

North Dakota Hospital Association

Vision

The North Dakota Hospital Association will take an active leadership role in major Healthcare issues.

Mission

The North Dakota Hospital Association exists to advance the health status of persons served by the membership.

**Health Services Committee
September 26, 2012
Long Term Care Bed Capacity
In
North Dakota**

Chairman Lee and members of the Health Services Committee; Good morning, I am Jerry Jurena, President of the North Dakota Hospital Association and Board Member of the State Health Council. I am before you today to share with you my testimony I presented on April 12, 2012; it is the State Health Council's recommendations on Long Term Care Bed Capacity in the state of North Dakota.

In the 2011 Legislative Session House Bill 1040 was passed directing the State Health Council to review the current bed limits and determine if there should be changes made to better serve the people of North Dakota. The State Health Council recommendations for health care beds were adopted January 18, 1994; they were:

No additional, nursing home, beds will be approved for licensure or certification unless the capacity within the affected planning region falls below 60 nursing facility beds per 1,000 population aged 65 and above.

In no case will the statewide, basic care, bed capacities exceed 15 basic care beds per 1,000 population aged 65 and above.

Based on our review; I have attached the information in summary that we received; the average monthly recipients in Nursing Facilities, skilled care, in 2004 was 3,589 and in 2011 it was 3,120, This fiscal year it is 3,078.

In Basic Care in 2004 there was an average recipient count of 468 and in 2011 it was 513. This fiscal year it is 566. This information is in Attachment A.

In Attachment B I would like to point out that the appropriations for Nursing Facilities in 1999-2001 was \$252.4 million and in fifteen years increased to \$458.6 million or an

increase of 81.7%. At this same time Home Community Based Services (HCBS) went from \$20.9 million to \$66.1million or an increase of 215.7%. While both are increasing the utilization of HCBS is growing at a faster rate. This is also demonstrated in Attachment C where the average monthly recipient count has increased from 1,707 in 2004 to 2,371 in 2011. This fiscal year the average monthly recipient number is 2,333.

When we compared available nursing facility beds in North Dakota with other states; North Dakota ranks 2nd in the Nursing Home Beds per 1,000 population over the age of 65. The highest is at 74.4 beds per 1,000 population over the age of 65, North Dakota is at 68.5 and the average is 44.1. Attachment D.

The statistical data in Attachment E shows information by region and statewide totals in North Dakota in 2010. The bed count in 2010 was 57.10 beds per population over the age of 65 for Nursing Home beds. Again our current target was and is 60 beds per 1,000 population over the age of 65. In Basic care for 2010 we were at 16.49 beds per 1,000 population over the age of 65; if you exclude special care facilities we were at 15.53 beds per 1,000 population over the age of 65. Again our target was and is 15.

Based on the summary information that I have shared and the testimony we received from facilities providing long term care services our recommendations are:

- The moratorium on nursing facility and basic care beds in North Dakota should continue.
- The target for nursing facility beds in North Dakota will now be 55 nursing facility beds per 1,000 population aged 65 and above.
- The target for basic care facility beds in North Dakota will continue to be 15 beds per 1,000 population aged 65 and above.
- And, since we currently at 16.49 basic care beds/1,000 population aged 65 and above (15.53 basic care beds/1,000 population aged 65 and above excluding special care facilities), we recommend reconsideration of the provision to allow for new and additional basic care beds.

