



F-M First Nation's Journey "Walking with Our Youth"

September 18, 2010

Agenda

8:00-8:30	Registration
8:30-9:00	Welcome/Opening Prayer
9:00-10:30	Keynote: Dr. Darrel Stolle- University of Montana "Intergenerational Trauma, the Effects on our Youth"
10:30-10:45	Break
10:45-11:45	Break-out Sessions:
	Session 1: Teen Dating Violence, Sexual Violence/Harrasement and Bullying and an overview of, "The Good Path" youth program Clinton Alexander
	Session 2: Taking a Look at the Causes of Substance Abuse- Eleanor Guerrero
	Session 3: Suicide: The Smoke of Our People- JR Fox
	Session 4: Racism: Understanding the Elements- Jered Pigeon
12:00-1:15 p.m.	Lunch (Prayer/Elder's served first/Drum Group/other programming)
1:15-1:30 p.m.	Break
1:30-2:30 p.m.	Break- Out Sessions:
	Session 1: Taking a Look at the Causes of Substance Abuse- Eleanor Guerrero
	Session 2: Leadership is a Journey, not a Destination- Allan Demaray
	Session 3: Suicide: The Smoke of Our People- JR Fox
	Session 4: Racism: Understanding the Elements- Jered Pigeon
2:45-4:15 p.m.	Keynote- Devery Fairbanks, White Earth Ojibwe "Utilizing Indigenous Teachings to Heal from Intergenerational Trauma"
4:15-5:15 p.m.	Evaluation (final collection) Closing

Thank you, for your attendance and support for this seminar!

Thank you, for your passion and dedication for making a difference for our community!

Please remember to fill out the evaluations for this seminar, your input is greatly appreciated!

Dr. Darrel Stolle

Keynote Presentation Description

9:00-10:30

Dr. Stolle, will help give more understanding to what our families and youth face, present statistics and link various concerns our Native American population encounters. In areas such as, PTSD, Substance Abuse, mental health issues , citing from various studies and research that Dr. Stolle will share.

One striking statistic is reported that American Indian children are twice as likely to be victims of violent crime than the national average (US Dept. of Health, 2001). For example, on study showed that 61% of Northern Plains youth had been exposed to some kind of traumatic event during their lives (US Dept. of Health & Human Services, 2001).

Great care must be taken to refrain from "pathologizing" individuals. Rather, celebrate resiliency and emphasize the broad familial and social support networks often found within Indian Country. Using this as context, the presentation will consist of the following broad elements:

- A few statistics about abuse and violence
- Overview of trauma
- Historical Trauma (M)
- What is Child Traumatic Stress?
- What is Child Traumatic Grief?
- How do they affect children & adolescents?
 - Relationship between trauma and school
 - Relationship between trauma and substance abuse
 - Relationship between trauma and juvenile justice
- What can be done to help traumatized children?
 - At school
 - At home
 - In communities

Devery Fairbanks

Keynote Presentation Description

2:45-4:15

"Utilizing Indigenous Teachings to Heal from Inter-Generational Trauma"

Indigenous values of our grandfather & grandmothers teachings. Using the wisdom of oral traditions to address the adverse effect of historical trauma. The common sense combination of health and education can help us lead a life of wellness. Education & wellness are important because it affects our families, our children. We want our kids to be good students, good citizens, good parents, and some day, good elders.

Seminar Presentations

Session 1

10:45-11:45

ROOM 203

Suicide: The Smoke of Our People

Presenter: JR Fox, Thunder Medicine Lodge/Spirit Lake Nation

Today suicide has overcome our Native Communities with prevention and wellness programs reaching out to traditional people for help. When emotional, mental, and physical problems have become so vast that our people turn to suicide as a form of help. Then we need to seriously re-structure and rethink our suicide prevention and our outreach programs within our communities.

When the fire to live within us goes out, we are left with smoke.

- Suicide Today
- Causes and affects
- Modern approach to prevention and healing
- Native approach to prevention and healing

ROOM 205

Teen Dating Violence, Sexual Violence/Harrasment and Bullying and a overview of, "The Good Path" youth program

Presenter: Clinton Alexander- Sacred Spirits

Various objectives will address these serious concerns. Violence by and against school-aged youth is a significant problem in the United States. Guns, gangs, and shootings in schools receive much of the attention in the news and with that, more attention from school administration and lawmakers. However, more common forms of violence frequently go unchecked and oftentimes ignored. It is estimated that roughly 25 to 30% of students are either targets of bullying or experience abuse in dating relationships.

