



Center for
Rural Health

<http://ruralhealth.und.edu>

Center for Rural Health: Making a Difference

**ND Legislative Council
Industry, Business and Labor Committee
February 4, 2010
Lynette Dickson, MS, LRD
Program Director**

*Connecting resources and knowledge to strengthen
the health of people in rural communities.*

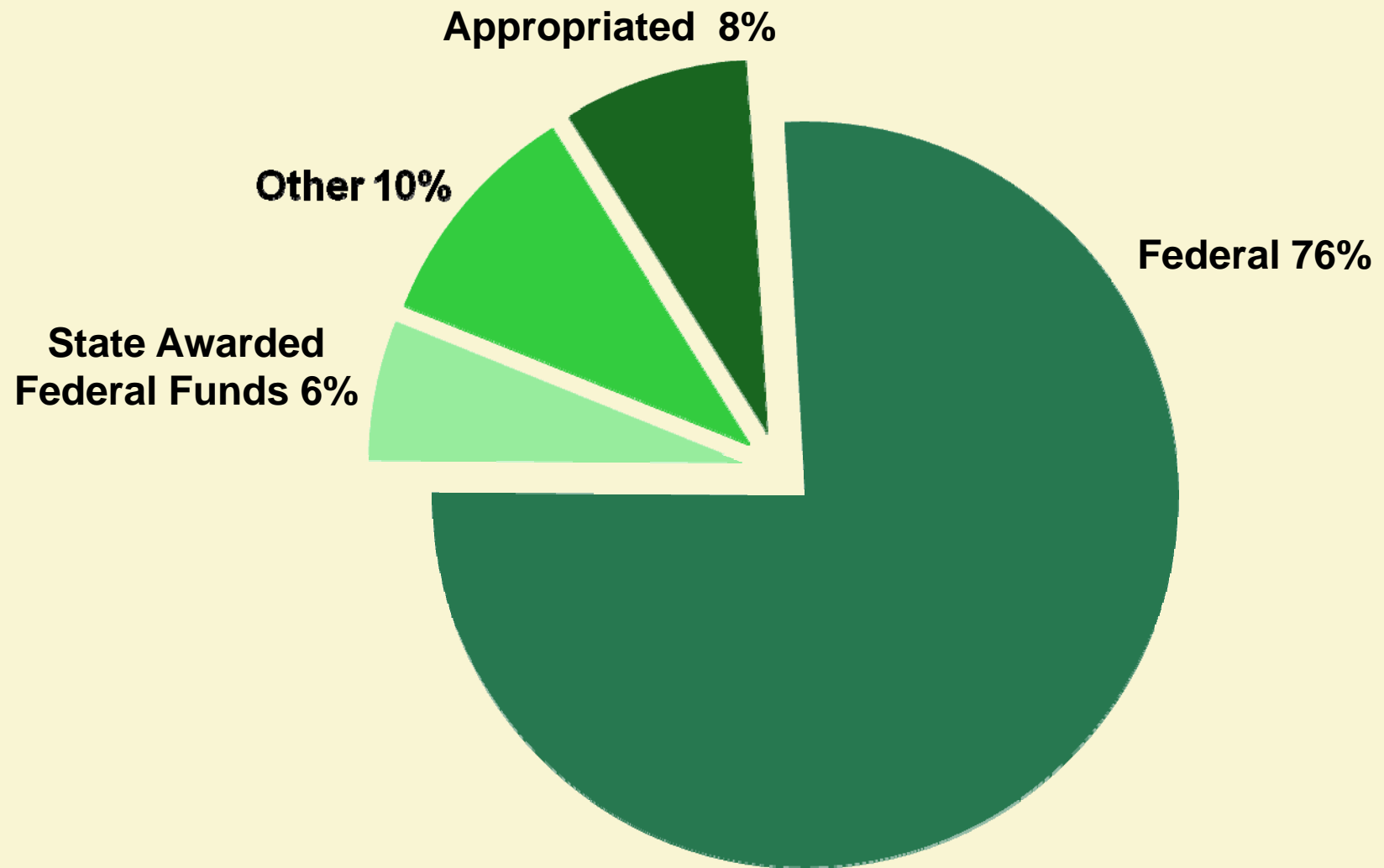


CRH Overview

- Current budget: \$6.0 million
- 53 faculty and staff
- 37 programs and research projects underway to address a variety of rural health issues in North Dakota and across the United States



CRH Funding Sources for FY2009



Total Funding: \$6 million



What Does the CRH Do?

- Address **rural community** issues.
- **Leverage funding** for essential rural efforts.
- Establish **national leadership**.
- Share valuable rural **health information** worldwide.
- Serve as a **model** for the nation's health care.
- Lead efforts on **rural health technology**
- Improve conditions for **rural hospitals**.
- Establish **American Indian research** efforts.
- Improve decision making through **information dissemination**.
- Improve understanding through **research**.



KEY FOCUS AREAS

Rural Health & Human Services



Telehome health - Rugby

Workforce

Economic Impact

Native American Issues

Rural Hospitals

Health Information Technology

Networking

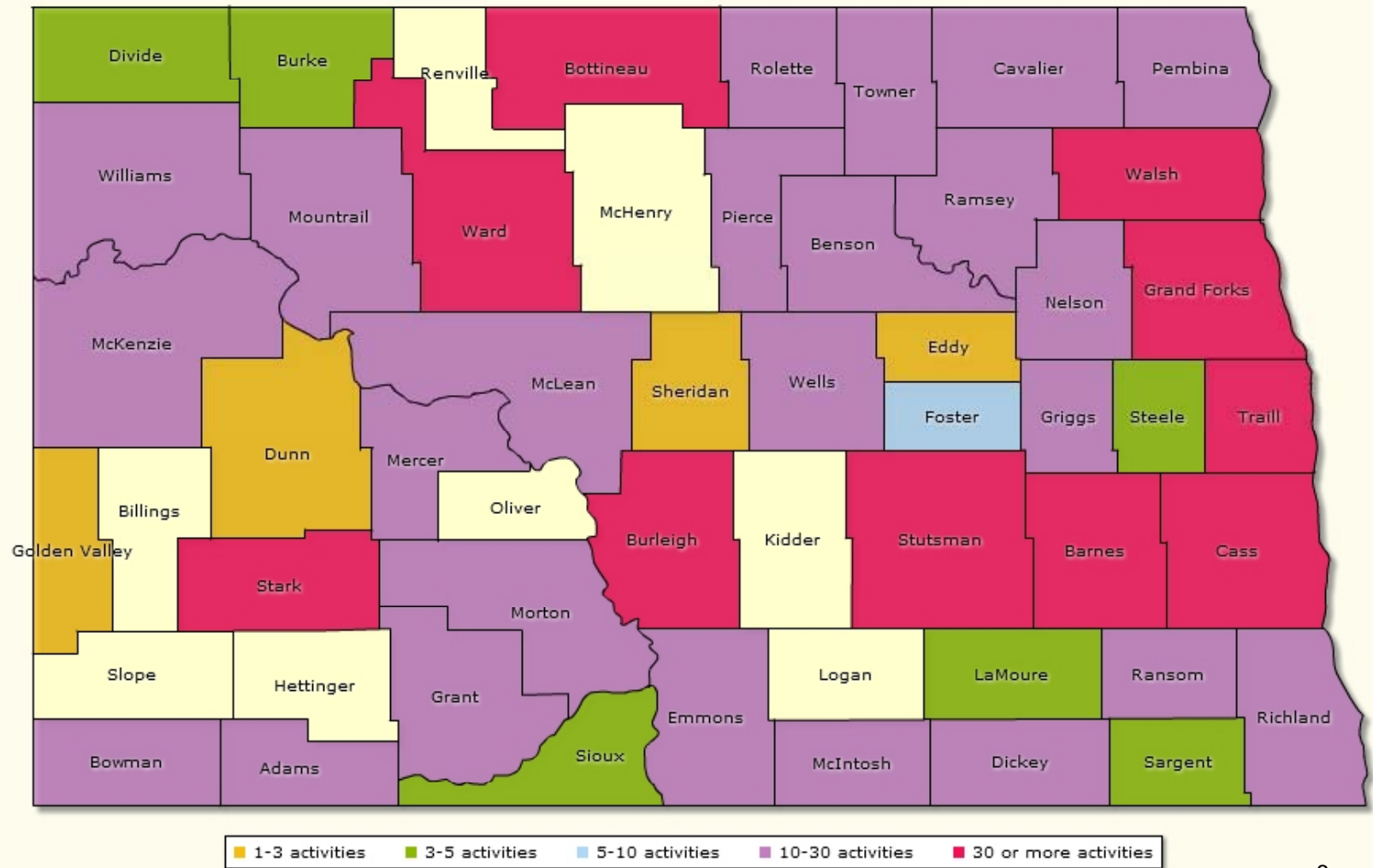
Traumatic Brain Injury

Mental Health

Rural Health Research – varied



CRH Activities 2008-2009



1819 activities in 45 counties



IMPACT

- 2,408 activities

Subject Area

- 1,370 Community Development
- 164 Center for Rural Health
- 125 Research
- 83 policy
- 49 other

Reach activities

- 807 State
- 534 Community
- 419 National
- 410 Center
- 119 Multi-State
- 38 UND, 24 UNDSMHS
- 11 international



IMPACT

Presentations and Publications

- **126 oral presentations** at national, regional, state, and community conferences and meetings
 - 64 national and regional
 - 4 faculty and staff presented at National Rural Health Assoc.
 - 11 poster presentations
- **122 national/regional/state boards, committees, task forces, editorial review and grant review panels, and other deliberative bodies**
 - 60 national and regional



Supporting *local solutions* to improve health care

- Provided over \$2 million in direct grant dollars over the last year to rural communities.



- Funds used at the community level, typically through networks of providers, to address rural health issues, improve access to care, stabilize delivery systems, create new local initiatives, and engage community members.



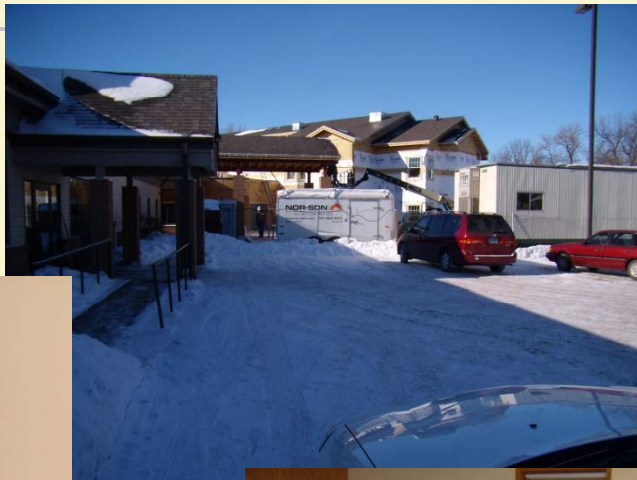
Assisting Rural Communities



- **Annual Dakota Conference on Rural and Public Health** – approximately 300 participants each year. Partner with the ND Public Health Association, ND Rural Health Association, UND College of Nursing and SMHS' Department of Family & Community Medicine, and Altru Health System.
- Developed, facilitated, and **coordinated a statewide hospital Quality Improvement Network** comprised of all 38 rural hospitals with involvement from four urban based tertiary hospitals .
- Site visits and presentations on traumatic brain injury to the **ND American Indian reservations** and **service unit**.
- Facilitate a **strategic planning** meeting of the Nursing Education Capacity Team.



More ...





