Bill Presentation and Testimony in Support of HB 1478 By Representative Mary Schneider House Human Services Committee, Robin Weisz, Chair Wednesday, January 25, 2023

Chairman Weisz and Members of the Human Services Committee:

House Bill 1478 is just a little bill—but it has a big heart. I don't know if it will help a lot of people, but it could help some very vulnerable people who need some support.

HB 1478 would allow an individual over 65 the option to use a form developed by the Department of Human Services Division of Medical Marijuana (Division), with the verifications and information the Division needs, to establish their debilitating condition and eligibility for medical marijuana without necessarily having to go through the traditional medical certification process. It's similar in nature to the process currently in the law for veterans.

Veterans using Veterans Administration doctors had trouble getting medically certified because their doctors work for the federal government, and marijuana, even medical marijuana, is illegal under federal law. Well, I was told by two elderly constituents that their doctors wouldn't certify them because their visits were on Medicare, a federal program. Now that's probably an erroneous position, but it did happen because the person was elderly. Neither had another doctor, or private insurance, so gave up. Both had serious and obviously debilitating conditions that would have been well documented in medical records, but when their doctors declined to certify them, they just gave up.

There are other aging factors that present additional barriers for elders, too, that justify treating the elderly differently. They may have issues with technology—not having it, or not knowing how to use it, or neurologically being confused by it. There may be poverty issues, transportation issues, or isolation that make it more difficult to get certified.

There are still whole medical systems that don't allow their personnel to certify eligibility for medical marijuana, and an older, debilitated person may not be able to get another doctor because of distance, expense, or unavailability. And although such barriers are not unique to people in their sixties, seventies, or eighties, they may happen more frequently to them, and may be more difficult for them to overcome.

Let me give you a recent example, I know too well. This man was 74, and was my husband, Mark. I was his caretaker. By the time he thought medical marijuana would be worth serious use for his cancer pain, he was already pretty sick. He had stage 4 metastasized urothelial cancer and was terminal. Although he'd been a brilliant attorney, he couldn't have used the computer adequately or gotten through the application process.

Even though he frequently saw various doctors in a large medical health system, that system discouraged certification by its medical personnel, so those medical professionals weren't able or willing to do the medical certification. A blindfolded person, however, could have reached into his huge medical record and pulled out a page that would have documented his condition. Nevertheless, he had to find someone else to certify.

Mark went to another clinic where he'd had a general practitioner who had no problem certifying generally, but that doctor had just left the clinic where he'd practiced for years. Mark said any doctor would do, but the clinic policy had changed, and the clinic no longer allowed their doctors to certify. It took almost two months for Mark's longtime GP to get settled in his new clinic, change his Medical Marijuana information, get a new email, and get ready to see patients. But then Mark had to make an appointment "to establish a relationship" with the new clinic. Mark was really too sick to go by the time he was scheduled, but wanted to attend the appointment anyway. Mark was least uncomfortable lying flat, so the trip by car and in a wheelchair caused him terrible pain. The certification visit was excruciating, with his tumors pushing on his spine as he sat moaning in the waiting room. The doctor took a quick look at him, said of course he would complete the certification, and immediately sent him home. All that torture and misery could have been avoided with this bill.

The approval process at the Division, after the doctor's paperwork was filed, was blessedly smooth, and the effects of the medical marijuana amazing. Mark was two months from dying at that point, on Hospice at home, and on heavy doses of both Fentanyl patches and morphine. But strangely, when he needed relief from unbearable levels of pain, the medical marijuana often gave him the best relief. I don't use any drugs or marijuana, and I don't know why it worked, but I would want for others the assistance that medical marijuana gave Mark. He could have had several more months with less suffering if this bill had been law, because someone in the Division, in this building, would have looked at him, or any part of his record, and would have known he was eligible.

HB 1478 just respects the Division's ability to determine eligibility for some elderly people without making them jump through hoops they can't negotiate. And the Division will have the authority to require medical or other verification as needed.

I wish I could say this is a novel idea, but it's not. Other places are even more accepting and accommodating when it comes to helping seniors access medical marijuana when appropriate. Last February, for example, the Mayor of Washington, D.C., signed an act changing the District's medical marijuana law, "to ease registration burdens for seniors entering or remaining in the program." He said, "The recent act permits D.C. residents 65 years of age and older to self-certify that they will use cannabis for medical purposes, in lieu of including a recommendation from their healthcare practitioner with their registration application, as is required for all other applicants." Expressed another way, they take a senior's word for it.

This bill doesn't go that far, but will allow the Division to develop a form, supplemented with any needed information and verifications, to assist elderly folks through barriers that might otherwise cause them to fail in getting help, getting relief from pain. The Division has the professionalism, experience, and expertise to do that. I trust them, and I trust our North Dakota elders, and I think you can, too. Please give HB 1478 a chance to do some good.