

My name is Lisa Pulkrabek from District 31. Please DO PASS HB 1515.

I am writing to you today because I care about HB 1515 regarding the sale of raw milk.

I am in favor of the sale of safe, raw milk straight from the producer to the consumer. There are many well known health benefits of raw milk. I have included a few links to websites outlining many of these benefits.

<https://www.realmilk.com/>

<https://draxe.com/nutrition/raw-milk-benefits/>

<https://www.rawmilkinstitute.org/about-raw-milk/>

I am sure the state health dept. will be testifying against this bill citing the risks of foodborne illnesses contracted from drinking unpasteurized milk. The big milk borne disease outbreaks of the late 1800's early 1900's were due to horrible conditions of cows being housed in the middle of large cities, eating diseased food, getting sick and then the producers adding poisons such as formaldehyde and chalk to the milk to disguise it as fresh and safe. The stories of how many children died from back then are what fueled the "need" and acceptance of pasteurization. Had those cows been raised on safe and healthy pastures instead of crammed in a city eating the byproducts of , they would have been able to avoid those illnesses altogether. You can hear a bit about this in the short video below.

<https://www.youtube.com/watch?v=YC0MSSHOsHE>

I tried to look up the numbers of illnesses for the last few years in ND. The numbers are there but on the website below there is no indication of what the causes or suspected causes of the illnesses were. Since there are many different ways of coming into contact with these pathogens beyond just drinking raw dairy, we can make the case that not all of these illnesses are due to consumption of raw dairy. Those that choose to consume raw dairy products know the small risks they are taking, know what kind of illnesses to watch for and are generally inclined to treat those illnesses quickly, in the case that they present themselves.

<https://www.hhs.nd.gov/health/data>

<https://draxe.com/nutrition/9-myths-of-pasteurization-or-homogenization-better-options/>

Again I kindly ask that you recommend a DO PASS on HB 1515.

Thanks so much for your efforts and dedication to ND.

Lisa Pulkrabek