Rural Policy

- **National:**
 - National Rural Health Association (Health Reform Task Force)
 - National Organization of State Office of Rural Health (Policy Committee)
 - Consulted by Congressional Offices frequently
- **State Testimony** (10 presentations by 2 faculty and staff and 1 student):
 - House Appropriation
 - Senate Appropriation
 - Conference Committee on health information technology (HIT) legislation
 - Interim Committees: covered nursing and HIT



Providing Policy Assistance and Information

- North Dakota Rural Health Association
- 3 ND Legislative Committees
- ND Health Care Review, Inc. (QIO)
- Community Healthcare Association of the Dakotas
- ND Healthcare Association
- ND Department of Health
- Great Plains Policy Network (6 state regional rural policy network)
- ND Rural Hospital Flexibility Executive and Advisory Committees
- Valley Community Health Centers (Northwood, Larimore, Grand Forks)
- Northwood Deaconess Health Center
- Nelson County Health System (McVille, ND)
- Southwest Healthcare Services (Bowman, ND)
- Center for Health Affairs (Nebraska)
- Kansas Office of Rural Health
- ND Faith In Action Network



Establishing **National Leadership**

- **National Organization of State Offices of Rural Health**
Past-President – Lynette Dickson
- **National Rural Health Information Technology(HIT) Coalition**
Lynette Dickson
- **National Rural Health Association**
Brad Gibbens
- **Society of Indian Psychologists**
President –elect Jacque Gray, Ph.D.
- **Rural Health Information Network**
Chair – Kristine Sande
- **Medicare Rural Hospital Flexibility Program National Advisory**
Marlene Miller



Improving decision making through **RESEARCH**

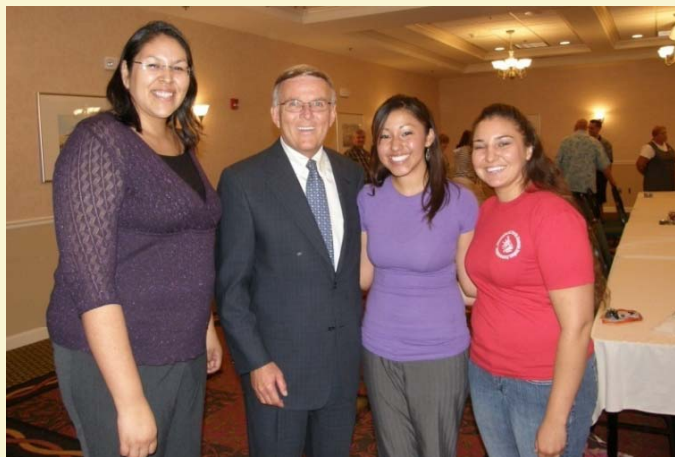


- Partners with the University of Minnesota in the Upper Midwest Rural Health Research Center
- Leads the national Rural Health Research Gateway project
- Rural Veterans Resource Center (research effort involving 4 universities and VA centers)
- National Study of Native American aging
- ND Nursing supply and demand study



Establishing **American Indian** health research efforts

- Coordinated the **American Indian Health Research Conference** - a day-long event on campus for national speakers, researchers, students, and community members.
- The **National Resource Center on Native American Aging** identifies and increases awareness of evolving Native elder health and social issues.
- **NARCH Mood Disorder Study** looks at tests used in mental health settings.
- **Cankdeska Cikana Community College INBRE program** works to develop research capacity in tribal colleges and communities.





Improving decision making through

INFORMATION DISSEMINATION

- *CRH Update*, monthly e-newsletter: 4,497 subscribers
- *CRH Flash*, urgent as needed news regarding rural health and events: 4,508 subscribers
- *Rural Health Research Alerts*, occasional e-notices: 1,300 subscribers
- *Flex Updates*, monthly e-newsletter, rural hospital focus: 232 subscribers
- *Health Workforce News*, HWIC monthly newsletter: 1,032 subscribers
- *Native Aging Visions*, twice a year newsletter: 3,500 subscribers
- *The Rural Monitor*, RAC's quarterly national newsletter: 5,200 subscribers.
- *RAC Health Update*, emailed twice a month: 4,600 subscribers
- *RAC Human Services Update*, emailed monthly: 3,500 subscribers



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