promoting healthier lifestyles
 - 2. Promoting health care quality

- Increasing transparency of health care cost and quality information
- 4. Preventive care
- 5. Early identification of health disorders
- 6. Disease management
- 7. Appropriate use of primary care, medical specialists, prescription drugs, and hospital emergency rooms
- 8. Confidentiality of medical information
- 9. Appropriate use of technology
- 10. Benefit design
- 11. Availability of physicians, hospitals, and other providers
- 12. Reduction of health care costs
- 13. Any subject assigned to it by the Board
- 14. Any subject deemed appropriate by the committee

B. Members to include:

- 1. At least one designated by NDMA
- 2. At least one designated by ND Academy of Family Physicians
- 3. At least one designated by ND Healthcare Association
- One member designated by President of State Board of Higher Education who is knowledgeable in the field of medicine and public health
- One member designated by the Dean of the UND School of Medicine and Health Sciences
- 6. Two members designated by ND Nurses Association
- 7. One member designated by statewide organizations interested in mental health organizations
- 8. One member representing health care administrators
- 9. Other members representing health care professionals

XIII. Effective Date: Taxable years after 12/31/08