ROOM 101

Taking a Look at Substance Abuse

Presenter: Eleanor Guerrero (Appointed by ND Office of Juvenile Justice)

As a former juvenile and domestic violence prosecutor, tribal prosecutor and national trainer, Miss Guerrero takes a dynamic and holistic look at the causes of substance abuse in the environment of at risk youths. She includes the issues present in the Native American context and provides positive, practical approaches to solutions.

ROOM 227

Racism: Understanding the Elements

Presenter: Jered Pigeon, MSUM Multicultural Department of Student Affairs

Jered will discuss the foundation of how racism operates covertly and blatantly in our society. He will address the need for all people to be consumers of culturally competent information and understand that the race issue in America is not fictional or simply a minority issue. This presentation will highlight how our current culture of a race based political system effects certain groups of people distinctively and that their life experience need to be validated and properly addressed. This presentation is not intended to use a blame approach; rather it will be a discussion on steps that can be taken to help alleviate the current climate without forgetting about the past.

Seminar Presentations

Session 2

1:30-2:30

ROOM 203

Suicide: The Smoke of Our People

Presenter: JR Fox, Thunder Medicine Lodge/Spirit Lake Nation

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ROOM 205

Leadership is a Journey, not a Destination

Presenter: Allan Demaray, 3 Affiliated Tribes

Allan Demaray Jr. speaks on leadership at all ages, and being an agent of change. Mr. Demaray speaks on his experiences as an emerging and active leader, and how age has less to do with leadership, than an individual's willingness to step to the plate when asked, and even before. Mr. Demaray explains how his upbringing and ties to Native spirituality and practice played a vital role in the leader he has become.

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Presenter Biographies

Dr. Darrell Stolle

Dr. Stolle is a full professor in the department of Curriculum & Instruction at the University of Montana where he teaches courses in educational psychology and multicultural education. He also serves as faculty advisor for WaYaWa, the University of Montana's Indian education student group. As an associate research professor in the Division of Educational Research Services, he served as the director of the Montana Center for the Investigation and Treatment of Childhood Trauma, and co-director of the National Native Child Trauma Center, both projects affiliated with the National Child Traumatic Stress Network, funded by SAMHSA. He also served as co-director of the Native Youth Rising project funded by the Office of Juvenile Justice Delinquency Prevention.

Prior to his appointment to curriculum and instruction, he held an appointment as an associate professor in the Counselor Education program, where he taught courses in multicultural counseling, school counseling, developmental and career counseling. Dr. Stolle is the author of several articles and chapters related to mental health in schools and multicultural counseling, and has done more than 50 regional and national presentations on topics ranging from implementation of comprehensive school counseling programs to suicide prevention and the impact and effective treatment of traumatic stress for Native American children. In addition to his work at the University of Montana, Dr. Stolle has eight years public school teaching experience and three years school counseling experience, and has served as a consultant to schools regarding implementation of comprehensive school counseling programs, and middle school transformation.

Devery Fairbanks

Devery Fairbanks (Ma'Ingaans, White Earth Ojibwe), is a lifelong educator, 25+ years as truant officer, counselor, faculty member, and student services director, as well as health & wellness educator. Trainer and facilitator of programs on educational attainment/achievement, communication skills, cultural diversity teacher training, youth leadership, building courage & confidence, behavioral health, internalized oppression/anger management, and more.

Eleanor Guerrero

Eleanor Guerrero has been a trainer for 15 years, training nationally on the state, federal and tribal levels and has been an attorney for more than 30 years. Ms. Guerrero is a former county prosecutor in New Jersey in a domestic violence squad and a juvenile prosecutor. Ms. Guerrero was chief of the environmental squad and also trained police in domestic violence laws. Ms. Guerrero served as the Tribal Prosecutor for the Southern Ute Tribe and trained area tribes in domestic violence. Ms. Guerrero created and directed mentoring programs for tribal youths under probation.

