



MILITARY PREPARATION PROGRAM

Explore military careers and build real-world skills with hands-on experiences in leadership, fitness, and career preparation. Start your journey today!

Prepare for Your Future with the Military Preparation Program
Get Ready for Success in Military Careers and Beyond!

Developed by the North Dakota Center for Distance Education, this program gives high school students real-world insights into military careers while building skills valuable in any field. Through hands-on experiences like volunteer work and job shadowing, you'll explore different roles in the U.S. military, strengthen leadership skills, and learn to manage stress. With personal fitness goals and ASVAB prep included, you'll be prepared for what's next—whether that's the military, college, a career, or a combination of the three.

QUESTIONS?

Visit the North Dakota Center for Distance Education:
<https://www.cde.nd.gov/>

PROGRAM COMPLETION REQUIREMENTS

Introduction to Military Careers

(1/2 credit)

ASVAB Essentials: Skills for Military Success

(1/2 credit, Pre-req: Introduction to Military Careers)

Military Health & Fitness

(1/2 credit)

Career Foundations in Military Leadership

(1/2 credit, Pre-req: ASVAB Essentials)

Military Leadership Capstone: Skills for Success

(1/2 credit, Pre-req: Completed three other MPP courses)

Total Credits: 2.5

**Program
recommended for
grades 11-12**

**See
the standards**



CHOICE READY INTEGRATION:

Prepared for Service, Skilled for Success: Essential Training for Military and Workforce Readiness

- **Essential Skills:** Any course in the program will allow students to gain at least two essential skills. By completing all five courses, students learn six essential skills.
- **Military Ready:** Students who complete two credits, meet citizenship and physical fitness requirements, and score 31 or above on the ASVAB satisfy the "Military Ready" requirements in the Choice Ready Framework.
- **Workforce Ready:** Through courses such as ASVAB Essentials and Career Foundations in Military Leadership, students can make more informed choices about which CTE

CHOICE-READY

For more information on the Choice-Ready Framework visit:

