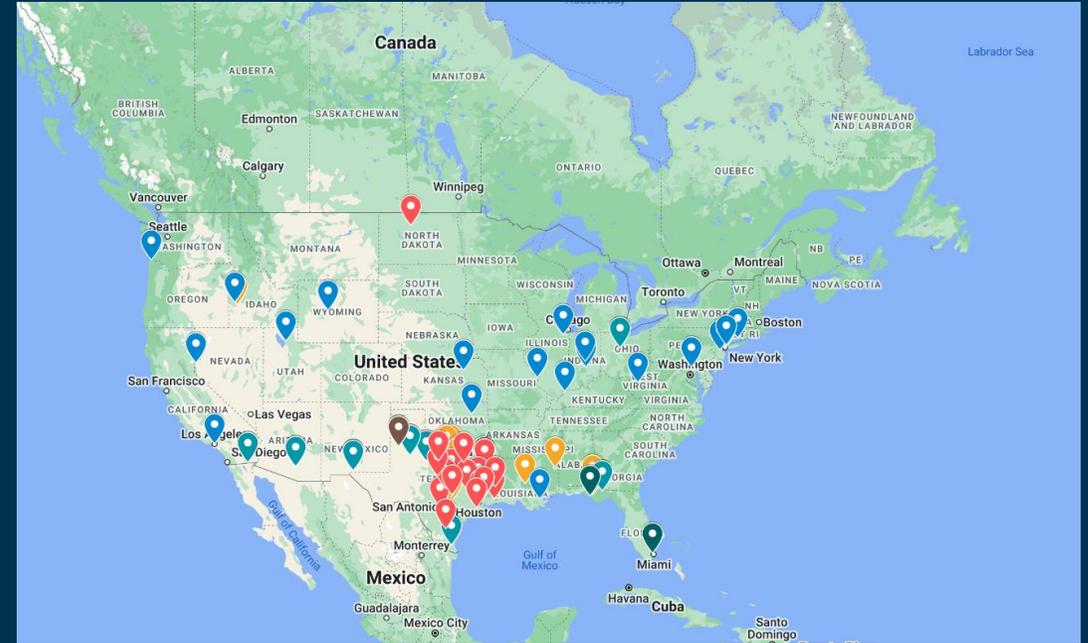


MTC Lives Transformed North Dakota

Lisa Peterson, PhD, Director, Behavioral Health
Rachel Johnson, LCSW, Program Director

About Management & Training Corporation

- Founded in 1981
- 22 Job Corps Centers
- 16 correctional facilities
- 5 detention centers
- One sex offender civil commitment unit
- 11 prison and detention medical departments
- 3 community release centers
- 21 treatment programs - 2 outpatient



MTC's Approach

Mission

Giving people hope, skills, and opportunities for a better life.

Vision

To be a worldwide leader in social impact by transforming lives and strengthening communities.

Core Values

Integrity, Equity, Performance, Compassion, Innovation

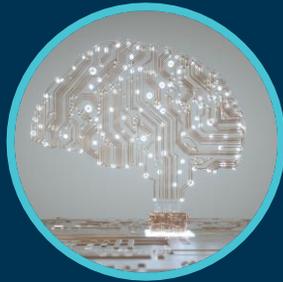
MTC Lives Transformed North Dakota

- Began in October 2022
- Williston, Minot, & Rolla locations
- 8 team members
 - 4 group facilitators
 - 2 licensed addiction counselors
 - Program Director
 - Peer support specialist
- Provide a broad range of outpatient behavioral health services to justice-involved adults (in any status – community supervision or jail-based)

Interventions



Comprehensive
Assessment



Orientation &
Core CBT Skills
Development



Need-Specific:
Substance Use
2.1 and Level 1

Anger Control

Mental
Toughness



Trauma-
Informed:
Seeking Safety



After Care &
Skills Integration

Assessment & Group Utilization Data

- 715 total program referrals to date
- 525 followed through with completion of their assessment
- There are currently 79 participants in group and 14 pending assessment.
- 206 people completed Orientation
- 102 completed Core cognitive-behavioral curriculum
- 81 completed Level 2.1
- 103 completed Level 1
- 14 completed Anger Control
- 12 completed Seeking Safety

Goals

- Effectively engage justice-involved clients
- Treat substance use and other disorders
- Improve adherence to pre-trial, parole, probation, or work release conditions
- Reduce recidivism
- Improve quality of life

Outcomes

- 78.6 percent decrease in respondents who endorse substance use at discharge compared to intake
- 116% more participants employed at discharge compared to intake
- 38% reported their physical health improved with program participation (32% reported no change)
- 49% reported their mental health improved (31% reported no change)

What sets us apart?

- Accessible, timely cognitive behavioral interventions targeting criminogenic risk and need in underserved areas
- Consistent communication with supervising officer
- Positive feedback from clients
- Flexibility to individualize treatment plan
- Responsive to barriers in transportation, childcare, etc.
- Assessment of outcomes

Strengths

- Clients scheduled for assessment and in group timely
- We do not turn anyone away.
- Consistent communication with supervising officer
- Clients providing positive feedback about group and facilitators
- Use of pre- and post-group assessments for outcome measurement
- Availability of evidence-based group programming that addresses criminogenic risk and need
- Experienced staff skilled in evidence-based practices
- Variety of options to diversify funding long-term
- Telehealth and the opportunity to address barriers to treatment access

Challenges

- Clients not providing insurance information at intake or at all
- Clients who do not have insurance but are not eligible for Medicaid or SUD voucher due to income
- Medicaid and BCBS credentialing processes
- Not able to bill for services provided by unlicensed staff
- Engaging clients for initial appointment and group follow through
- Positions open with no applicants for several months; 2 licensed addiction counselors turned down offers



Thank You!

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