Ms. Guerrero is listed as a national speaker on premierespeakers.com. Ms. Guerrero has written books, handbooks and brochures in various fields of expertise. Ms. Guerrero moved to Colorado for the S. Ute Prosecutor job in 1995. Ms. Guerrero is also an artist and encouraged the kids to work with oil paints and canvases in the mentoring programs. I used the police as mentors by training them and planning trips to historical and cultural sites. Ms. Guerrero created the Native American Children's Association in order to do small programs for children across the nation. The association provides art supplies and food for an after-school Blackfeet program and has had journal writing and talks on male and female roles for children of the Montana Ute tribe.

Presenter Biographies

Jered Pigeon

Jered is a Coordinator of Multicultural Affairs here at Minnesota State University Moorhead (MSUM). He received his bachelor's degree with two majors, Sociology & Criminal Justice. He is currently in his final year as a Master's graduate student in the Counseling and Student Affairs program, with an emphasis on Higher Education. He has been a lifelong advocate for issues concerning underrepresented groups, which includes underserved students, African Americans/Black, Asian, Hispanic, American Indian and multiracial, plus first generation students and low income students. Jered has attended workshops on Race and Ethnicity and has presented on Multiculturalism at many academic and community events. The knowledge that Jered has acquired is through a combination of learning from the books, as well as being a person of color in the United States of America and the life experience that is attached with it.

Clinton Alexander

Mr. Alexander received his Bachelors of Arts degree from Concordia College - Moorhead, Minnesota. Born and raised on the White Earth Ojibwe Nation in Minnesota, he has always had a strong commitment to work with youth and firmly believes that working with our youth is an important part of reclaiming our traditional values and ways.

Currently, he serves as Outreach Specialist through funding from the Office on Violence Against Women (OVW) and the TIDES Foundation addressing domestic and sexual violence against Native American and Alaska Native women and girls. In this role, Mr. Alexander is responsible for the development, implementation, and integration of educationally-based programming integrating traditional values and beliefs to preserve and enhance the rights, health, safety and education of women and girls.

Additionally, he has been responsible for developing and implementing the indibendaagozimin gaye gidi-zhitwaawinaaning - "we belong in our culture, too" program. In this role, he has experience in providing trainings and workshops for community members, organizations and schools (students, faculty, and administration) on bullying and violence faced by youth in schools with an emphasis on LGBTQ/Two-Spirit youth. He has presented at the Minnesota Indian Education Association's annual conference for the past two years, as well as at various colleges and high schools in Minnesota and North Dakota.

JR Fox

Laidman (JR) Fox is enrolled member of the Spirit Lake Sioux Tribe in Fort Totten, North Dakota. His father is Laidman Fox Sr. (Arikara, Fort Berthold), his mother Winona (Alberts) Fox is Dakota from Spirit Lake. JR is the CEO of a non-profit organization called Thunder Medicine Lodge, which is dedicated to preserving the culture and identity of our Native people. He travels extensively throughout the United States and Canada focusing around traditional ceremonies such as naming ceremonies, healing ceremonies, cleansing ceremonies, and gatherings for both social celebrations and grieving. He is also a well known artist whose art work may be seen anywhere from his mother's house in Spirit Lake to the White House in Washington, DC. He has worked with the youth in many different areas, such as the gifted and talented program at Four Winds elementary, and different cultural camps throughout the past ten years. JR has been on the board of directors for the Spirit Lake Sioux Tribe at the Seven Council Fire Collation for ten years in Pierre, South Dakota. Throughout his life, he had the honor to work with different spiritual leaders, medicine men, educators and tribal leaders and has learned a great deal from them, a lot of which he passes on today in the ceremonies and presentations he does. Some of what he has been doing can be found at thundermedicinelodge.org.

Allan Demaray Jr.

Allan T. Demaray Jr. is an enrolled member of the Three Affiliated Tribes (Mandan, Hidatsa, & Arikara Nation), and was born on the Fort Berthold Indian Reservation in Northwest North Dakota. He is a graduate of the University of North Dakota and holds a degree in Elementary Education. He has travelled extensively throughout the United States speaking on topics like youth leadership, gangs, bullying, Native spirituality, music, dance, culture, education, and contemporary Native spiritual practices. Allan is an accomplished Native American flute player, having learned from his uncle, Keith Bear. He currently makes his home in Grand Forks, ND with his wife and their six children. Credentials: B.S. Elementary Education, University of North Dakota.

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