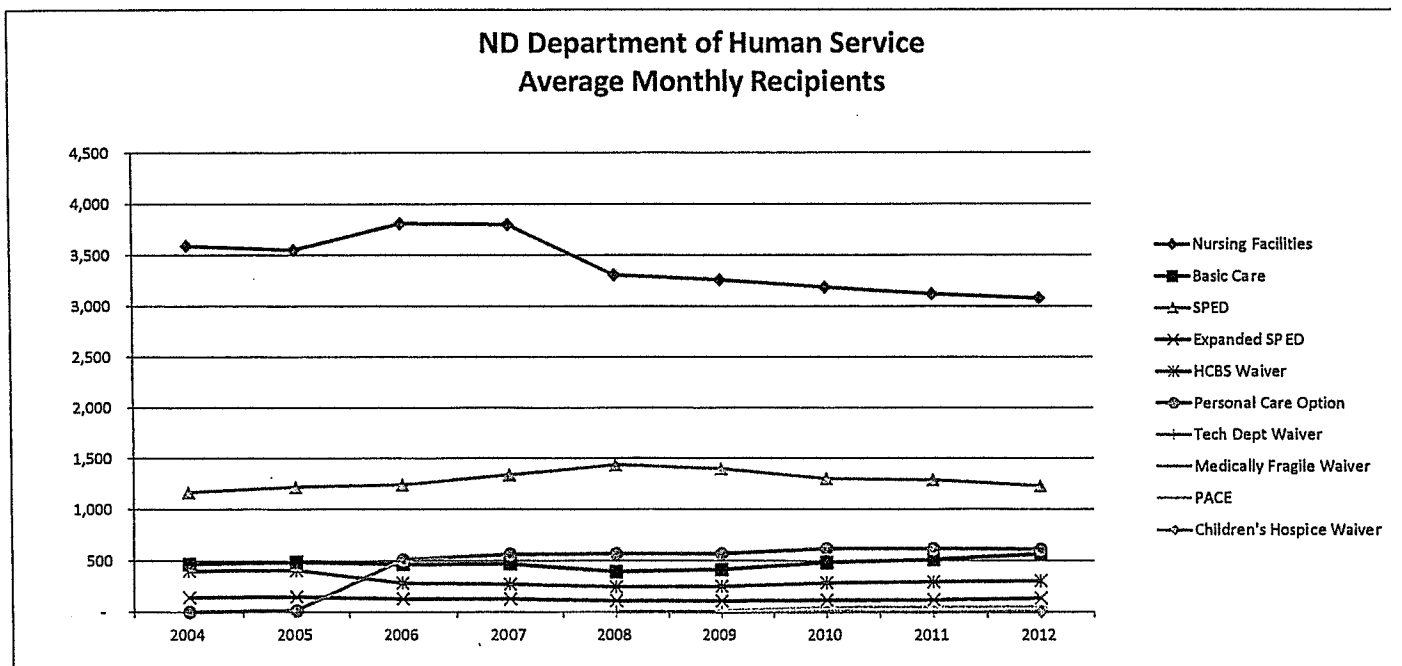
I have also attached a listing of Assisted Living Facilities by region, attachment F.

North Dakota Department of Human Services
Average Monthly Recipients for Nursing Facilities, Basic Care, and HCBS Services
SFY 2004 to SFY 2012 YTD through December 2011

	Monthly Average SFY 2004	Monthly Average Biennium 2005	Monthly Average SFY 2006	Monthly Average Biennium 2007	Monthly Average SFY 2008	Monthly Average Biennium 2009	Monthly Average SFY 2010	Monthly Average Biennium 2011	Monthly Average SFY YTD 2012
Nursing Facilities	3,589	3,550	3,810	3,800	3,305	3,259	3,186	3,120	3,078
Basic Care	468	485	467	470	395	415	484	513	566
Total Monthly Averages	4,057	4,035	4,277	4,270	3,700	3,674	3,670	3,633	3,644

	Monthly Average SFY 2004	Monthly Average Biennium 2005	Monthly Average SFY 2006	Monthly Average Biennium 2007	Monthly Average SFY 2008	Monthly Average Biennium 2009	Monthly Average SFY 2010	Monthly Average Biennium 2011	Monthly Average SFY YTD 2012
SPED	1,164	1,217	1,239	1,336	1,436	1,397	1,300	1,288	1,228
Expanded SPED	142	147	127	126	109	108	115	119	134
HCBS Waiver	401	405	282	270	245	250	285	295	304
Personal Care Option	-	15	509	564	569	569	618	619	613
Tech Dependent Waiver					1	1	1	1	1
Medically Fragile Waiver						1	2	2	4
PACE						12	40	47	48
Children's Hospice Waiver									1
Total Monthly Averages	1,707	1,784	2,157	2,296	2,360	2,338	2,361	2,371	2,335

Combined Averages	5,764	5,819	6,434	6,566	6,060	6,012	6,031	6,004	5,977
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Monthly Average Recipient totals were taken from the Quarterly Budget Insight report available on the ND Department of Human Services website.

