

Dear legislators,

I write to you as a transgender individual who has received treatment to help me transition in North Dakota. I will stress this as much as I can. Providing treatment for individuals who need to transition saves lives. If I may get personal, I was extremely suicidal and depressed before I realized that I had meant to be a man my whole life; everything I had done aligned with masculine energy. After years of therapy and doctors, I was able to start testosterone! My first shot was probably one of my best days ever. I felt like after all that time being uncomfortable in my own body, things were gonna finally start feeling right like they should. And they did. I have never been more content with who I am. These doctors know what they're talking about, they wouldn't be doctors if they didn't. Treating transgender patients saves lives, we risk medical neglect and loss of lives if we ignore their pain.

I receive treatment in North Dakota as a transgender patient, and I am in opposition of HB1254.

Thank you,  
Oliver G Jensen  
Fargo, ND