## ND Community Day Treatment Program

## **Program Information**

Day Treatment Programs provide multi-disciplined support for youth at risk of out-of-home placement. Programs are family-centered and integrated into existing local schools, juvenile justice systems, and social service agencies. Planning is shared by state, school districts, and local agencies.

North Dakota Day Treatment Programs were an early product of the advisory group of the State Children's Services Coordinating Committee. Based on the principles of interagency collaboration, local initiative, and family preservation, the Annie E. Casey foundation funded the initial development of the program model in 1989. A variety of funding sources supported programs in the first years. Since 1995 the program has been funded through the North Dakota Division of Juvenile Services' budget. Day Treatment programs are designed to fill a perceived gap in

educational and therapeutic needs. The programs are based on a prevention model addressing at-risk youth prior to removal from the school, home, and community. Leadership and direction reside with the Division of Juvenile Services. This program and service is one of many Division of Juvenile Services responsibilities. The agency is actively committed to providing ongoing support, communication, and training to the site staff of programs statewide. This is accomplished through yearly site visits, virtual meetings, and data collection with all sites to collaborate and review program implementation.

## **Program Components**

- > Intake and Evaluation
- > Individualized Classroom Support
- > Social/Behavioral Rehabilitation
- > Academic Rehabilitation
- Independent Living Skills
- > Community Involvement
- > Family Support and Involvement

## Student/Staff Ratio

The core treatment team for the program is comprised of a: (1) teacher; (2) social worker; and (3) paraprofessional. All staff need to be full time and not assigned to other duties in the school district. Class size is to be 8 to 15 youth per unit.

Youth Served in Day Treatment (2021-22 School Year)			
		OVERALL	Total Served: 120
			OUTCOMES
*	58% Male; 42% Female 15% Elementary; 72% Middle School; 13% High School	<ul><li>* History of Drug and/or Alcohol Abuse (Family/Youth) = 48%</li></ul>	<ul><li>* Academic Improvement = 779</li><li>* Family Involvement = 91%</li></ul>
		* Previous Truancy = 46%	<ul> <li>Maintained in Community (avoided out-of-home</li> </ul>
*	54% White; 32% Native; 6% Hispanic; 7% Black; 1% Other	<ul><li>* History of Abuse/Neglect = 44%</li></ul>	placement) = 84%