

North Dakota Legislative Management's Industry, Business and Labor Committee

November 3, 2009

1974: **Medica**

Medica is a non-profit family of four health insurance businesses, a health management company, and a charitable foundation.

- Medica Health Plans
- Medica Health Plans of Wisconsin
- Medica Insurance Company
- Medica Self-Insured
- Medica Health Management, LLC
- Medica Foundation



Medica Serves:



Over 1.4 million members

- 11,000 employer groups
 2 40,000 employees
- 20,000 individuals
- 90,000 seniors

Medica Provides:



Health insurance products



Care management services



Health and wellness products



Web-based consumer health resources

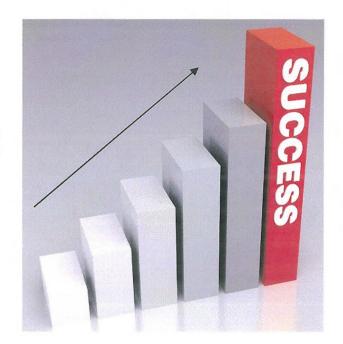


Nation-wide provider networks

1994: Medica North Dakota

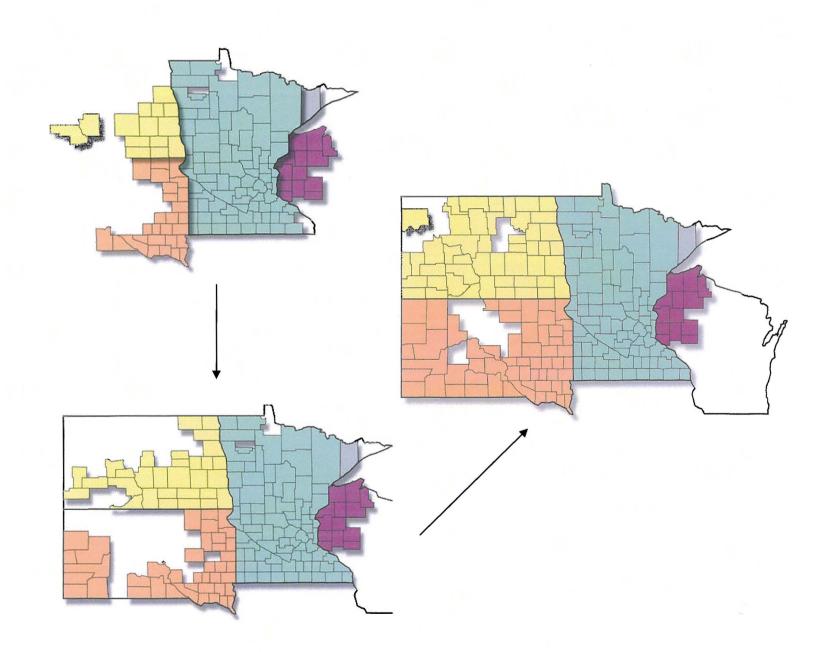
North Dakota Success:

steady, prudent growth



- Began in Fargo area solid footprint
- Serving small and large employers over 500 to date
- Serving more than 20,000 members beginning 1/1/2010
- Expand north, then west
- Introducing Individual and Seniors products

Medica Service Area Growth 2005 - 2009



Web-based Tools and Resources



Main Street Medica
Compare cost and quality of your care



My Health Manager from Medica
Personalized with assessments and incentives



Coverage Advisor
Estimate your health care expenses

MEDICA.



Live Nurse Chat
Get the right care at the right time

Visit www.medica.com for more details.