Long Term Care Appropriation 1999-2013

Service	1999-2001	2001-2003	2003-2005	2005-2007	2007-2009	2009-2011	2011-2013	Total % increase over 15 year period
NF	\$252.4 million	\$299.2 million 18.6%↑*	\$318.4 million 6.4%↑	\$343.0 million 7.7%↑	\$371.5 million 8.3%↑	\$433.4 million 16.7%↑*	\$458.6 million 5.8%↑	81.7%↑
HCBS	\$20.9 million	\$26.1 million 24.5%↑	\$31.2 million 19.7%↑	\$37.7 million 20.8%↑	\$41.2 million 9.3%↑	\$63.9 million 55.1%↑*	\$66.1 million 3.4%↑	215.7%↑

*Wage pass-through

North Dakota Department of Human Services
Average Monthly Recipients for Home and Community based Services
SFY 2004 to SFY 2012 YTD through December 2011

	Monthly Average SFY 2004	Monthly Average Biennium 2005	Monthly Average SFY 2006	Monthly Average Biennium 2007	Monthly Average SFY 2008	Monthly Average Biennium 2009	Monthly Average SFY 2010	Monthly Average Biennium 2011	Monthly Average SFY YTD 2012
SPED	1,164	1,217	1,239	1,336	1,436	1,397	1,300	1,288	1,228
Expanded SPED	142	147	127	126	109	108	115	119	134
HCBS Waiver	401	405	282	270	245	250	285	295	304
Personal Care Option		15	509	564	569	569	618	619	613
Tech Dept Waiver					1	1	1	1	1
Medically Fragile Waiver						1	2	2	4
PACE						12	40	47	48
Children's Hospice Waiver									1
Total Monthly Averages	1,707	1,784	2,157	2,296	2,360	2,338	2,361	2,371	2,333

Monthly Average Recipient totals were taken from the Quarterly Budget Insight report available on the ND Department of Human Services website.

Residential and Nursing Home Bed Supply Ratios						
Licensed residential bed supply/1000 65+				NF supply/1000 65+		Percent HCBS (A/D)
State	2007 65+	Supply	Beds/1000	NF supply	Beds/1000	
AL	625,756	9,509	15.2	26,336	42.1	13.1
AK	47,935	1,912	39.9	75	15.1	50.6
AR	397,108	5,018	12.6	24,449	61.6	25.9
AZ	820,391	27,000	32.9	15,882	19.3	64.0
CA	4,003,593	161,586	40.4	121,964	0.5	52.1
CO	492,685	14,237	28.9	19,758	40.1	34.9
CT	472,284	2,808	5.9	29,612	62.7	20.7
DE	117,678	1,804	15.3	4,689	42.8	13.7
DC	69,741	509	7.3	2,984	42.8	34.9
FL	3,098,384	75,480	24.4	81,808	26.4	17.5
GA	942,832	26,500	28.1	40,159	42.6	24.0
HI	183,894	4,284	23.3	4,043	22.0	17.8
ID	174,946	6,819	39.0	6,052	34.6	40.4
IL	1,548,781	16,800	10.8	97,413	62.9	24.9
IN	795,441	14,655	18.4	49,204	61.9	14.5
IA	438,448	13,072	29.8	32,820	74.4	26.2
KS	360,216	7,186	19.9	23,276	84.6	35.2
KY	549,504	6,802	12.4	25,739	46.8	18.9
LA	522,334	4,889	9.4	35,310	67.6	28.8
ME	194,986	8,703	44.6	7,196	36.9	26.8
MD	661,809	20,093	30.4	29,149	44.0	15.9
MA	858,939	11,900	13.9	49,465	57.6	26.4
MI	1,280,152	46,095	36.0	46,549	36.4	19.0
MN	638,216	NA	-	33,529	52.7	46.6
MO	788,371	21,166	26.8	50,839	64.5	31.1
MS	364,614	5,133	14.1	18,296	50.2	2.2
MT	133,578	4,351	32.6	7,118	53.3	29.3
NE	236,848	10,083	42.5	15,959	67.4	22.3
NV	285,654	3,941	13.8	5,643	19.8	35.1
NH	165,742	4,283	25.8	7,768	48.9	14.4
NJ	1,134,636	17,761	15.7	50,779	44.8	21.0
NM	250,235	NR	-	6,808	27.2	60.7
NY	2,546,405	39,170	15.4	120,359	47.3	39.3
NC	1,103,413	41,642	37.7	43,498	39.4	42.7
ND	93,285	3,472	37.2	6,387	68.5	6.3
OH	1,545,085	44,005	28.5	92,491	59.9	20.8
OK	480,140	9,302	19.4	29,522	61.5	28.7
OR	488,936	22,130	45.3	12,449	25.5	56.5
PA	1,889,660	71,831	38.0	87,570	46.3	12.7
RJ	146,847	3,574	24.3	8,758	59.6	12.6
SC	573,098	16,279	28.4	18,000	31.4	23.0
SD	113,555	3,578	31.5	6,553	57.7	11.5
TN	793,117	16,289	20.5	37,043	46.7	1.3
TX	2,394,157	45,853	19.2	122,635	51.2	44.3
UT	233,982	5,256	22.5	7,882	33.7	10.7
VA	909,522	31,984	35.1	31,005	34.1	26.8
VT	84,425	2,610	30.9	3,242	38.4	28.5
WA	757,852	26,829	35.4	22,340	29.5	55.6
WV	280,666	3,510	12.5	10,905	38.9	23.4
WI	736,301	31,782	43.2	37,350	50.7	30.7
WY	63,901	1,436	22.5	3,052	47.8	20.4
Total	37,887,958	974,871	25.7	1,671,238	44.1	31.0

