

North Dakota Department of Human Services
Essential Health Benefits and Medicaid Expansion Population
Interim Health Care Reform Review Committee
July 7, 2011

According to information on www.healthcare.gov

Essential Health Benefits:

A set of health care service categories that must be covered by certain plans, starting in 2014.

The Affordable Care Act defines essential health benefits to "include at least the following general categories and the items and services covered within the categories: ambulatory patient services; emergency services; hospitalization; maternity and newborn care; mental health and substance use disorder services, including behavioral health treatment; prescription drugs; rehabilitative and habilitative services and devices; laboratory services; preventive and wellness services and chronic disease management; and pediatric services, including oral and vision care."

Insurance policies must cover these benefits in order to be certified and offered in Exchanges, and all Medicaid State plans must cover these services by 2014.

Starting with plan years or policy years that began on or after September 23, 2010, health plans can no longer impose a lifetime dollar limit on spending for these services. All plans, except grandfathered individual health insurance policies, must phase out annual dollar spending limits for these services by 2014.

The Department of Health and Human Services is working with a number of partners to develop the essential health benefits package. In the fall of 2011, HHS will launch an effort to collect public comment and hear directly from all Americans who are interested in sharing their thoughts on this important issue.

The Affordable Care Act indicates that all newly eligibility adults (under the Medicaid expansion) will be guaranteed a minimum of the benchmark coverage, which meets the essential health benefits available through the Exchange plans.

The State of North Dakota will need to decide prior to January 2014 if the Medicaid Expansion population will receive the current Medicaid services (see attachment) or if the benefit package will be more consistent with the essential health benefits package.

**North Dakota Department of Human Services
Medical Services Division**

MEDICAID MANDATORY AND OPTIONAL SERVICES

| MANDATORY | OPTIONAL | OPTIONAL |
|--|--|---|
| Inpatient Hospital | Chiropractic Services | Mental Health Rehab / Stabilization |
| Outpatient Hospital | Podiatrist Services | Inpatient Hospital / Nursing Facility / ICF Services 65 and older in IMD |
| Laboratory X-ray | Optometrists / Eyeglasses | Intermediate Care Facility Services for MR |
| Nursing Facility Services for beneficiaries age 21 and older | Psychologists | Inpatient Psychiatric Services Under Age 21 |
| EPSDT for under age 21 | Nurse Anesthetist | Personal Care Services |
| Family Planning Services & Supplies | Private Duty Nursing | Targeted Case Management |
| Physician Services | Clinic Services | Primary Care Case Management |
| Nurse Mid-wife Services | Home Health Therapy | Hospice Care |
| Pregnancy Related Services and services for other conditions that might complicate pregnancy | Dental & Dentures | Non-Emergency Transportation Services |
| 60 Days Post Partum Pregnancy-Related Services | Physical Therapy & Occupational Therapy | Nursing Facility Services Under Age 21 |
| Home Health Services (Nursing), including Durable Medical Equipment and Supplies | Speech, Hearing, Language Therapy | Emergency Hospital Services in Non-Medicare Participating |
| Medical and Surgical Services of a Dentist | Prescribed Drugs | Prosthetic Devices |
| Emergency Medical Transportation | Diagnostic/Screening/Preventative Services | |
| Federal Qualified Health Center (FQHC) / Rural Health Center (RHC) | | |

Note: ALL Optional services are available to children under the age of 21, if medically necessary (Required through EPSDT)