

Chairman and members of the House Education committee,

Hi, I'm Lindsey, the owner of PULSE Medical Training. With being a front-line respiratory therapist for the last 15 years, I saw the absolute devastation of family members while ambulance was performing CPR in progress on their loved ones. I saw the look in their eyes and the always asked question, "I didn't know what to do. Could I have done anything more?"

For the last 5 years, I've been providing CPR/AED training across North Dakota, and I've had numerous people reach out to say the training they received allowed them to start CPR and apply an AED prior to ambulance arrival.

The national average ambulance response time is 7 minutes, with rural areas being over 14-minute response times. Per American Heart Association, every minute that goes by without a bystander acting, the victim is losing 10% chance of survival. Time is not on our side in ND to simply say, "We'll wait for an ambulance to arrive."

Through engaging, hands-on training, we can aspire to have all of ND schools and athletic centers ready to act *when*, not if, but *when* the worst case strikes. The passing of the Cardiac Emergency Response Plan would ensure North Dakotans are equipped to provide life-saving skills.

In our rural state of ND, time is of the essence and the ability to walk away from a life-saving emergency knowing you had the proper tools to ACT during that emergency is a skill we all can possess. Let's unite together to feel confident starting CPR and using AED'S, improve our out-of-hospital cardiac arrest success rates, and overall level up! I ask you to please vote yes on HB 1363. It is our children's lives at stake.

Sincerely,

Lindsey Ahlschlager RRT, EMR, COHC



700 Hillview Cir Dr
Beulah, ND 58523

PHONE 701-870-2658

EMAIL 701PULSE@gmail.com