One funding source? Medicaid waiver services

1st

2nd

The number of licensed residential settings was reported by state licensing agencies. See Mollica, R., Sims-Kastelein, K., and O'Keeffe, J. Residential Care and Assisted Living Compendium: 2007. US DHHS, Office of the Assistant Secretary for Planning and Evaluation. <http://aspe.hhs.gov/daltcp/reports/2007/07alcom.htm>.

North Dakota Department of Health
State Profile
Institutional Long Term Care

02/07/2012

North Dakota

Elder Population - 2010 *							
	55-59	60-64	65-69	70-74	75-79	80-84	85+
Total	42337	33908					18827
	Total 65+	110235	Total 65-74	49375	Total 75-84	42033	

Long Term Care Capacity (February 2012)						
Region	Facility Number & Type	Nursing Beds	Swing Beds	Basic Care Beds	Total LTC Beds	
I	4 Swing Bed Facilities		99		99	
I	4 Nursing Facilities	287			287	
I	4 Basic Care Facilities			115	115	
II	4 Swing Bed Facilities		86		86	
II	7 Nursing Facilities	723			723	
II	7 Basic Care Facilities			232	232	
III	4 Swing Bed Facilities		95		95	
III	8 Nursing Facilities	404			404	
III	8 Basic Care Facilities			130	130	
IV	5 Swing Bed Facilities		87		87	
IV	11 Nursing Facilities	791			791	
IV	9 Basic Care Facilities			253	253	
V	3 Swing Bed Facilities		70		70	
V	17 Nursing Facilities	1355			1355	
V	14 Basic Care Facilities			405	405	
VI	8 Swing Bed Facilities		182		182	
VI	12 Nursing Facilities	956			956	
VI	8 Basic Care Facilities			225	225	
VII	5 Swing Bed Facilities		107		107	
VII	18 Nursing Facilities	1311			1311	
VII	14 Basic Care Facilities			355	355	
VIII	3 Swing Bed Facilities		73		73	
VIII	7 Nursing Facilities	467			467	
VIII	4 Basic Care Facilities			103	103	
North Dakota	36 Swing Bed Facilities		799		799	
North Dakota	84 Nursing Facilities	6294			6294	
North Dakota	68 Basic Care Facilities			1818	1818	
	Total Nursing Facility and Basic Care Beds			8112		
Bed/Elder Population Ratios**		Nursing Beds		Basic Care Beds	Total Basic & Nursing Beds	
	Year					
	2010	57.10		16.49	73.59	
State Target Ratios***		Nursing Beds		Basic Care Beds	Total Basic & Nursing Beds	
*NDSU 2010 Projections - from 2002 Report						
**Per 1000 Age 65+		60		15	75	
***Basic Care by State Health Council - 1994						
Nursing Facility by ND Task Force on Long Term Care Planning - 1996						

Population - NDSU 2010 Census Projections						
Region	55-59	60-64	65-74	75-84	85+	65+
I	1840	1445	2353	2069	861	5283
II	4948	4228	6796	5855	2539	15190
III	2645	2274	3542	3003	1414	7959
IV	4972	4143	5436	4836	2266	12538
V	11970	9163	11748	8988	4258	24994
VI	3879	3308	5904	5954	2704	14562
VII	9523	7206	10293	8363	3535	22191
VIII	2560	2141	3303	2965	1250	7518
Totals	42337	33908	49375	42033	18827	110235

2012 North Dakota Licensed Assisted Living Facilities

1
03/08/2012

City (Region)	Facility	Number of Living Units
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REGION 1		101
Crosby (1)	Northern Lights Villa	14
Watford City (1)	Horizon	15
Williston (1)	Bethel Assisted Living Center	33
Williston (1)	The Kensington	39

