## My testimony for HB 1468:

I am writing in support of HB1468. Everyone should be given true informed consent when it comes to the risks, ingredients, and also benefits of vaccinations. A personal experience I have had being pregnant is getting shamed at two prenatal appointments for refusing the Influenza Vaccine. The nurse was rude, gave me no information on the potential risks associated with the vaccine during pregnancy, and finally asked why I was declining it. Luckily, I had done my own research on this vaccination and had read the actual vaccine insert all the way through. I answered her straight from what the insert said, that there are no studies proving the safety or efficiency in pregnancy. She didn't say another word and never bothered me again. However, it is very disheartening that many pregnant woman are not getting the full informed consent on the vaccines they are recommending. And this is also true for the entire CDC recommended schedule for children. Every person and parent deserves to know exactly what they are choosing to shoot into their bodies intramuscularly, what the potential side effects are, how the ingredients may trigger an individual's allergies, and the efficiency of the vaccination. Thank you for your consideration.

Thank you, Kylee Ybarra