REGION 2		491
Kenmare (2)	Baptist Home of Kenmare	14
Minot (2)	Brentmoor Assisted Living	85
Minot (2)	Edgewood Minot Senior Living	115
Minot (2)	Semmen Assisted Living	8
Minot (2)	Sommerset Court	67
Minot (2)	The View, Inc	61
Minot (2)	The Wellington	67
Minot (2)	UnSong's Assisted Living	8
New Town (2)	Lakeside Community Living Center	13
Rugby (2)	Haaland Estates Assisted Living	37
Velva (2)	Valley View Manor	16

2012 North Dakota Licensed Assisted Living Facilities

2
03/08/2012

City (Region)	Facility	Number of Living Units
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REGION 3		118
Devils Lake (3)	Heartland Courts	49
Devils Lake (3)	Lake Country Manor	24
New Rockford (3)	Heritage House	16
Rolla (3)	Park View Assisted Living	29

REGION 4		238
Grafton (3)	Leisure Estates	26
Grand Forks (3)	Parkwood Place Lodge	70
Grand Forks (3)	Tufte Manor	17
Grand Forks (3)	Wheatland Terrace	60
Lakota (3)	Good Samaritan Society - Prairie Rose	16
Larimore (3)	Good Samaritan Society - Larimore	15
McVile (3)	NCHS Assisted Living Apartments	12
Northwood (3)	Northwood Deaconess Health Center	6
Walhalla (3)	North Border Estates	16

2012 North Dakota Licensed Assisted Living Facilities

3
03/08/2012

City (Region)	Facility	Number of Living Units
REGION 5		722
Arthur (5)	Prairie Villa	6
Fargo (5)	Bethany Gables	39
Fargo (5)	Bethany Towers I and II	109
Fargo (5)	Edgewood Fargo Senior Living	69
Fargo (5)	Edgewood Fargo Senior Living - Carefree Condos	85
Fargo (5)	Good Samaritan Society - Fargo	17
Fargo (5)	Pioneer House Assisted Living for Seniors	48
Fargo (5)	Riverview Place	54
Fargo (5)	Touchmark @ Harwood Groves	70
Hatton (5)	Hatton Prairie Village	11
Hillsboro (5)	Comstock Corner	16
Lisbon (5)	Beverly Anne Assisted Living Center	24
Lisbon (5)	Prospect Manor	16
Mayville (5)	Luther Memorial Home	41
Oakes (5)	Good Samaritan Society - Oakes	14
West Fargo (5)	Sheyenne Crossings - Sheyenne East	36
West Fargo (5)	Sheyenne Crossings - Sheyenne West	67

2012 North Dakota Licensed Assisted Living Facilities

4
03/08/2012

City (Region)	Facility	Number of Living Units
REGION 6		256
Cooperstown (6)	Park Place	12
Ellendale (6)	Evergreen Place Assisted Living	5
Jamestown (6)	Heritage Centre of Jamestown	58
Jamestown (6)	The Dewey Apartments	18
Jamestown (6)	Prairie Hills	35
LaMoure (6)	Rosewood Court	12
Napoleon (6)	Napoleon Congregate/AL Apartments	10
Valley City (6)	Bridgeview Estates	44
Valley City (6)	The Legacy Place	43
Wishek (6)	Prairie Hills Assisted Living	19
REGION 7		440
Bismarck (7)	Good Samaritan Society - Bismarck	16
Bismarck (7)	Edgewood Vista at Edgewood Village	62
Bismarck (7)	Edgewood Bismarck Senior Living	58
Bismarck (7)	Edgewood Vista - Carefree Independent Living Ap	94
Bismarck (7)	Primrose Retirement Community	38
Bismarck (7)	Valley View Heights	64
Bismarck (7)	Touchmark on West Century	70
Garrison (7)	The Meadows	18
Linton (7)	Prairie Rose Assisted Living	10
New Salem (7)	Elm Crest Assisted Living	10

2012 North Dakota Licensed Assisted Living Facilities

5
03/08/2012

City (Region)	Facility	Number of Living Units
REGION 8		231
Beach (8)	Golden Valley Manor, Inc	41
Bowman (8)	Sunrise Village	12
Dickinson (8)	Benedict Court	26
Dickinson (8)	Evergreen Dickinson	28
Dickinson (8)	Hawks Point	70
Dickinson (8)	Park Avenue Villa	38
Hettinger (8)	Western Horizons	16
Total Living Units		2597